

Supplementary material:

Table S1: Unit costs for different resource uses in 2014 Euros

Category	Unit	Price per unit (€)
Direct resource use		
Outpatient sector		
General practitioner	visits	20.94
Pediatrician	visits	35.85
Dentist	visits	58.33
Orthopaedist	visits	26.54
Gynaecologist	visits	32.46
Oculist	visits	36.31
Dermatologist	visits	19.72
Otorhinolaryngologist	visits	27.56
Psychologist/psychotherapist	visits	81.52
Other medical specialists	visits	40.33
Counselling	visits	103.07
Child welfare institutions	days	81.90
Inpatient sector		
General hospital	days	601.28
Psychiatric hospital	days	354.68
Rehabilitation hospital	days	127.22

Table S1 Six-month costs in 2014 Euros by treatment centre (n=87)

	Ingolstadt (n=28)			Berlin (n=27)			Frankfurt (n=32)		
	mean	SE	% of the sample with utilization	mean	SE	% of the sample with utilization	mean	SE	% of the sample with utilization
general hospital	960	399	21	1343	465	22	573	262	13
psychiatric hospital	421	313	7	2444	1298	15	827	775	3
rehabilitation	158	156	4	1026	593	11	221	169	3
outpatient physician treatment	881	145	96	701	139	96	529	128	97
psychotherapy/psychiatric/neurological	555	123	64	326	95	48	330	119	47
outpatient non-physician treatment	7	7	4	50	33	15	5	5	3
Medication	35	15	36	75	22	59	63	25	44
child welfare institutions	2356	969	21	1422	752	19	1192	777	9
Counselling	410	193	25	136	49	44	199	77	44
Total costs	5228	1132	100	7197	1953	100	3609	1328	100

Table S3 Six-month costs in 2014 Euros by treatment option (n=87)

	D-CPT (N=44)			wait-list condition with treatment advice (n=43)		
	mean	SE	% of the sample with utilization	mean	SE	% of the sample with utilization
general hospital	848	301	14	1027	314	23
psychiatric hospital	1309	658	11	1085	783	5
rehabilitation	400	249	7	502	325	5
outpatient physician treatment	711	109	98	680	118	95
psychotherapy/psychiatric/neurological	406	82	52	397	105	53
outpatient non-physician treatment	34	21	9	5	4	5
Medication	74	21	52	41	13	40
child welfare institutions	1897	764	16	1374	592	16
Counselling	339	131	39	153	46	37
Total costs	5612	1201	100	4867	1259	100