

1 **Passage of the HIV capsid cracks the nuclear pore**

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25

26 **Summary**

27

28 Upon infection, human immunodeficiency virus (HIV-1) releases its cone-shaped capsid into
29 the cytoplasm of infected T-cells and macrophages. As its largest known cargo, the capsid
30 enters the nuclear pore complex (NPC), driven by interactions with numerous FG-repeat
31 nucleoporins (FG-Nups). Whether NPCs structurally adapt to capsid passage and whether
32 capsids are modified during passage remains unknown, however. Here, we combined super-
33 resolution and correlative microscopy with cryo electron tomography and molecular
34 simulations to study nuclear entry of HIV-1 capsids in primary human macrophages. We found
35 that cytosolically bound cyclophilin A is stripped off capsids entering the NPC, and the capsid
36 hexagonal lattice remains largely intact inside and beyond the central channel. Strikingly, the
37 NPC scaffold rings frequently crack during capsid passage, consistent with computer
38 simulations indicating the need for NPC widening. The unique cone shape of the HIV-1 capsid
39 facilitates its entry into NPCs and helps to crack their rings.

40 Introduction

41 Human immunodeficiency virus type 1 (HIV-1) is a lentivirus that can infect non-dividing cells
42 including human macrophages ¹. Fusion of the viral and cellular membrane leads to
43 cytoplasmic entry of the characteristic cone-shaped HIV-1 capsid that encases the viral genome
44 and replication machinery. Subsequently, the viral genomic RNA undergoes reverse
45 transcription into double-stranded cDNA, which eventually becomes integrated into the host
46 cell genome, where it is maintained for the life of the infected cell. Reverse transcription
47 initiates in the cytoplasm and is completed after nuclear entry of the subviral replication
48 complex prior to integration into the host cell genome ²⁻⁴. HIV-1 subviral complexes comprise
49 the viral genome associated with nucleocapsid proteins and the replication proteins reverse
50 transcriptase (RT) and integrase (IN). While earlier studies indicated rapid disassembly of the
51 capsid in the cytoplasm releasing the free replication complex, it is now clear that the capsid
52 can be stably maintained up to nuclear entry ^{5,6}. During cytoplasmic transit, the HIV-1 capsid
53 has been shown to engage multiple host cell restriction and dependency factors, to serve as a
54 reaction container for reverse transcription and to shield the nascent viral cDNA from
55 cytoplasmic antiviral DNA sensors ^{5,6}. Furthermore, the capsid lattice engages microtubular
56 motors, thus facilitating its transport towards the nuclear envelope ⁷⁻⁹. Capsid also interacts
57 with the cytoplasmic protein cyclophilin A (CypA) ^{10,11} and with the Cyp domain of Nup358
58 at the cytoplasmic side of nuclear pores, potentially docking the capsid to the nuclear pore
59 complex (NPC) ¹². Accordingly, the HIV-1 capsid is the main orchestrator of the early post-
60 entry phase of viral replication.

61 A potential role of the HIV-1 capsid for nuclear entry and in the nucleoplasm of non-dividing
62 cells has long been under debate ^{5,6}. The capsid consists of 200-250 hexamers of the viral CA
63 protein with 12 CA pentamers inserted in regions of high curvature ¹³⁻¹⁵. The hexamers have
64 been shown to specifically interact with phenylalanine-glycine (FG) repeats that are present
65 within intrinsically disordered regions of several nucleoporins (FG-Nups) ^{16,17}. The FG-binding
66 hydrophobic cleft within the CA hexamer also interacts with an FG-containing motif of the
67 nuclear protein cleavage and polyadenylation specificity factor 6 (CPSF6) ¹⁷. FG-motif
68 containing host factors can be displaced by small molecules (e.g., Lenacapavir ¹⁸),
69 competitively binding the CA pocket ¹⁹. Lenacapavir has recently been approved for treatment
70 of HIV-1 infected patients. The capsid-targeting compounds can block nuclear entry of HIV-1
71 replication complexes, supporting a role of the capsid during NPC passage ^{16, 19, 20}. The size

72 discrepancy between the HIV-1 capsid (ca. 60 nm at the broad end ¹⁵) and the inner diameter
73 of NPCs obtained from isolated nuclear envelopes (ca. 45 nm ²¹) had led to the conclusion that
74 genome uncoating must occur prior to entry into the NPC channel, possibly leaving some CA
75 remnants on the subviral complex. This hypothesis was supported by the observation that a
76 CypA-DsRed fluorescent fusion protein, which efficiently binds cytoplasmic capsids, was
77 rapidly lost when the fluorescent structure reached the nuclear pore ²². Recent ultrastructural
78 studies have shown, however, that (largely) intact capsids can enter the nucleus in a T-cell line
79 through apparently normal nuclear pores ²³, and cone-shaped capsids encasing electron-dense
80 nucleoprotein complexes have been detected inside the nucleus of HIV-1 infected reporter cell
81 lines and primary human macrophages ^{23,4,24}. This was explained by the recent observation,
82 that the central channel of NPCs can adapt its diameter in response to forces laterally imposed
83 by the nuclear membranes ²⁵. With an inner diameter of approximately 45-65 nm ^{23, 26-28} the
84 NPC central channel of human tissue culture cells appeared to be sufficiently wide for passage
85 of the complete HIV-1 capsid.

86 NPCs consist of three sandwiched rings. The nuclear (NR), inner (IR) and cytoplasmic ring
87 (CR) are 8-fold rotationally symmetric structures that form a central channel thus bridging
88 across the inner and outer membranes of the nuclear envelope. The conformational changes
89 that occur during NPC diameter changes differ markedly between the individual rings. While
90 the CR and NR form an elaborate and thoroughly connected scaffold that is bent during dilation
91 movements, the IR consists of eight spokes that are flexibly connected. These spokes move
92 outwards and away from each other during NPC dilation, thereby stretching their linkers and
93 opening up additional space within the central channel ^{26, 29}. If and how the dilation of
94 individual NPC is coordinated with the transport of large cargos remains unknown, however.

95 Nuclear transport cargo passes through the central channel, which is filled with tens of
96 megadaltons of intrinsically disordered FG-Nups. These FG-Nups selectively bind cargo to
97 facilitate nuclear import, but at the same time exclude the vast majority of proteins from
98 entering the nucleus ³⁰. FG-Nups thus form the permeability barrier for the nuclear envelope,
99 protect the host cell genome and constitute a major barrier that would have to be overcome by
100 the HIV-1 capsid for nuclear entry ³¹. However, two recent studies showed that in vitro
101 assembled HIV-1 capsids rapidly partitioned into phase separated condensates of the
102 intrinsically disordered FG repeat region of Nup98, and partitioning was dependent on the FG
103 binding pocket in CA ^{32, 33}. These results confirmed that the viral capsid itself constitutes a

104 multivalent nuclear import cargo with surface properties similar to nuclear transport receptors.
105 Upon reaching the nucleus, the capsid must eventually break open to release the reverse
106 transcribed genome for integration to occur. Although mounting evidence indicates that
107 transcriptional latency, as the main obstacle for HIV-1 cure, is mediated in part by the position
108 of genome integration ^{34, 35}, neither the mechanism nor the regulation of time or place of
109 uncoating are currently understood.

110 The two central questions regarding nuclear import of the HIV-1 capsid are: How do capsids
111 pass through a channel of comparable width that is densely filled with FG-Nups? And further,
112 at what location do capsids open to release the genome? Three scenarios may be considered,
113 which are not mutually exclusive. (i) The capsid lattice may be elastic, a hypothesis that is
114 supported by a recent preprint reporting the capsid lattice to undergo reversible deformation
115 without disintegration ³⁶. (ii) The capsid lattice may break during NPC passage, thus altering
116 its geometry. While morphologically normal appearing capsids have been detected in the
117 nucleoplasm of non-dividing cells, lattice analysis so far has been performed only on cell-free
118 virions and lattice completeness of intracellular capsids has not been determined. (iii) Passage
119 of the HIV-1 capsid through the NPC channel may induce local NPC dilation, possibly even to
120 a point where the NPC scaffold is altered, thereby giving room for intact capsids to pass.

121 Here, we provide direct evidence for loss of CypA from HIV-1 capsids at the nuclear pore. We
122 show that NPC passage appears rate-limiting in primary human macrophages and we identify
123 apparently intact, nucleic acid-containing capsids in the nucleoplasm of these cells. Most
124 importantly, we provide experimental evidence that passage of intact HIV-1 capsids cracks the
125 NPC architecture. Computational simulation supports a scenario in which cracking of the NPC
126 scaffold facilitates capsid passage by relieving a steric barrier.

127

128 **Results**

129

130 **Subviral HIV-1 complexes accumulate at nuclear pores in human primary macrophages**

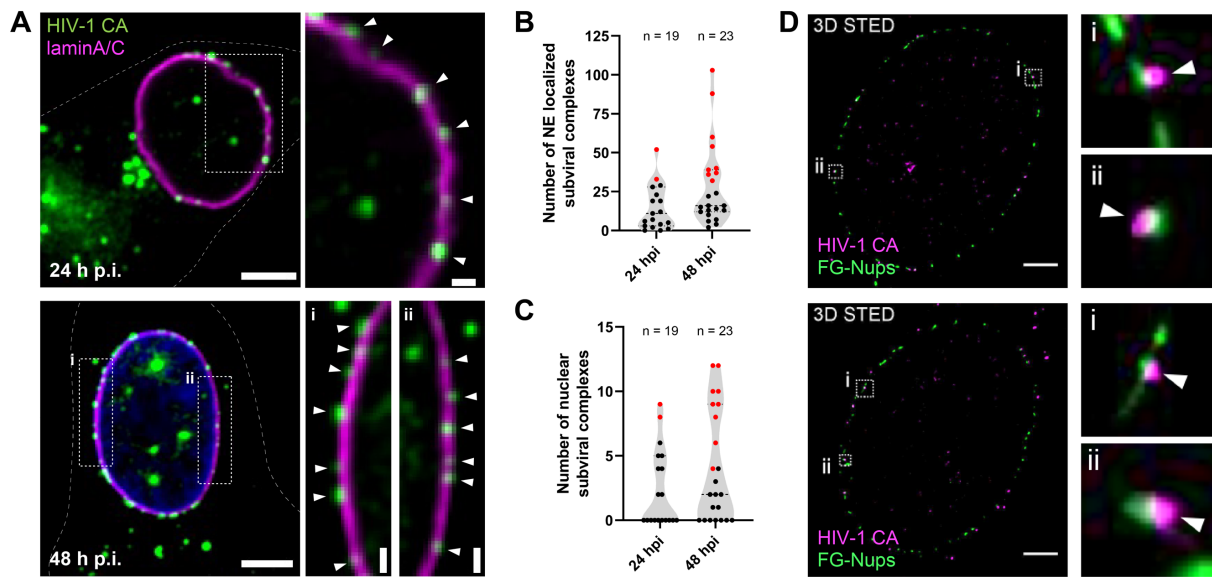
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132 We studied nuclear entry of subviral HIV-1 complexes in primary human monocyte-derived
133 macrophages (MDM). Macrophages are natural target cells of HIV-1 and are post-mitotic;
134 accordingly, the viral replication complex has to enter the nucleus through the intact nuclear
135 envelope. To analyze this process, we made use of our previously described non-infectious

136 HIV-1 variant (NNHIV) that carries a complete HIV-1 genome with deleterious mutations in
137 IN and a deletion in the *tat* gene. We have previously shown that NNHIV can enter permissive
138 cells and undergo reverse transcription and nuclear entry similar to wild-type HIV-1, but is
139 defective in integration and gene expression ²³.

140 Freshly prepared MDM were incubated with NNHIV carrying a macrophage-tropic HIV-1
141 envelope (Env) glycoprotein for different periods of time and fixed cells were immunostained
142 for HIV-1 CA and for lamin A/C to define the nuclear boundary. Using confocal microscopy,
143 we observed significant variability in efficiency of subviral complexes to reach the nucleus
144 between individual cells from one donor as well as between different donors. Some cells
145 exhibited CA signals distributed through the whole cell including nuclear regions, while others
146 did not show any signal in the proximity of or inside the nucleus. Focusing on cells displaying
147 intranuclear HIV-1 signals, we observed a strong enrichment of subviral complexes overlaying
148 the lamin signal and thus likely localized at the nuclear envelope. This phenotype was clearly
149 detected at 24 h post infection (p.i.) and was stronger at 48 h p.i. (Figure 1A-C), while CA
150 signals were cytoplasmically distributed at earlier time points. Starting at 24 h p.i., we observed
151 clear HIV-1 signals in the nucleus of NNHIV-treated MDM and their number increased at 48
152 h p.i. (Figure 1A-C).

153 To analyze whether nuclear envelope-associated capsids were enriched at NPCs, we performed
154 stimulated emission depletion (STED) nanoscopy of primary MDM from different donors.
155 Cells were incubated with NNHIV for 48 h and stained for HIV-1 CA and FG-Nups.
156 Subsequently, we performed two-color 3D STED nanoscopy and acquired super-resolved
157 images in sequential optical sections to cover the entire nuclear volume of individual cells.
158 Analysis of computational slices of fully reconstructed MDM nuclei confirmed the direct
159 association of the HIV-1 capsid with nuclear pores (Figure 1D, Video S1). Quantitative analysis
160 showed that 89% (908 of 1,025) of all CA signals detected at the nuclear envelope were closely
161 associated with nuclear pores. These results clearly showed that HIV-1 capsids specifically
162 associate with nuclear pores in infected MDM, and their strong accumulation suggests that
163 passage through the nuclear pore is a rate-limiting event in early HIV-1 replication.



164

165 **Figure 1. HIV-1 capsids accumulate at nuclear pores in primary human macrophages.**
166 (A–C) MDM were infected with macrophage-tropic NNHIV for 24 h (A, upper) or 48 h (A,
167 lower). Cells were then fixed, methanol extracted and immunostained for HIV-1 CA (green)
168 and laminA/C (magenta). Shown are confocal z slices through the nuclei of infected MDM.
169 The enlarged regions (A, right) display HIV-1 CA signals (white arrowheads) accumulated at
170 the nuclear envelope (NE) as defined by laminA/C staining. (B, C) Quantification of CA signals
171 representing subviral complexes co-localizing with laminA/C (B) and number of CA signals
172 detected inside the nucleus (C) at indicated times p.i. Indicated in red are values from cells
173 exhibiting >30 CA signals colocalizing with laminA/C. Results represent data obtained by
174 analysis of (n) cells from one representative donor. (D) 3D STED imaging of nuclei of HIV-1
175 infected MDM. Cells were infected for 48 h, fixed, methanol extracted and immunostained for
176 HIV-1 CA (magenta) and FG-Nups (green). Slices through the 3D reconstruction of an entire
177 nucleus are shown with enlargements (D, right) displaying CA signals (white arrowheads)
178 directly associated with NPCs as defined by FG-Nup staining. See also Video S1. Scale bars:
179 2 μm.

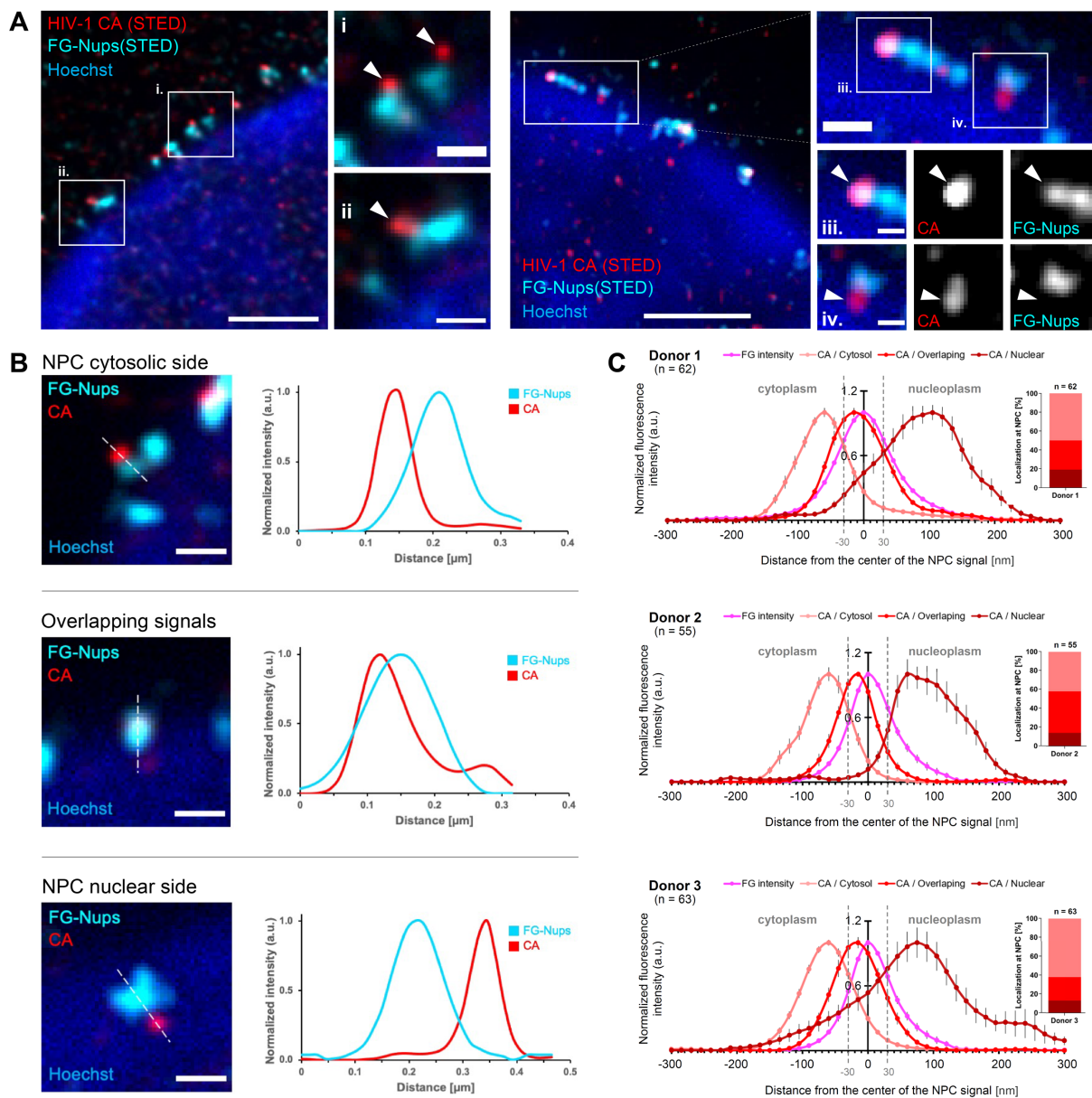
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181 **HIV-1 capsids are detected upon entry into, passage through and exit from the NPC**

182

183 In order to determine the relative positioning of HIV-1 capsids at the nuclear pore, we
184 combined two-color STED nanoscopy for CA and FG-Nups with nuclear Hoechst staining in
185 confocal mode to define the nuclear side. Maximum intensity of the FG repeat
186 immunofluorescence signal is expected to localize to the central channel at the inner ring of
187 the nuclear pore³⁷. Analyzing cells at 48 h p.i., we observed CA signals in three positions: at
188 the cytoplasmic side, directly overlapping the FG signal and at the nucleoplasmic side of the
189 nuclear pore (Figure 2A). For quantitative analysis, we segmented individual capsid-
190 associated pores and determined the normalized signal intensities of the FG-Nup and CA
191 signals for a line profile (Figure 2B). This analysis confirmed that HIV-1 capsids could be
192 observed upon their entry into, passage through and exit from the central channel of the NPC

193 in infected MDM. The distribution for these three different positions relative to the center of
 194 the nuclear pore was determined for a total of 180 capsid-associated nuclear pores in MDM
 195 from three different donors (Figure 2C). A similar distribution was observed for all three
 196 donors with 51 % of capsids observed on the cytoplasmic side of the nuclear pore, 33 %
 197 overlapping the FG repeat in the central channel and 15 % on the nucleoplasmic side (Figure
 198 2C). These results indicated that entry into and passage through the nuclear pore may be
 199 delaying or limiting nuclear entry of HIV-1 capsids in MDM. The substantial number of
 200 capsids observed at the nucleoplasmic side of NPCs further suggested that release from the
 201 nuclear basket may not be instantaneous after passage through the central channel.
 202



203
 204

205 **Figure 2. Super resolution analysis of HIV-1 subviral complexes at nuclear pores of**
206 **infected MDM.** MDM were infected with NNHIV-1, fixed at 48 h post-infection and
207 immunostained for HIV-1 CA (red) and FG-Nups (cyan). The nuclear region was visualized by
208 staining with Hoechst and analysed in confocal mode (blue). (A) STED microscopy images
209 displaying nuclear segments of two infected MDM. The enlarged regions show CA signals
210 (white arrowheads) at the cytoplasmic side of the NPC (i. and ii.), overlapping CA and NPC
211 signals (iii.), and CA signals located at the nuclear side of the NPC (iv.). (B) Three typical
212 localizations of HIV signals at the NPC with corresponding CA and FG-Nups signal intensity
213 profiles. Graphs show intensities normalized to the respective maximal value measured in line
214 profiles indicated in images on the left. (C) Averaged line profiles measured on (n) nuclear
215 pores with associated CA signals from three independent experiments, each using cells from a
216 different donor. Error bars represent SD. The localization of CA signals at the NPC was
217 classified as cytoplasmic side of the NPC (pink line), overlapping with NPC (red line) or
218 nuclear side of the NPC (dark red line), applying a window of 30 nm distance of the CA
219 intensity peak from the FG-Nups (magenta line) intensity peak (dashed vertical lines). Scale
220 bars: 500 nm.

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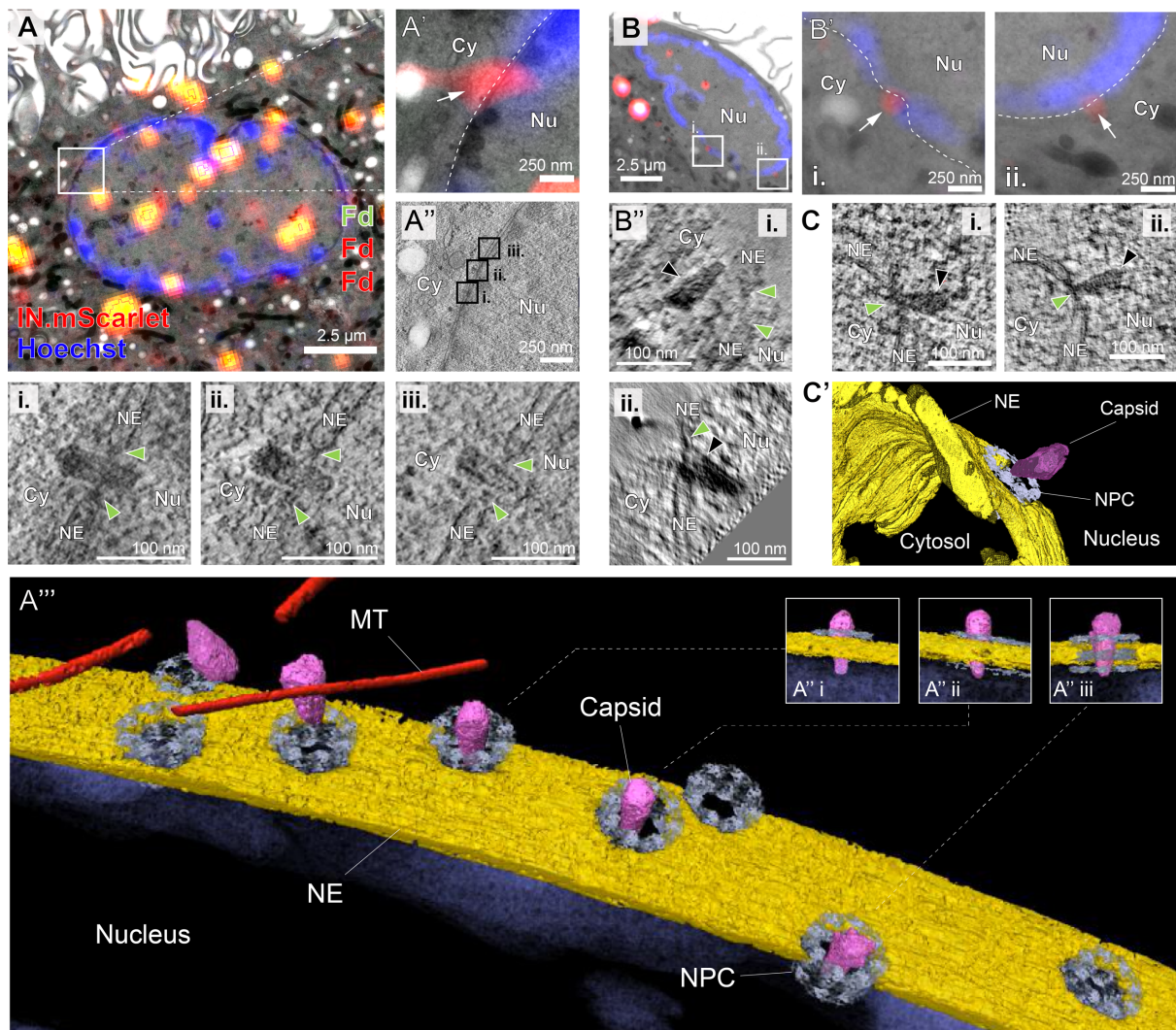
222 **Subviral complexes passing through the central NPC channel are cone-shaped capsids**

223 The fluorescence imaging results clearly revealed the accumulation of CA containing subviral
224 complexes at and inside nuclear pores of infected MDM, but did not provide sufficient
225 resolution to define the morphology and structure of the cargo. We therefore applied 3D
226 correlative light and electron microscopy (CLEM). MDM were infected with NNHIV carrying
227 a fluorescent fusion protein of the viral IN with mScarlet to identify intracellular subviral HIV-
228 1 complexes. MDM were cryo-immobilized by high pressure freezing at 48 h p.i. and further
229 processed for CLEM. Tilt series were acquired for 61 positions of correlated regions targeting
230 IN.mScarlet signals at nuclear envelope regions (defined by Hoechst staining of resin sections)
231 identified in 17 cells from two donors. From this data set, we identified a total of 43 structures
232 completely covered in the resin sections that resembled HIV-1 capsids inside or immediately
233 adjacent to nuclear pores. Their distribution across the NPC was similar to that observed by
234 STED nanoscopy with 19 subviral particles on the cytoplasmic side, 13 deep inside the NPC
235 and 11 on the nucleoplasmic side (Figure S1). Overall, the morphology of the observed subviral
236 structures closely matched that of mature capsids inside purified HIV-1 particles, including the
237 presence of dense material inside capsid structures indicating the presence of condensed
238 ribonucleoprotein or reverse transcription intermediates (Figure 3 and S1). The majority of
239 structures was cone-shaped (41/43; 95%) with rare tubular structures (2/43; 4.7%) (Figure S1).
240 Capsid-like structures at or within the nuclear pore exhibited an average length of 111 ± 11 nm
241 and an average width of 53 ± 6 nm, similar to the dimensions determined for mature HIV-1
242 capsids by cryo ET³⁸, and almost identical to the dimensions observed in our previous CLEM
243 analysis of an infected T-cell line²³. Importantly, we did not observe apparently empty (lacking

244 dense inner material) or obviously broken capsid-like particles inside or directly associated
245 with the nuclear pore in infected MDM (Fig. S1).

246 Figure 3A depicts CLEM of a strongly fluorescent cluster directly associated with the nuclear
247 border of an infected MDM. A slice through the tomographic reconstruction at the correlated
248 position is shown in Figure 3A''. The segmented and isosurface-rendered representation of this
249 region (Figure 3A''') features a total of four cone-shaped and visually intact HIV-1 capsids
250 completely covered in the resin section at different stages of nuclear import (see inserts in
251 Figure 3A'' and supplementary movie 2). All four capsids that had entered into the NPC were
252 oriented with their narrow end first. We sometimes detected capsids positioning their broad end
253 towards the nuclear envelope in the vicinity of nuclear pores (Figure 3A''' left), but this
254 orientation was not observed for particles that had started penetrating the pore.

255 Capsid-like structures deep inside the central channel (Figure 3A) and on the nucleoplasmic
256 side (Figure 3B, C) retained apparently normal cone-shaped morphology (except for one
257 tubular structure) and dense material inside without any obvious defects (Figure S1). All 32
258 capsids inside the central channel were oriented with their narrow end towards the nuclear side
259 (Figure S1). Contrary to expectation, capsids on the nucleoplasmic side were found to be
260 oriented in two orientations at equal frequency: either with their narrow end away from (Figure
261 3B, inset ii) or towards the NPC (Figure 3C) (Figure S1). This result indicated that after passage
262 through the central NPC channel, the HIV-1 capsid remains flexibly attached to the nuclear
263 basket for some time before being released into the nucleoplasm and further trafficking to the
264 site of integration.



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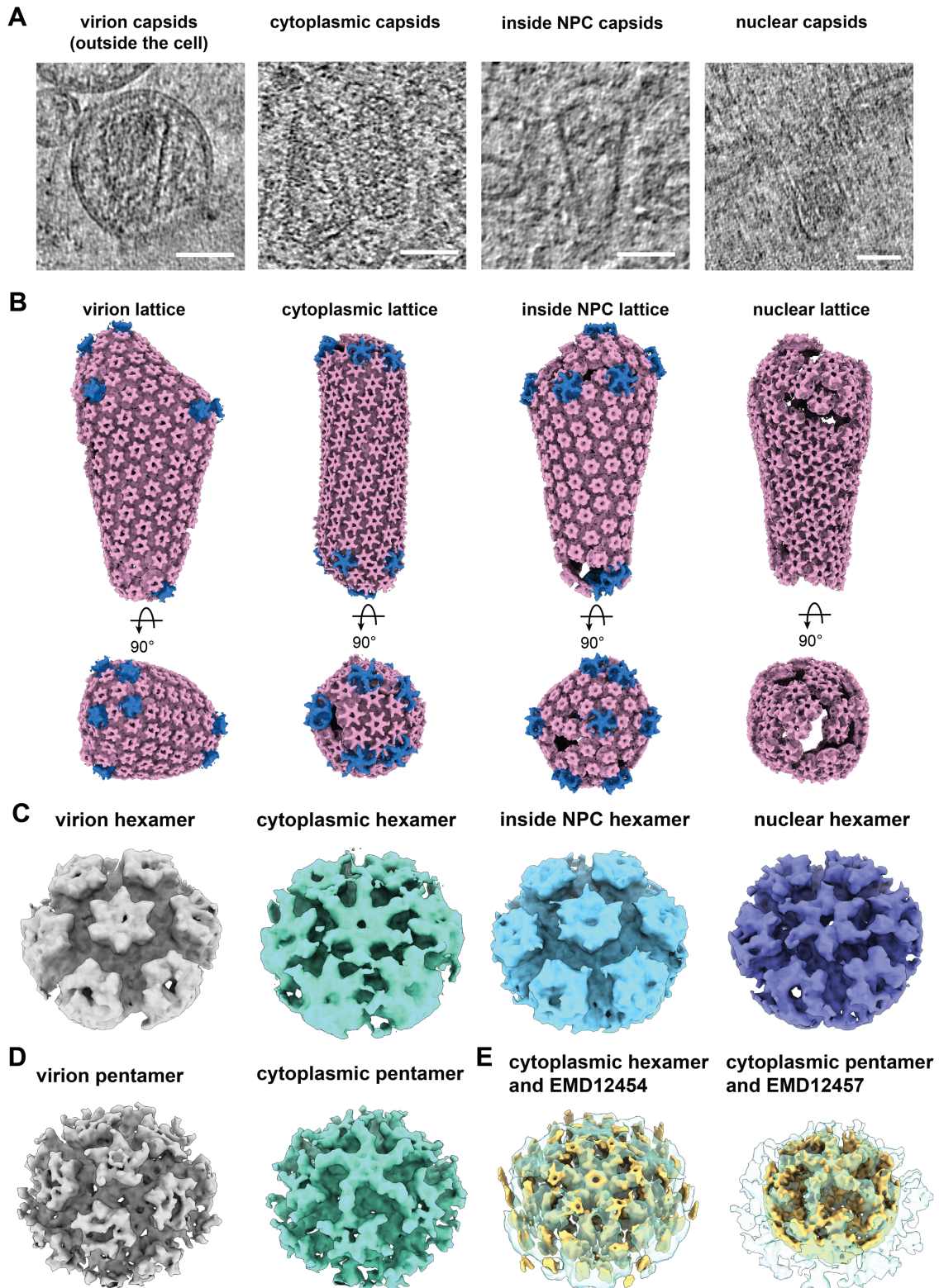
266 **Figure 3. Morphologically intact HIV-1 capsids at and inside NPCs of human MDM.**
 267 MDM were infected with macrophage-tropic IN.mScarlet carrying NNHIV for 48 h at 37°C,
 268 prior to cryo-immobilization by high pressure freezing, embedding and further processing for
 269 CLEM-ET. Fluorescently labelled subviral structures in the region of the nuclear envelope were
 270 visualized by CLEM-ET. Dashed lines in enlargements outline the nuclear envelope. (A and
 271 A') CLEM overlay (A) with enlargement (A') showing positions of IN.mScarlet signals (red;
 272 white arrow) at the nuclear envelope in an EM section post-stained with Hoechst (blue) and
 273 decorated with multi-fluorescent fiducials (Fd) for correlation. (A'') Slice through a
 274 tomographic reconstruction at the correlated position shown in (A) and (A'). The features i-iii
 275 that are shown enlarged in the bottom panel are framed in black and contain three different
 276 capsids that deeply penetrate the central channel of the NPC (green arrowheads). Cy, cytosol;
 277 Nu, nucleus; NE, nuclear envelope; NPC, nuclear pore complex. (A''') Same as in (A'') but
 278 displayed segmented and isosurface rendered. MT (microtubule) red; capsid, magenta; NE,
 279 yellow; NPC, cyan (cryo-EM map of NPC: ²³). See also Video S2. (B – B'') Same as (A and
 280 A'') showing capsid docking at the NPC (i) and capsid located in the nuclear basket region (ii)
 281 from the same resin section. Both capsids display a conical shape and a dense interior (black
 282 arrowheads). (C) Slices through tomographic reconstructions from two different resin sections,
 283 showing two cone-shaped capsids located in the NPC basket region oriented with their narrow
 284 ends toward the NPC density. Both capsids display a dense interior. (C') Same as in (C, inset i)
 285 but displayed segmented and isosurface rendered.

286 **The cyclophilin A binding site is occupied on cytosolic capsids**

287 To investigate the structure of the capsid and its interaction with nuclear pores in more detail,
288 we used cryo electron tomography (cryo-ET). We subjected MDM infected with NNHIV for
289 48 h and control uninfected cells to specimen thinning by focused ion beam (FIB) milling and
290 acquired 93 and 52 tilt series, respectively (Figure S2, Table S1). In the reconstructed
291 tomograms, we identified 13 enveloped particles outside of cells and 36 capsids inside of cells,
292 either in the cytosol, the nucleoplasm or associated with the NPC (Figure 4, see also Video S3);
293 ten of these capsids were located in direct proximity or inside of nuclear pores (Figure 5A).
294 The capsids appeared to be morphologically intact, and the large majority displayed interior
295 density as typically observed for the nucleoprotein complex.

296 We used subtomogram averaging (STA) of capsid surfaces as previously described^{15, 39} to
297 structurally analyze the capsid lattice *in situ*. This analysis identified to a large extent the
298 expected hexagonal signature of the CA lattice as well as CA pentamers inside virions, in the
299 cytosol and also for capsids inside the central channel of the NPC (Figure 4B). The lattice was
300 clearly detectable in nuclear capsids as well, but it appeared overall less complete (Figure 4B).
301 Whether these local differences in the nucleoplasm are caused by reduced contrast due to
302 molecular crowding, or alternatively by partial loss of capsid integrity cannot be judged at
303 present.

304 We hypothesized that the CA lattice might be decorated by different binders during the
305 infection process and categorized our subtomograms according to the subcellular localization
306 of the capsid. As expected, the structure of the CA hexamer and pentamer in enveloped particles
307 outside of cells was very similar to previously analyzed purified particles¹⁵, (Figure 4C, D).
308 Inside the cytosol, hexamers and pentamers were also clearly detected but their structure
309 contained additional density consistent with published *in vitro* structures of CypA bound to CA
310^{11,40}, in both hexamers and pentamers (Figure 4C,D,E). The respective density was strongly
311 reduced in subtomogram averages obtained from capsids inside the central NPC channel and
312 in the nucleoplasm (Figure 4C), supporting a model in which CypA is bound to the majority of
313 CA hexamers in the cytosol and stripped from the capsid upon NPC entry.



314

315 **Figure 4. CA lattice is detected in the cytoplasm, during and post nuclear entry.** (A)

316 Exemplary virtual slices through cryo-tomograms of HIV-1 capsids inside virions, in the

317 cytoplasm, inside NPCs and in the nucleus. (B) Hexameric capsid lattice traced by STA of CA

318 hexamers in virions, the cytoplasm and inside the central channel and the nucleoplasm.

319 Exemplifying capsids are displayed in side view and a top view looking at the wide end of the

320 capsid. Respective subtomogram averages are shown in pink for the hexamers and in blue for

321 the pentamers. The positions of pentamers were inferred from the hexagonal lattice, where

322 possible, and subsequently subjected to STA. For capsids inside of NPCs, the number of
323 detectable pentamers was insufficient for independent STA. Instead pentamers were combined
324 with those from cytoplasmic capsids. (C) STA of the HIV-1 CA hexamer for virion (grey),
325 cytoplasmic (mint), inside NPC (light blue) and nuclear capsids (purple) shows additional
326 density between the individual CA hexamers only for the cytoplasmic average. (D) STA of the
327 HIV-1 CA pentamer for virion (grey) and cytoplasmic (mint), shows additional density between
328 the central CA pentamer and its neighbors for the cytoplasmic average. (E) Published in vitro
329 structures of CA hexamer and pentamer with CypA bound (EMD12454 and EMD12457
330 respectively ⁴⁰, both yellow) are shown overlaid with the cytoplasmic capsid averages from
331 this study (both mint). The additional density between neighboring subunits in the cytoplasmic
332 capsids matches where CypA binds in the in vitro structure. Scale bar in (A): 50 nm.

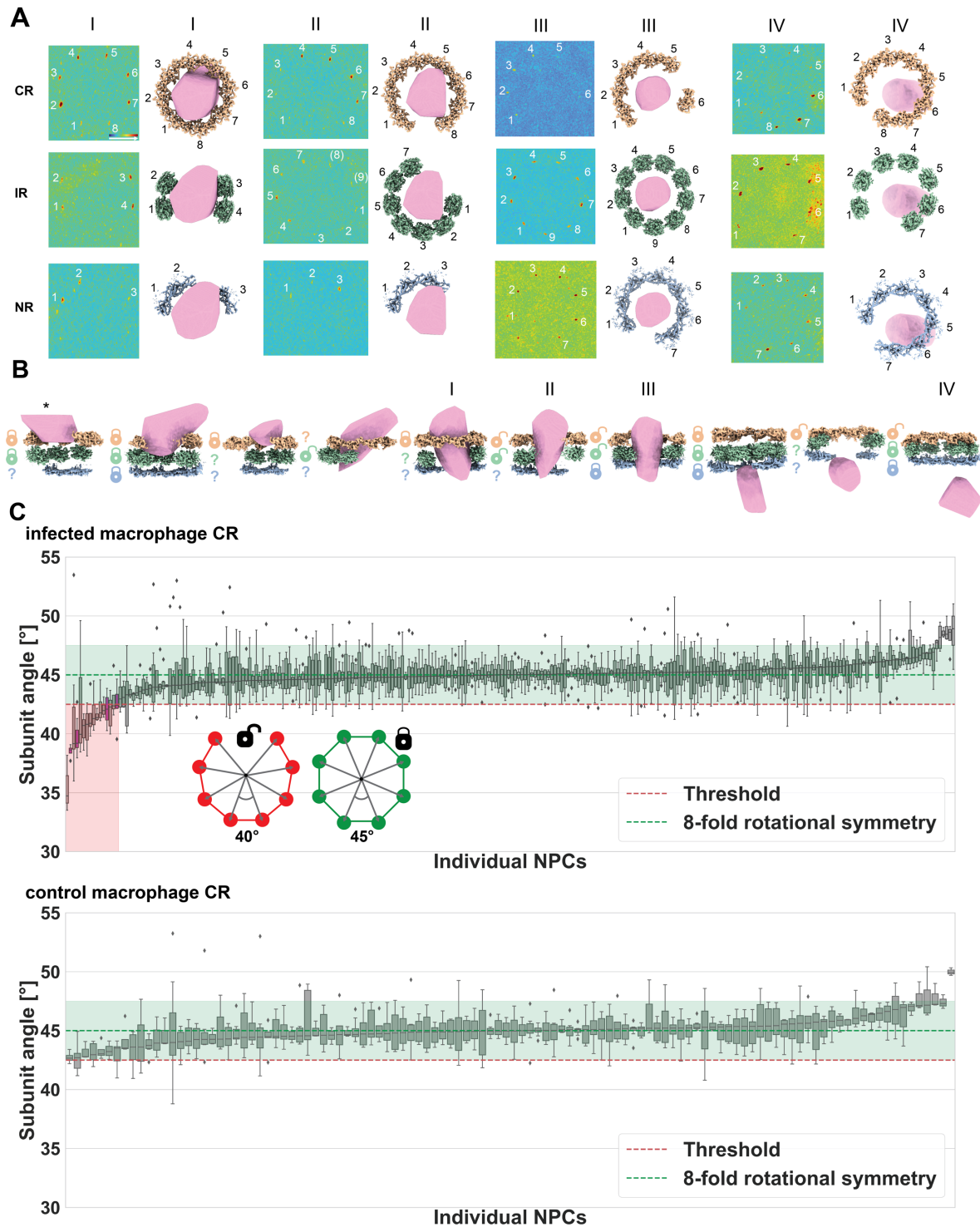
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334 **The NPC scaffold in macrophages is wider than most capsids**

335 Previous analysis in the SupT1 T-cell line by STA pointed to an overall dilated (64 nm at the
336 IR) ²³, but otherwise normal three-ringed NPC architecture both in infected and control cells,
337 and the diameter of NPCs engaged with capsid was within the overall observed range ²³.
338 However, the number of capsids observed inside of NPC by cryo-ET was small and these
339 capsids contained the A77V mutation defective in CPSF6 binding. It has been argued that
340 capsids may have to induce additional NPC widening in order to pass through the central
341 channel ⁴¹. To analyze NPC architecture and width of the central channel in MDM, we
342 subjected 200 and 118 NPCs from infected and control cells, respectively, to STA. The resulting
343 overall structure was reminiscent of previous analyses in Hek293 and SupT1 cells ^{23,26} (Figure
344 S3A, B). No obvious structural differences were apparent between NPCs from infected and
345 control cells, nor was their NPC diameter significantly different at the IR (Figure S3B, C).
346 However, NPCs in MDM were on average wider than in the previously analyzed SupT1 cells
347 ²³ (Figure S3B). The IR displayed a more variable diameter as compared to the CR and NR,
348 consistent with the fact that the IR spokes are flexibly connected ²⁶. At the given inner diameter
349 of the scaffold in macrophages (~65 nm, Figure S3D) the NPC would appear to be wide enough
350 to accommodate most HIV-1 capsids with an average diameter of ~60 nm at their wide end
351 (Figure S2F). To which extent the bulk of FG-Nups contributes to the effective diameter could
352 not be estimated from this analysis however, because it emphasizes scaffold Nups, while FG-
353 Nups are averaged out.

354 **Nuclear pores crack upon passage of the HIV-1 capsid**

355 Recent advances in template matching technology have allowed us to identify subunits of
356 individual nuclear pores^{42, 43}. To structurally analyze the scaffold of those NPCs that are
357 engaged with a capsid, we used rotational segments of the CR, IR and NR for template
358 matching, as previously described⁴³. Visual inspection of the constrained cross-correlation
359 (CCC) volumes revealed that five out of the ten NPCs engaged with capsid had a distorted
360 scaffold, in which the subunit positioning was not entirely in agreement with the geometry of
361 the canonical 8-fold rotational symmetry (Figure 5A, B). These distortions did not occur
362 homogeneously distributed across the ring structure, but rather at a specific position where the
363 interior angle of the polygon (IAOP) (cartoon in Figure 5C), i.e. the rotation around the
364 symmetry axis from a given to the neighboring subunit, was increased. Concomitantly, this
365 angle was compressed for remaining subunits, thus indicating a rupture event that had cracked
366 the ring structure of the scaffold. Such NPC cracking events were not observed in the three
367 cases where capsids were found associated with the cytosolic face of the NPC, but only in
368 NPCs in which the capsid had penetrated considerably into the central channel. In two NPCs
369 with a capsid deep in the central channel, template matching indicated 9 subunits of the IR
370 (Figure 5A, II and III, Figure S3E, Video S4). More frequently, however, ring cracking events
371 co-occurred with apparent subunit losses. These were also observed in NPCs that showed a
372 capsid associated with the nuclear face, indicative of damage induced during nuclear entry of
373 this capsid.



374

375 **Figure 5. The presence of HIV capsid inside the NPC is linked to abnormal NPC subunit**
 376 **arrangements.** (A) Template matching results for subunits of all three NPC rings (CR (light
 377 orange, top row), IR (green, middle row), NR (blue, bottom row) for four exemplary NPCs that
 378 are associated with an HIV capsid (surface rendering, pink). For each NPC a maximum
 379 intensity projection of the constrained cross-correlation (CCC) volume with peaks for that ring
 380 subunit is shown color-coded (low CCC values in blue and high values in red). The respective
 381 subunit arrangements are indicated in the right panels. (B) Cross section gallery of NPCs sorted
 382 according to capsid position. The locks next to each NPC ring represent the status of that ring
 383 as either being unperturbed (closed lock) or cracked, the latter meaning inconsistent with the

384 canonical 8-fold rotational symmetry (open lock). This assignment is based on the IAOP (see
385 methods) and a threshold of 42.5° . The asterisk denotes a case where the capsid is only partially
386 contained in the tomographic volume. Question marks represent cases where the number of
387 detected subunits was insufficient for assignment (less than three angle measurements) into
388 either category. For the infected MDM dataset, NPCs without associated capsid were C8-
389 symmetric 247 times and had cracked CR rings twelve times. NPCs with associated capsid
390 were significantly more often cracked (Fisher's exact test, $p=0.0009$; four out of nine cracked
391 CR rings). (C) Comparison of the median IAOP per NPC for the CR of HIV-infected and
392 control uninfected MDM. The angles for each CR are plotted as boxplots and sorted by median
393 and are shown in the red transparent box if below a threshold of 42.5° (purple boxes had capsid
394 associated). Angles consistent with C8-symmetric rings are shown in the green transparent box
395 ($42.5^\circ - 47.5^\circ$). This signature was significantly more frequent in CRs of infected as compared
396 to control MDMs (Fisher's exact test, $p=0.0043$; 252 C8-symmetric and 16 cracked rings in
397 infected MDM and 112 C8-symmetric and zero cracked rings in control MDM).

398

399 **NPC cracking is specific to infected macrophages**

400 Nuclear entry of HIV-1 is a rare event and we wanted to carefully assess the above-described
401 observations for statistical significance. We therefore turned to an objective metric to quantify
402 the number of cracking events in each of the three rings of the NPC. We defined NPC ring
403 cracking events based on the compression of the IAOP of the majority of subunits of a given
404 NPC (Figure 5C, see above). Using this sensitive assay, we first asked whether NPCs in
405 infected MDM that had an associated HIV-1 capsid were more likely to display ring cracking
406 compared to NPCs not associated with a capsid from the same cells. This was clearly the case
407 (Fisher's exact test, $n=268$, $p=0.0009$ for the CR, see legend of Figure 5 for values). We
408 furthermore showed that cracking occurred more frequently in NPCs in infected as compared
409 to control cells, regardless of whether a capsid was found close by the respective nuclear pore
410 (Figure 5C) (Fisher's exact test, $n=380$, $p=0.0043$ for the CR, see legend of Figure 5 for values).
411 At the chosen angular threshold, no cracking events of the CR were observed in non-infected
412 cells (Figure 5C), and they were rare at the level of the IR and NR in these cells (Figure S4).

413 These observations support the notion that passage of HIV-1 capsids induces NPC cracking.
414 An alternative hypothesis would be that exceptionally large capsids are trapped at NPCs and
415 induce damage, while normal-sized capsids would progress faster into the nucleus and thus
416 were invisible to our analysis. We therefore analyzed whether the size of capsids associated
417 with nuclear pores exceeded that observed for enveloped particles outside of cells. This was
418 not the case (Figure S2F). The notion that nuclear entry of capsids is a rate limiting step in
419 MDM was further supported by our light microscopic and CLEM data presented above; these
420 experiments identified a high number of capsids at different positions of nuclear pores,

421 including the nucleoplasmic side, and showed that these capsids were visually intact and of
422 similar size as observed for intra-virion capsids.

423

424 **HIV capsids clash with NPC scaffolds in molecular dynamics simulations**

425

426 As the capsid approaches the NPC, each CA hexamer can be bound by one of the ~6,000 FG-
427 repeats. However, the balance between the resulting force pulling the capsid into the central
428 channel and the counterforces from displacing the bulk FG-Nups and clashes with the NPC
429 scaffold remains unclear. Molecular dynamics (MD) simulations in combination with FRET
430 measurements of FG-Nups have recently shed light on their conformational dynamics *in situ*
431 ⁴⁴. Here, we adapted this simulation framework to analyze the steric requirements for nuclear
432 entry of HIV-1 capsids, the response of the FG-Nup network, and the associated forces.

433 We performed coarse-grained MD simulations to gain a detailed view on the passage of HIV-
434 1 capsids through intact, dilated, and cracked NPCs with and without FG-Nups. We first built
435 an atomic model of a cone-shaped HIV-1 capsid of typical size by completing its well-
436 resolved fullerene-like lattice of CA hexamers and pentamers (Figure S5A,B). We then built a
437 model of the dilated (in-cell) human NPC including FG-Nups (Figure 6A) as described
438 previously for the constricted conformation ^{26,44}. The interaction of capsid and FG-Nups was
439 matched to experiments ^{17,44} (Figure S5C-E). To model NPC cracking, we split the scaffold
440 and widened it (Figures 6A-C and S7A-C). To cover the NPC diameter increase seen in
441 MDM (Figures S3B), we constructed intact, dilated scaffolds (Figure S7D-F).

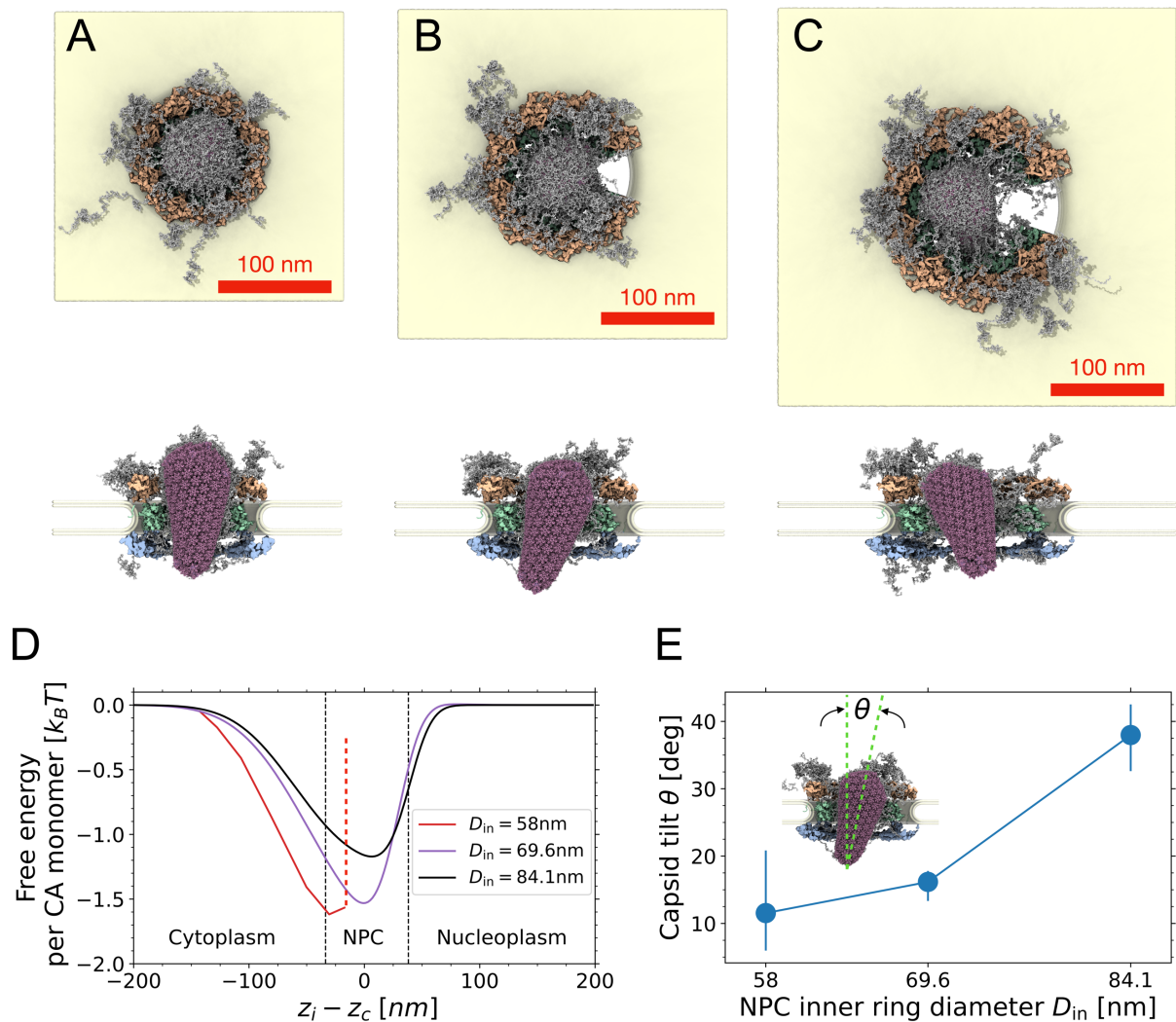
442 With these different NPC scaffold models, we identified the minimal steric requirements for
443 HIV-1 capsid passage. In MD simulations of NPCs lacking the FG-Nup network (Figure
444 S6G-L), we found that steric clashes prevent passage of the capsid through the intact in-cell
445 NPC scaffold ²⁶. Passage required either dilating the IR diameter further to about 70 nm
446 (Figure S6J), as seen in ~50% of MDM NPCs (Figure S3D), or cracking the NPC scaffold
447 (Figure S6K,L). The additional mass of FG-Nups is expected to amplify this effect.

448 Therefore, for a more realistic description of capsid passage, we included the FG-Nup
449 network with interactions matched to experiments. In our MD simulations, FG-Nups in intact
450 and cracked NPCs readily latched on to the HIV-1 capsid, effectively increasing the capsid
451 diameter (Figure 6A-C, see also Video S5). Force-driven simulations (Figure S6G-L) and free
452 energy profiles for capsid passage (Figures 6D and S7) confirmed that capsid passage is

453 possible in the cracked and dilated states with diameters ≥ 70 nm, but sterically blocked in the
454 ~ 58 -nm wide in-cell NPC. However, favorable interactions with the FG-Nups resulted in
455 distinct free energy minima for the bound state (Figure 6D), and require further widening for
456 the release of capsid (see Figure S6J-L The favorable interactions with the FG-Nups caused
457 the immersed capsid to tilt sideways (Figure 6E).²³

458 From the MD simulations and consistent with earlier modeling⁴¹, we conclude that capsids
459 face two distinct and substantial energetic barriers to exit from the central channel into the
460 nucleus, one caused by repulsive steric interactions with the NPC and the other by the
461 attractive interactions of the capsid with FG-Nups. As found here, the steric barrier can be
462 relieved by NPC cracks, whereas the attractions could be broken either by capsid rupture and
463 release of the HIV-1 genetic material into the nucleus or, alternatively, by competitive binding
464 of additional factors such as Nup153 and CPSF6 to the CA lattice.

465



466

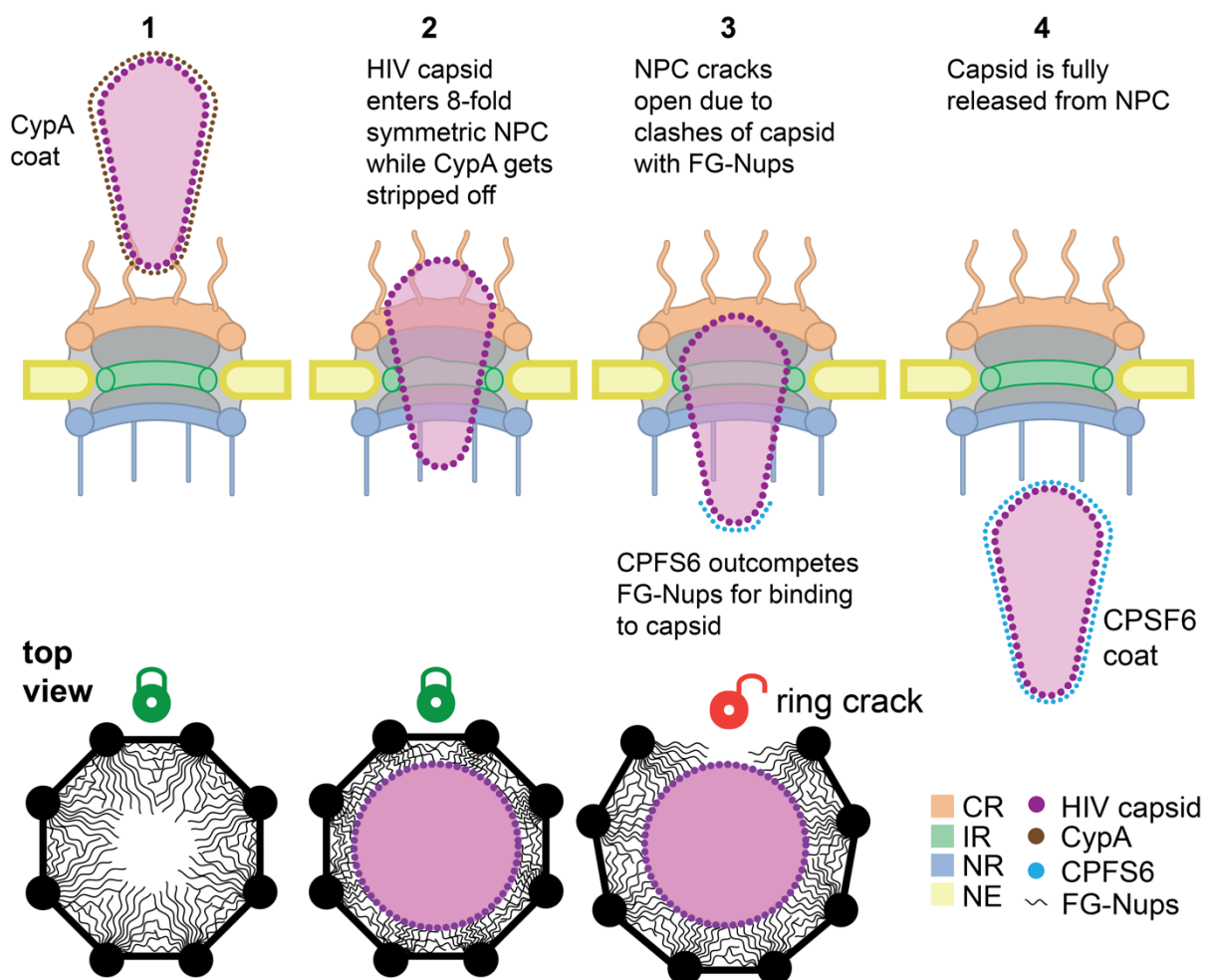
467 **Figure 6. NPC cracking facilitates HIV capsid passage.** (A-C) Snapshots of MD simulations
468 of HIV capsid (violet) in intact NPC (A) with inner ring diameter $D_{in} = 58$ nm, and cracked
469 NPCs with $D_{in} = 69.6$ nm (B) and $D_{in} = 84.1$ nm (C). Views from the cytosol (top) and the
470 side (bottom) show end states of the simulations (FG-Nups: grey; CR: orange; IR: green; NR:
471 blue; nuclear envelope: yellow). (D) Free energy profiles for HIV capsid passage through the
472 NPC as a function of the vertical distance $z_C - z_i$ between the capsid center, half-way between
473 its narrow and wide ends, and the inner ring (see Figures S7A-C for the capsid positions used
474 to calculate the mean force shown in Figure S7D). Black dashed lines mark the extent of the
475 NPC, and the vertical red dashed line indicates the position of the steric blockage of the HIV
476 capsid inside the intact NPC. (E) Tilt angle (inset) of capsids released inside intact and cracked
477 NPCs. Symbols and error bars indicate the average, minimum and maximum at the end of three
478 replicas. The interaction strengths $\tilde{\epsilon}_{FG-FG} = 0.42$ and $\tilde{\epsilon}_{FG-CA} = 0.5$ between FG-Nups and CA
479 hexamers and pentamers were matched to experiments. The snapshots were rendered using
480 VMD⁴⁵.

481

482 Discussion

483 The data presented here allow us to assess the different scenarios for the nuclear entry of HIV-
484 1 capsids introduced above. (i) By STA we did not identify deformation of the capsid lattice
485 within the central channel of the NPC as compared to capsids localized elsewhere. (ii) We also
486 did not observe breakage and morphological alteration of the capsid lattice inside the central
487 channel. Instead, we obtained compelling evidence for scenario (iii): Passage of the HIV-1
488 capsid through the NPC channel of MDM alters the NPC scaffold. Our findings support a
489 model (Figure 7) in which capsids decorated with CypA dock to the cytoplasmic face of the
490 NPC, where CypA is stripped off, most likely by competitive interaction with the Cyp domain
491 of Nup358 in the CR. The capsid is then drawn into the central channel by saturating the
492 respective FG-binding sites towards the broad end of the capsid³¹ As it penetrates more deeply,
493 clashes with both the NPC scaffold and FG-Nups emerge. Entry into the limited space creates
494 lateral force that in turn can lead to stretching of the NPC scaffold. NPC stretching may then
495 extend the ring structure to a degree that it cracks, likely allowing a spatial re-distribution of
496 FG-Nups and further progression of the capsid through the nuclear pore. We cannot exclude
497 that capsid elasticity of scenario (i) could occur transiently and may thus contribute to nuclear
498 entry of the capsid as well. Furthermore, potential capsid breakage as in (ii) could lead to
499 complete capsid disintegration, thereby escaping detection. However, based on the high
500 proportion of cracked pores and the observation of morphologically intact capsids in the
501 nucleus, we propose that HIV-1 capsids pass the NPC more or less intact and, if sterically
502 blocked, crack its rings.

503 We speculate that eventual capsid progression towards the nucleoplasm may be driven by
 504 interactions with Nup153 FG-repeats. At the nuclear basket, the capsid may transiently remain
 505 latched to the very long Nup153 FG-repeats and thus rotate in the chromatin-free region, as
 506 occasionally observed in the simulations. This would agree with in vitro measurements of
 507 binding constants of different FG-Nups^{17,46}, and can explain both the observed delayed release
 508 into the nucleoplasm and the variable orientation of nuclear basket associated capsids.
 509 Ultimately, FG binding sites in the capsid lattice will be competitively saturated by abundant
 510 nuclear CPSF6, causing capsid release from the nuclear basket to migrate deeper into the
 511 nucleoplasm. This model is consistent with CPSF6 gene silencing experiments and mutation
 512 of the CPSF6 binding site in CA; in these cases, capsids were prominently observed close to
 513 the nuclear basket region and differences in HIV-1 integration sites were found^{20,23}.



514

515 **Figure 7. Model for nuclear entry of the HIV-1 capsid in macrophages.**

516 (1) Side view cross section: A cone-shaped HIV-1 capsid decorated with CypA is oriented
 517 with its narrow end towards the cytoplasmic face of the NPC. The cytoplasmic filaments of
 518 the CR guide and orient the capsid for further entry into the pore. The top view cross section
 519 below shows the intact (green closed lock) C8-symmetric ring structure with the FG-Nups

520 extending into the central channel. (2) Side view cross section: The cone-shaped capsid is
521 partially inserted into the central channel of the NPC, thereby losing the associated CypA. Its
522 wide end has not yet passed through the narrowest point of the NPC scaffold (CR opening).
523 The top view shows the intact (green closed lock) C8-symmetric ring structure with the
524 capsid inserted. The FG-Nup mesh network is compressed due to the capsid insertion. (3)
525 Side view cross section: The capsid has passed through the CR opening by cracking the NPC
526 scaffold and is now fully inserted into the widened central channel of the NPC. CPFS6 starts
527 to coat the tip of the capsid as it reaches the nucleoplasm by outcompeting FG-Nups. The top
528 view shows the cracked (red open lock) ring structure with the capsid inserted. The FG-Nup
529 mesh network relaxes due to the ring crack. (4) Side view cross section: The capsid has been
530 released from the nucleoplasmic side of the NPC and has acquired a full CPFS6 coat. The
531 HIV-1 capsid, CPFS6 and the individual rings and FG-Nups of the NPC are shown color-
532 coded.
533

534 We had previously found that cone-shaped capsids enter dilated NPCs in T-cells²³. However,
535 cryo-ET had captured only few events, and these capsids contained the A77V mutation
536 defective in CPFS6 binding. Moreover, by analyzing the NPC architecture through
537 subtomogram averaging, differences across a small set of individual particles could not be
538 readily detected. Here, by using template matching of NPC subunits^{42,43} we could reliably
539 detect damage of individual NPCs and, by greatly expanding the statistics, connect NPC
540 cracking to HIV capsid passage.

541 That the HIV-1 capsid cracks the NPC was not necessarily intuitive, because the NPC scaffold
542 is an elaborate structure designed to persist strain laterally imposed by the nuclear membranes
543^{25,43,47}, while the capsid has to disintegrate at some stage during the post-entry process. The
544 exact forces remain challenging to measure experimentally. In the MD simulations, forces of
545 10-100 pN pull the capsid into the NPC central channel (Figure S7D), which is in the range of
546 forces required for sub-second unfolding of proteins⁴⁸. The cone shape of stuck capsids
547 converts this axial force into a radial force that could drive NPC cracking. Instead of the NPC
548 cracking the capsid, the capsid cracks the NPC.

549 Deviations from the canonical 8-fold rotational symmetry of the NPC occur only rarely under
550 native conditions⁴⁹. A recent study investigating NPC subunit arrangement and diameter
551 during stem cell differentiation has detected abnormal rotational symmetries and NPC
552 overstretching as a result of knock out of the scaffolding Nup133⁴³. In contrast to this study,
553 however, straining of the NPC scaffold by the HIV-1 capsid occurs from the inside. The
554 observed distortions are markedly different, indicating that the changes observed by Taniguchi
555 et al. are of different origin. Specifically, Taniguchi et al. did not observe rotational symmetry

556 mismatches across the three rings within individual NPCs, but rather NPCs were overstretched
557 and disintegrated, thereby detaching from the nuclear membranes⁴³. Ring cracking by HIV-1
558 capsid passage shows specific features: subsequent to cracking of one ring, the scaffold
559 contacts with the next ring do not rotationally register. This finding is intriguing because it
560 emphasizes that the NR and CR have intrinsic stability. Furthermore, our results show that
561 nuclear pores may transport cargos that are larger than their diameter.

562 The findings presented here provide an explanation for the evolution of the unique HIV-1
563 capsid structure. Protecting the genome and allowing reverse transcription inside a protective
564 shell requires a closed structure, but not this cone-shaped geometry. However, the complete
565 capsid also acts as the importin for nuclear entry of the HIV-1 subviral complex^{32,33}, and this
566 is absolutely essential for infection of target cells that do not break down their nuclear envelope
567 during mitosis. Shape most likely reflects this function: the narrow end facilitates threading
568 into the narrow channel of the NPC, and the increasing width of the cone allows to
569 accommodate the volume requirement for the genome and provides avidity effects by an
570 increasing number of FG binding sites on the capsid lattice as it progresses into the NPC.
571 Maximum width may then be a trade-off between what is absolutely needed to package the
572 genome (most likely together with partial cDNA due to cytoplasmic reverse transcription) and
573 the size limit to pass through the (partly disintegrated) central NPC channel. Thereby, NPC
574 cracking might be a simple byproduct of HIV-1 nuclear entry with optimal payload, without
575 any direct consequences for infectivity. Importantly, damage to individual NPCs must be
576 compatible with cell viability as infected macrophages can survive for prolonged time. Could
577 there be a further benefit from NPC cracking for the virus? One may speculate that the capsid
578 lattice becomes mechanically prepared for rupture while it sheers at the NPC scaffold, but does
579 not immediately disintegrate because of rapid surface coating with CPSF6 upon reaching the
580 nuclear side. Whether this is the case, and whether there may be other benefits for the virus,
581 e.g. inducing nuclear envelope rupture and thus locally changing the nuclear proteome, remains
582 to be further investigated.

583 **Materials and Methods**

584 *Cells*

585 Human embryonic kidney 293T cells (HEK293T)⁵⁰ were maintained in Dulbecco's modified
586 Eagle medium (DMEM; Thermo Fisher Scientific) supplemented with 10% fetal bovine serum
587 (FBS; Capricorn Scientific GmbH, Germany), 100 U/ml penicillin and 100 mg/ml
588 streptomycin (Thermo Fisher Scientific). Monocyte-derived macrophages (MDM) were
589 obtained from human peripheral blood mononuclear cells (PBMC) isolated from buffy coats
590 of healthy donors as described previously²⁰. Buffy coats were obtained from anonymous blood
591 donors at the Heidelberg University Hospital Blood Bank according to the regulations of the
592 local ethics committee. MDM were cultivated in RPMI 1640 medium (Thermo Fisher
593 Scientific) supplemented with 10% heat inactivated FBS, antibiotics (as above), and 5% human
594 AB serum (Capricorn Scientific GmbH, Germany). Cells were cultivated at 37°C in a
595 humidified incubator with a 5% CO₂ atmosphere. For seeding, MDM were detached by
596 Accutase (StemCell Technologies) according to the manufacturer's instructions.

597

598 *Plasmids*

599 Plasmid pNNHIV for production of non-infectious, reverse transcription competent HIV-1
600 particles²³, the proviral plasmids pNL4-3⁵¹ and pNL4-3ΔEnv²⁰, and the
601 Vpr.IN_{D64N/D116N}.mScarlet fusion protein encoding plasmid pVpr.IN_{D64N/D116N}.mScarlet²³ were
602 described previously. Plasmid pEnv-4059 encoding an R5-tropic Env from a clinical HIV-1
603 isolate⁵², was kindly provided by R. Swanstrom (University of North Carolina, Chapel Hill,
604 NC, USA). Plasmid pVpr.IN.eGFP encoding a Vpr.IN.eGFP fusion protein with an HIV-1
605 protease recognition site between Vpr and IN⁵³, was kindly provided by A. Cereseto (CIBIO,
606 Mattareo, Italy). Plasmid pNNHIVΔEnv contains a 1 bp fill-in of an StuI site in the *env* ORF
607 resulting in a frameshift and premature stop codon (primers used for PCR: forward, 5'-
608 CAGACAGGCCTCGTCCAAAGGTATCCTTTGAG-3'; reverse, 5'-
609 CAGACGCTAGCTATCTGTTTTAAAGTGGCATTTC-3').

610 *Antibodies*

611 For immunofluorescence staining, rabbit polyclonal antiserum against HIV-1 CA raised against
612 purified recombinant protein (in house)⁵⁴, mouse monoclonal antibody against human lamin
613 A/C (sc-7292; Santa Cruz), mouse monoclonal antibody against Nup153 (ab24700; Abcam)
614 and mouse monoclonal antibody against FG-Nups (Mab414) (ab24609; Abcam) were used at
615 a dilution of 1:1,000, 1:100 and 1:200, respectively. For spinning disc confocal microscopy,
616 secondary antibodies donkey anti-rabbit IgG and donkey anti-mouse IgG conjugated with
617 Alexa Fluor 488 and 647 (Thermo Fisher Scientific), respectively, were used at 1:1,000
618 dilution. For STED microscopy, secondary antibodies goat anti-rabbit IgG and goat anti-mouse
619 IgG conjugated with Atto 594 (Merck; 77671) and Abberior® STAR RED (Merck; 52283),
620 respectively, were used at 1:200 dilution.

621

622 *Virus and virus-like particles*

623 HIV-1 virions and non-infectious virus-like particles were produced in HEK293T cells grown
624 on 175 cm² tissue culture flasks (side bottom) transfected with respective plasmids (total 70 µg
625 DNA per flask) using calcium phosphate transfection. For production of infectious R5-tropic
626 HIV-1, cells were transfected with pNL4-3ΔEnv and pEnv-4059 at a molar ratio of 4.5:1. To
627 produce IN.eGFP labeled R5-tropic HIV-1, cells were transfected with pNL4-3ΔEnv,
628 pVpr.IN.eGFP and pEnv-4059 at a molar ratio of 4.5:1:1. For production of non-infectious
629 IN.mScarlet labeled R5-tropic NNHIV, cells were transfected with pNNHIVΔEnv,
630 pVpr.IN_{NN}.mScarlet and pEnv-4059 at a molar ratio of 4.5:1:1. Medium was changed 6 h after
631 transfection and cells were further incubated at 37°C and 5% CO₂. At 44 h post-transfection,
632 culture media from virus-producing cells were harvested and cleared by filtration through a
633 0.45 µm nitrocellulose filter (Carl Roth, Germany), and particles from media were concentrated
634 by ultracentrifugation through a 20% (w/w) sucrose cushion for 90 min at 27,000 rpm (at 4°C)
635 in a Beckman SW32 rotor (Beckman Coulter Life Sciences). Particles were resuspended either
636 in PBS or in PBS containing 10% FBS and 10 mM HEPES (pH 7.2), then aliquoted and stored
637 at -80°C. Particle-associated RT activity was determined by SYBR Green-based Product-
638 Enhanced Reverse Transcription assay (SG-PERT)⁵⁵.

639 *Sample preparation for confocal and STED microscopy*

640 MDM seeded in 8-well μ -Slides with a glass bottom (ibidi GmbH, Germany) were infected
641 with non-labeled or fluorescently labeled wild-type HIV-1 or NNHIV (5–15 μ Units of RT/cell)
642 pseudotyped with R5-tropic 4059 Env and incubated at 37°C until indicated time post-
643 infection. For both spinning disc confocal and super-resolution STED microscopy, samples
644 were fixed with 4% FA in PBS (15 min), rinsed with PBS, permeabilized with 0.5% Triton X-
645 100 in PBS (5–20 min) and washed three times (5–10 min) with PBS. For detection of nuclear
646 HIV-1 CA, cells were further extracted using ice-cold methanol for 10 min (at –20°C) and
647 subsequently washed twice with 3% bovine serum albumin (BSA) in PBS. Samples were
648 blocked with 3% BSA in PBS for 30 min and staining with primary and secondary antibodies
649 (both diluted in 0.5% BSA in PBS) was carried out at room temperature for 1 h each. When
650 relevant, cell nuclei were visualized by DNA staining with 0.2 μ g/ml Hoechst33258 (Thermo
651 Fisher Scientific) in PBS for 30 min.

652

653 *Spinning disc confocal microscopy*

654 Spinning disc confocal microscopy (SDCM) was performed using a Nikon Ti Perkin Elmer
655 Ultra VIEW VoX 3D spinning disk confocal microscope (Perkin Elmer, MA, USA) equipped
656 with a 100 \times oil immersion objective (NA 1.4; Nikon). Multichannel z series of randomly
657 selected cells were acquired with a z-spacing of 200 nm and excitation with the 405-, 488-,
658 561-, and 640-nm laser lines, using the Volocity software (Perkin Elmer, MA, USA).

659

660 *STED microscopy*

661 Stimulated emission depletion (STED) imaging was performed with a 775 nm Expert Line
662 STED system (Abberior Instruments GmbH, Germany) equipped with an SLM-based easy3D
663 module and an Olympus IX83 microscope using a 100 \times oil immersion objective (NA 1.4;
664 Olympus UPlanSApo). Dual-color STED images were acquired line sequentially, using the
665 590- and 640-nm excitation laser lines and two APD spectral detectors set to collect photons
666 with the wavelength between 590–630 nm and 650–720 nm, respectively. Acquisitions using
667 405- and 488-nm laser lines were in confocal mode only. Nominal STED laser power was set
668 to 15–40% of the maximal power of 3 W with 10 μ s pixel dwell time, 15 nm pixel size and 9 \times
669 accumulation. Acquired STED images were deconvoluted with Huygens Deconvolution
670 software (Scientific Volume Imaging) using Classic Maximum Likelihood Estimation (CMLE)

671 algorithm and Deconvolution Express mode with ‘Conservative’ settings. For 3D STED data
672 acquisition, 30% of the STED laser power was used for fluorescence depletion in the Z-axis
673 and RESCue illumination scheme was used to minimize bleaching. Sampling frequency was
674 20 nm in xy axis and 70 nm in z. For sampling of the entire nuclear volume (~6–10 μm along
675 the optical axis) by 3D STED, 80–150 super-resolved images were acquired. The bleaching
676 during the acquisition was reduced by implementing a light dose management (DyMIN) that
677 specifically activates and modulates the intensity of the STED depletion laser beam to switch
678 off fluorophores only near the fluorescent feature to be recorded ⁵⁶.

679

680 *Image analysis*

681 Quantification of CA signals localized at the nuclear envelope or inside the nucleus of infected
682 MDM visualized by SDCM was performed using the Icy software (⁵⁷). The volumes of
683 individual HIV-1 CA signals in acquired z-stacks were automatically detected using the spot
684 detector function. Objects displaying positive signal in the laminA/C or Hoechst channel were
685 classified as nuclear envelope (NE) associated or as intranuclear, respectively. Nuclear signals
686 were further visually examined and manually curated to ensure that objects located in nuclear
687 regions with very low or undetectable Hoechst staining were not excluded from the analysis.

688 To determine percentage of CA signals colocalizing with FG-Nups at the nuclear periphery in
689 infected MDM visualized by 3D STED, deconvoluted z-stacks were reconstructed using the
690 Imaris software (Bitplane AG, Switzerland). Individual HIV-1 CA signals were automatically
691 detected using the spot detector Imaris module, creating for each distinct fluorescent signal a
692 3D ellipsoid object with Z axis = 1.5*X,Y axis. For all objects in the proximity of NE, the
693 median signal intensity within objects was quantified for the FG-Nups channel. All objects
694 representing CA signals that had maximum FG-Nups signal intensity higher than 50 (a.u.) were
695 scored as co-localizing. The same threshold was applied to all four datasets. To quantify the
696 total amounts of nuclear pores per nucleus, individual FG-Nups signals were automatically
697 detected by spot detector module as above and counted. To estimate the NPC density, the
698 dimensions of nuclei mid-sections was measured using the Fiji software ⁵⁸ and the surface area
699 of each nucleus was then calculated as the surface of ellipsoid.

700 *Sample preparation for CLEM*

701 4×10^4 MDM were seeded on carbon-coated sapphire discs (Engineering Office M. Wohlwend,
702 Switzerland) placed in a glass-bottomed ‘microwell’ of 35 mm MatTek dish (MatTek, Ashland,
703 MA, USA) and cultured for 16–24 h at 37°C. Cells were infected with IN.mScarlet labeled
704 NNHIV particles pseudotyped with R5-tropic 4059 Env at 60 μ U RT/cell. At 48 h p.i., infected
705 cells were cryo-immobilized by high pressure freezing using a HPM010 high pressure freezer
706 (BAL-TEC, Balzers, Liechtenstein) and discs with frozen cells were transferred to freeze-
707 substitution medium (0.1% uranyl acetate, 2.3% methanol and 1% H₂O in Acetone) at –90°C.
708 Subsequent freeze-substitution and embedding of samples in Lowicryl HM20 resin
709 (Polysciences, Inc., USA) was performed in an EM AFS2 freeze-substitution device (Leica
710 Microsystems) equipped with a EM FSP robotic solution handler (Leica Microsystems)
711 according to Kukulski et al. (⁵⁹), modified as follows: Samples were incubated in FS medium
712 for 5 h at –90°C and temperature was then raised to –45°C (at 7.5°C/h). Samples were washed
713 with acetone (3 \times 25 min) and infiltrated with increasing concentrations of Lowicryl HM20 in
714 acetone (25, 50% and 75%; 3 h each), while raising temperature to –25°C (3.3°C/h). The
715 acetone-resin mixture was replaced by pure Lowicryl HM20 for 1 h and the resin was
716 exchanged three times (3, 5 and 12 h). Samples were polymerized under UV light for 24 h at
717 –25°C and polymerization continued for an additional 24 h while the temperature was raised to
718 20°C (at 3.7°C/h).

719

720 *CLEM and electron tomography*

721 250-nm thick resin sections were obtained using a EM UC7 ultramicrotome (Leica
722 Microsystems) and placed on a slot (1 \times 2 mm) EM copper grids covered with a formvar film
723 (Electron Microscopy Sciences, FF2010-Cu). Grids were placed (section face-down) for
724 10 min on 20 μ L drops of 1 \times PHEM buffer (pH 6.9) containing 0.1 μ m TetraSpeck beads
725 (1:25) (Thermo Fisher Scientific) serving as fiducial markers and 10 μ g/ml Hoechst33258
726 (Thermo Fisher Scientific) to stain nuclear regions in cell sections. Unbound fiducials were
727 washed off on several drops of water and grids were transferred on 25 mm glass coverslips
728 mounted in a water-filled ring holder for microscopy (Attofluor cell chamber, Thermo Fisher
729 Scientific). Z stacks of sections were acquired with a PerkinElmer UltraVIEW VoX 3D
730 spinning-disc confocal microscope (Perkin Elmer, MA, USA) and then visually examined
731 using the Fiji software ⁵⁸ to identify regions of interest (ROIs). Sections on EM grids were

732 stained with 3% uranyl acetate (in 70% methanol) and lead citrate. Individual grids were placed
733 in a high-tilt holder (Fischione Model 2040) and loaded to a Tecnai TF20 electron microscope
734 (FEI) operated at 200 kV, equipped with a field emission gun and a 4K-by-4K pixel Eagle CCD
735 camera (FEI). To map all cell sections on grid, a full grid map was acquired using the SerialEM
736 software ⁶⁰. To identify ROIs in resin cell sections for image acquisitions, EM images and
737 imported SDCM images were pre-correlated in SerialEM using the fiducials as landmark points
738 ⁶¹ and single-axis tilt series were acquired in correlated positions using SerialEM with a tilt
739 range from -60° to $+60^\circ$, angular increment of 1° and a nominal pixel size of 1.13 nm.
740 Alignments and 3D reconstructions of tomograms were done with IMOD software ⁶². High
741 precision post-correlation was performed using eC-CLEM plugin ⁶³ in Icy software ⁵⁷.

742

743 *Quantitative image analysis of capsids acquired by CLEM-ET*

744 Segmentation, isosurface rendering and quantitative analysis of the capsid interior were done
745 in the Amira software (Thermo Fisher Scientific) as described in Zila et al. ²³. Briefly, to
746 exclude the CA layer density from the interior of manually segmented capsid, the ‘erosion’
747 algorithm was used to shrink the volume of segmented structure. The interior voxel intensity
748 median in shrunken volume was then determined using the ‘label analysis’ function and
749 normalized to intensity median of 3–5 volumes placed in the proximity of the structure. Only
750 structures fully covered in the EM section (not truncated at the section edge) were included in
751 the analysis.

752

753 *MDM vitrification and cryo-FIB milling*

754 MDM were detached by accutase (StemCell Technologies) according to the manufacturer’s
755 instructions. 4×10^4 MDM were seeded on glow discharged and UV-light sterilized 200-mesh
756 EM gold grids coated with R 2/2 holey carbon films (Quantifoil Micro Tool GmbH), which
757 were placed in a glass-bottomed ‘microwell’ of 35-mm MatTek dish (MatTek, Ashland, MA,
758 USA). After seeding, cells were cultured for an additional 24 h at 37°C . For infection, cells
759 were incubated with IN.mScarlet labeled NNHIV particles pseudotyped with R5-tropic 4059
760 Env at $60 \mu\text{U RT/cell}$ for 48 hours. Mock-infected and infected MDM were vitrified by plunge
761 freezing into liquid ethane at -183°C using an EM GP2 plunger (Leica Microsystems). The
762 blotting chamber was maintained at 37°C temperature and 90% humidity. Before plunge
763 freezing, 3 μl of culture medium were applied onto grids. Subsequently, the grids were blotted

764 from the back side for 3 s with a Whatman filter paper, Grade 1, and plunge frozen. The samples
765 were then cryo-FIB milled using an Aquilos 2 microscope (Thermo Fisher Scientific) similar
766 to a previously described workflow ⁶⁴. In brief, samples were coated with an organometallic
767 platinum layer using a gas injection system for 10 sec and additionally sputter coated with
768 platinum at 1 kV and 10 mA current for 10 sec. Milling was performed with AutoTEM (version
769 2.4.2) (Thermo Fisher Scientific) in a stepwise manner with an ion beam of 30 kV while
770 reducing the current from 1000 pA to 50 pA. Final polishing was performed with 30 pA current
771 with a lamellae target thickness of 200 nm.

772

773 *MDM cryo-ET data acquisition*

774 Cryo-ET data for infected and control macrophages were collected at 300 kV on a Titan Krios
775 G4 microscope (Thermo Fisher Scientific) equipped with a E-CFEG, Falcon 4 direct electron
776 detector (Thermo Fisher Scientific) operated in counting mode and Selectris X imaging filter
777 (Thermo Fisher Scientific). For each grid, montaged grid overviews were acquired with 205
778 nm pixel size. Montages of individual lamellae were taken with 30 nm pixel size. Tilt series
779 were acquired using SerialEM (version 4.0.20) ⁶⁰ in low dose mode as 4K x 4K movies of 10
780 frames each and on-the-fly motion-corrected in SerialEM. The magnification for projection
781 images of 53000x corresponded to a nominal pixel size of 2.414 Å. Tilt series acquisition
782 started from the lamella pretilt of $\pm 8^\circ$ and a dose-symmetric acquisition scheme ⁶⁵ with 2°
783 increments grouped by 2 was applied, resulting in 61 projections per tilt series with a constant
784 exposure time and targeted total dose of $\sim 135 e^-$ per \AA^2 . The energy slit width was set to 10 eV
785 and the nominal defocus was varied between -2.0 to -4.0 μm . Dose rate on the detector was
786 targeted to be $\sim 4\text{-}6 e^-/\text{px}/\text{sec}$.

787

788 *Tomogram reconstruction*

789 The motion corrected tilt series were corrected for dose exposure as previously described ⁶⁶
790 using a Matlab implementation that was adapted for tomographic tilt series ⁶⁷. Projection
791 images with poor quality were removed after visual inspection. The dose-filtered tilt series
792 were then aligned with patch-tracking in AreTomo (version 1.33) ⁶⁸ and reconstructed as back-
793 projected tomograms with SIRT-like filtering of 15 iterations at a binned pixel size of 9.656 Å
794 (bin4) in IMOD (version 4.11.5) ⁶² From the reconstructed tomograms, those containing
795 nuclear pore complexes and/or HIV capsids were selected by visual inspection.

796 The same tomograms were also reconstructed with 3D-CTF correction using novaCTF⁶⁹ with
797 phase-flip correction, astigmatism correction and 30 nm slab. Tomograms were binned 2x, 4x
798 and 8x using Fourier3D [B. Turoňová, turonova/Fourier3D: Fourier3D, Version v1.0, Zenodo
799 (2020)].

800

801 *HIV CA hexamer subtomogram averaging*

802 Capsid-like structures were identified in the infected macrophage SIRT-like filtered bin4
803 tomograms and then manually segmented in napari [napari contributors (2019). napari: a
804 multi-dimensional image viewer for python. doi:10.5281/zenodo.3555620]. The
805 segmentation was used to create a convex hull with the cryoCAT package. Subtomogram
806 averaging of the capsid hexamer was performed similarly to a previously described protocol
807¹⁵. In detail, first the segmented capsid surfaces (at 4x binning) were oversampled with a
808 sampling distance of 2 voxels and each position was assigned an initial orientation that was
809 determined based on the normal vector of the segmented cone surface at given position (the
810 in-plane angle was assigned randomly). Then the coordinates were multiplied by factor of 2
811 to obtain positions for bin2 tomograms. All subsequent subtomogram alignment and
812 averaging was performed with imposed C6 symmetry in novaSTA [Turoňová, B.
813 turonova/novaSTA: Advanced particle analysis, Version v1.1. Zenodo (2022)].
814 For virion capsids, the oversampled positions of four capsids were used to extract bin2
815 subtomograms from 3D-CTF corrected tomograms. These subtomograms were used to
816 generate an initial featureless average and then aligned for six iterations. A distance threshold
817 of 16 voxels was used to remove overlapping subtomograms (i.e. particle duplicates). Low
818 CCC threshold and/or incorrect orientation (both assessed visually in using ArtiaX⁷⁰ lead to
819 additional removal of subtomograms. The resulting subtomograms were then aligned for six
820 iterations to obtain a better average and lattice arrangement. After further removal of
821 suboptimal positions, the final subtomograms were again aligned for six iterations.
822 This STA map of the virion hexamer was then used as an existing reference (lowpass filtered
823 to 40 Å) to align all oversampled virion capsid positions and obtain more complete lattices.
824 The resulting positions were used to remove duplicates and suboptimal positions as described
825 above. After multiple iterations of removal of incorrectly oriented positions and then manual
826 addition of potential positions to complete the lattice again in ArtiaX⁷⁰, the final
827 subtomograms were again aligned for nine iterations (for final particle numbers see Table S1)

828 For capsids in the cytoplasm, inside NPCs or in the nucleus, the same procedure was applied.

829

830 *HIV CA pentamer subtomogram averaging*

831 All subsequent subtomogram alignment and averaging was performed with imposed C5
832 symmetry in novaSTA [Turoňová, B. turonova/novaSTA: Advanced particle analysis, Version
833 v1.1. Zenodo (2022)]. Positions and orientations for subtomogram averaging of the CA
834 pentamer were obtained by placing particles into the areas of the capsid lattice where
835 hexamers were arranged around a pentamer hole as visualized in ArtiaX⁷⁰. Virion candidate
836 positions were processed separately from cytoplasmic and inside NPC candidate positions. In
837 each case, the candidate positions were used to extract bin2 subtomograms from 3D-CTF
838 corrected tomograms. These subtomograms were used to generate an initial featureless
839 average and then aligned for nine iterations. Low CCC threshold and/or incorrect orientation
840 (both assessed visually in using ArtiaX⁷⁰ } led to additional removal of subtomograms. The
841 final subtomograms were aligned for nine iterations (for final particle numbers see Table S1).
842 For FSC calculations, the virion pentamer was treated as halfmap1 and EMD-3466¹⁵ as
843 halfmap2 and the resolution evaluated at FSC=0.5. The cytoplasmic pentamer map was
844 treated as halfmap1 and EMD-12457⁴⁰ as halfmap2 and the resolution evaluated at FSC=0.5.

845 *HIV CA pentamer template matching*

846 A published CA pentamer STA map (EMD-3466¹⁵) was downsampled to a pixel size of
847 4.828 Å (bin2 for this dataset) and then used as a search template to perform template
848 matching in parts of a bin2 tomogram with capsid-like structures using GAPSTOPTM
849 [https://gitlab.mpcdf.mpg.de/bturo/gapstop_tm]⁴². The angular search range was set to 5-
850 degree angular sampling. The highest CCC peaks from template matching were extracted
851 with their corresponding orientations and then visually inspected in ArtiaX⁷⁰ to obtain only
852 the plausible candidates that are oriented correctly to the capsid surface as visible in the
853 tomogram.

854 *NPC particle selection and subtomogram averaging*

855 Positions of NPCs were manually selected in the bin4 SIRT-like filtered tomograms as
856 described previously⁷¹. Extraction of particles from the novaCTF-corrected tomograms,

857 subtomogram alignment and averaging was performed using novaSTA [Turoňová, B.
858 turonova/novaSTA: Advanced particle analysis, Version v1.1. Zenodo (2022)]. NPC
859 averaging was performed as described previously²⁵. First, an average of the whole NPC was
860 obtained while utilizing C8 symmetry and a cylindrical mask. Next, coordinates of the
861 subunits were extracted based on the aligned positions using C8 symmetry. With these
862 subunit positions an average structure of the asymmetric unit of the NPC was obtained using
863 an elliptical mask. To obtain averages of individual NPC rings, first particle positions were
864 re-centered to the respective area (CR, IR, NR, LR, nuclear basket) based on their position in
865 the subunit average. Then the newly extracted bin4 subtomograms for the individual rings
866 were aligned and averaged with elliptical masks. To generate C8 symmetric composite NPC
867 maps, first the final averages of individual ring maps were fitted into the asymmetric subunit
868 average. Then the composite map was created by applying symmetry based on the
869 coordinates used for splitting the initial whole NPC average into asymmetric units. The entire
870 NPC STA procedure was first performed for control and infected macrophage NPCs
871 separately and then redone for the combined set of NPCs after determining no discernible
872 difference between the two macrophage NPC structures (control and infected).

873

874 *NPC diameter measurements*

875 The NPC diameters at different points were measured based on the coordinates obtained from
876 STA maps of individual rings (CR, IR, NR) using previously published MATLAB scripts²⁵.
877 Using ChimeraX⁷², the measurement point of interest coordinates in the individual ring
878 average were determined with the marker tool and the particle list coordinates were offset by
879 the shift between the center of the average and the measurement point of interest. Only NPCs
880 with five or more subunits were considered for diameter measurement of NPCs. As
881 previously described²⁵, line segments were determined that connected opposing subunits for
882 each individual NPC. The NPC center was defined as the point to which the distance of all
883 line segments was minimal. The NPC radius was calculated as the distance from the center to
884 each subunit. Data was plotted using Prism9 software (Figure S3 C,D). Statistical
885 significance was tested using unpaired two-tailed t test in Prism9.

886 *NPC ring subunit template matching*

887 The obtained bin4 STA averages for CR, IR and NR were masked to only include a single
888 subunit and then used as search templates (lowpass filtered to 30 Å) to perform template
889 matching in full 3D-CTF-corrected bin4 tomograms with visible NPCs using GAPSTOPTM
890 [https://gitlab.mpcdf.mpg.de/bturo/gapstop_tm] ⁴² based on the STOPGAP software package
891 ⁷³. The angular search range was set to a 6-degree sampling which has been shown to
892 increase TM performance ⁴². The constrained cross-correlation (CCC) peaks which had
893 values 7x above the mean of the CCC-volume were extracted with their corresponding
894 orientations and then manually cleaned in the ArtiaX plugin ⁷⁰ for ChimeraX ⁷² to obtain only
895 plausible candidates that are oriented correctly in the nuclear envelope. This resulted in three
896 different particle sets for CR, IR, NR with all template matched subunit coordinates and
897 orientations for each tomogram. The association of each ring subunit to individual NPCs was
898 determined using cryoCAT package [Turoňová, B. <https://github.com/turonova/cryoCAT>].
899

900 *NPC ring subunit interior angle of polygon (IAOP) measurements*

901 To obtain the interior angle of the polygon (IAOP) (see Figure 5C cartoon), i.e. the rotation
902 around the symmetry axis from a given to the neighboring subunit, in each NPC ring (CR, IR,
903 NR) an in-house python script was used. First, the circle center for each NPC ring was
904 determined using preexisting code [[https://meshlogic.github.io/posts/jupyter/curve-
905 fitting/fitting-a-circle-to-cluster-of-3d-points/](https://meshlogic.github.io/posts/jupyter/curve-fitting/fitting-a-circle-to-cluster-of-3d-points/)]. Here a threshold of at least four subunits per
906 NPC ring was used to ensure accurate circle fitting. Then the angle between neighboring
907 vectors connecting the circle center to the center of each subunit as determined by template
908 matching was calculated. To ensure that only the direct neighbor angles were measured a
909 threshold of 55° was applied and then only NPC rings with three or more angle
910 measurements were included in the final analysis. To determine statistical significance of the
911 measured angles in NPC rings between infected and control macrophages a threshold of
912 42.5° (the halfway point between the angle of a regular C8-symmetric NPC with 45° and the
913 angle of a C9-symmetric NPC with 40°) was chosen. Then the number of NPCs that had a
914 median subunit angle of less than 42.5° and those above or equal to the threshold were
915 extracted from the data and subjected to a Fisher's exact test (Prism 9 software). Data was
916 plotted using Python (Figure 5C, S4).

917 *In-situ capsid modeling*

918 A multi-step approach was employed to construct an atomic model of a complete *in situ* HIV
919 capsid. STA for hexamers and TM for pentamers applied to a single and relatively well-resolved
920 cone-shaped capsid yielded the centers of 141 hexamers and 8 pentamers (Figure S5A1,2).
921 From these, the capsid surface was estimated as a convex hull (Figure S5A3) using the ArtiaX
922 boundary method ⁷⁰ in ChimeraX ⁷². The position of missing points in the cone lattice were
923 then determined by oversampling random points on the surface of the convex hull and keeping
924 points closest to the expected positions based on the translation vectors of the existing
925 neighbors. Those with the most neighbors were iteratively selected, adding them one-by-one
926 to the list. Once complete, the positions of the 46 added lattice points (~24% of the total) were
927 visually inspected and manually adjusted in ChimeraX ⁷² (Figure S5A4).

928 In the next step, the lattice was globally relaxed by annealing a coarse-grained particle model
929 (Figure S5A5). Hexamers and pentamers were represented as beads. The six neighboring beads
930 of hexamers, and the five of pentamers were connected by harmonic springs $\kappa(r - r_0)^2/2$ with
931 r the pair distance, $r_0 = 9.3$ nm the distance between hexamers obtained by placing atomic
932 models ^{74,75} in the experimental STA of the hexamer which included the first neighbor, and
933 $\kappa = 3$ kJ·mol⁻¹·nm⁻² the spring constant. In addition, the beads were softly tethered to their
934 initial position by a potential $kd^2/2$ with d the distance and
935 $k = 1.0$ kJ·mol⁻¹·nm⁻² the spring constant. The total energy was annealed using Gromacs 2022
936 ⁷⁶ by reducing the temperature linearly from 300 K to 10 K in 10000 steps of molecular
937 dynamics.

938 Finally, the complete capsid was built by replacing each bead with atomic models of hexamers
939 (PDB ID: 8ckv ⁷⁴) and pentamers (PDB ID: 8g6l ⁷⁵) rotated and translated according to the
940 lattice (Figure S5A6). Missing loop residues were modeled using Swiss model ⁷⁷.

941

942 *Coarse-grained model of NPC and HIV capsid*

943 We built coarse-grained models of the NPC and the HIV capsid in which each amino acid of
944 the proteins is mapped into a single particle ⁴⁴. The beads are categorized as protein residues
945 (p), membrane particles (m) and HIV capsid particles (c). The protein group has further sub-
946 categories: scaffold residues (sc) and FG residues (FG) of NPC proteins; outer (CA) and inner
947 (CAⁱ) residues of CA hexamers and CA pentamers building the HIV capsid; and the particles
948 containing inside the HIV capsid (HIV_{in}). The potential energy of the system was given by

$$\begin{aligned}
 U &= U_{\text{LJ}} + U_{\text{FENE}} \quad [1] \\
 &= 4k_B T \sum_{i < j, r_{ij} < r_c^\alpha, i, j \in p, m} \left\{ \tilde{\epsilon}_{ij} \left[\left(\frac{\sigma_{ij}}{r_{ij}} \right)^{12} - \left(\frac{\sigma_{ij}}{r_{ij}} \right)^6 \right] - U_{\text{LJ}}(r_c^\alpha) \right\} \\
 &\quad + 4k_B T \sum_{\langle i, j=i+1 \rangle, i, j \in p, r_{ij} < \frac{1}{2} \bar{\sigma}} \left[\left(\frac{\sigma}{r_{ij}} \right)^{12} - \left(\frac{\sigma}{r_{ij}} \right)^6 + \frac{1}{4} \right] \\
 &\quad - \sum_{\langle i, j=i+1 \rangle, i, j \in p} 0.5 k_{\text{FE}} R_{\text{FE}}^2 \ln \left[1 - \left(\frac{r_{ij}}{R_{\text{FE}}} \right)^2 \right]
 \end{aligned}$$

949 The non-bonded interactions between particles i and j in all categories are modelled by
 950 Lennard-Jones (LJ) potentials, whose strength $\tilde{\epsilon}_{ij}$, length σ_{ij} , and cut-off values r_c^α are listed
 951 in Table S2A. The bond potential between neighboring beads along the FG-proteins is
 952 expressed by the FENE potential⁷⁸ with $k_{\text{FE}} = 30k_B T$ and $R_{\text{FE}} = 1.5\sigma$. All simulations were
 953 performed in LAMMPS (Release date: Sept. 2021)⁷⁹. Times are reported in units of $\tau =$
 954 $\sqrt{m\sigma^2/k_B T}$, with m the bead mass. Box sizes are listed in Table S2B, and MD run lengths in
 955 Table S2C.

956 A coarse-grained representation of the nuclear envelope separating the cytoplasm and
 957 nucleoplasm was built as described⁴⁴. We first built a tightly packed 100x100 nm² coarse-
 958 grained POPC lipid bilayer patch (command: *insane.py -l POPC -x 100 -y 100 -z 100 -a 0.3 -*
 959 *o bilayer.gro*). With this patch, we created a half-toroidal membrane pore using the BUMPY
 960 software⁸⁰ (command: *bumpy.py -s double_bilayer_cylinder -f bilayer.gro -z 10 -g*
 961 *l_cylinder:10 r_cylinder:550 r_junction:120 l_flat:2560*). We then placed particle beads at the
 962 phosphate groups of the bilayer.

963 For the NPC, we used the dilated NPC based on PDB-ID: 7R5J²⁶ with the following FG-Nups
 964 anchored as in model II of⁴⁴: NUP54, NUP58, NUP62, NUP98, POM121, NUP214, NUP153
 965 and NUP358. Both NPC scaffold and membrane particles were fixed during the simulations.
 966 A LJ potential with large repulsive range prevented the escape of FG-Nups into the lumen of
 967 the nuclear envelope (Table S2A). To match experiments⁴⁴, we set the FG-FG interaction
 968 strength to $\tilde{\epsilon}_{\text{FG-FG}} = 0.42$ for all simulations unless otherwise stated. For $\tilde{\epsilon}_{\text{FG-FG}} = 0.42$, FG-
 969 Nup98 (aa1-499) was found to be close to the critical point of protein condensate formation⁴⁴.
 970 We confirmed that for $\tilde{\epsilon}_{\text{FG-FG}} = 0.42$ the FG-Nup98 root mean squared extension in the
 971 dilated NPC structure used here agrees with the experimental FLIM-FRET measurements
 972 (Figure S5C).

973

974 *Labelling the outer surface particles of HIV capsid*

975 In our model, FG-Nups bind only to the outer surface of the HIV capsid. To identify the outer
976 surface, we placed the coarse-grained HIV capsid inside a cubic box of size 441σ with 500
977 FG-Nup98 chains (aa1-499) and ran MD simulations using a Langevin thermostat⁸¹ with
978 damping coefficient 10τ . We treated the HIV capsid as a rigid body using a rigid body
979 integrator with a Langevin thermostat and a damping coefficient 3000τ (LAMMPS command:
980 *fix rigid langevin molecule*). With weak interaction strengths between FG-Nup and HIV capsid
981 particles, $\tilde{\epsilon}_{\text{FG-FG}} = \tilde{\epsilon}_{\text{FG-CA}} = 0.2$, the chains formed coil configurations and explored the outer
982 surface of HIV capsid. We did not observe the penetration of chains into the HIV capsid.
983 Particles within 1.5σ of the capsid were stored every 1000τ for $4.5 \times 10^5\tau$. We labelled an
984 HIV capsid particle as an outer particle if it contacted at least one FG-Nup particle during the
985 simulation. We then labelled all equivalent particles across the 182 CA hexamers and 12 CA
986 pentamers as outer particles, and all others as inner particles. We then filled the interior of the
987 capsid with “cargo,” primarily RNA, modeled as particles on a cubic lattice (400807 particles
988 with lattice constant $\sigma_{\text{lattice-lattice}} = 2^{-\frac{1}{6}}\sigma$). Figure S5B shows the cut view of the HIV capsid
989 with inner lattice particles. We do not show the inner lattice particles in other figures.

990

991 *Binding affinity of a strand of FG-Nup153 to CA hexamers*

992 We estimated the effective FG-CA hexamer interaction strength by matching the calculated
993 binding affinity of a single CA hexamer and a fragment of FG-Nup153 to the experimentally
994 measured value¹⁷. A single CA hexamer and a 17-mer fragment of FG-Nup153 (aa1407-
995 aa1423) were simulated inside a cubic box of size $60\sigma = 36\text{ nm}$. We sampled the cross
996 interaction potential between CA hexamer and oligomer $U_{\text{FG-CA}}(t)$ every 10τ for $10^7\tau$, with
997 pair interactions truncated and shifted at 2σ . We defined CA hexamer and oligomer as bound
998 if the interacting energy was lower than the threshold energy: $U_{\text{FG-CA}} < U_{\text{th}}$. The probability
999 of the bound state was calculated as $P_b = \sum_{i=1}^N \frac{H(U_{\text{th}} - U_{\text{FG-CA}}(t_i))}{N}$, where $N = 10^6$ is the number
1000 of sampled energies, and $H(x) = 1$ for $x > 0$ and $H(x) = 0$ otherwise is the Heaviside
1001 function. The dissociation constant as a measure of the binding affinity is calculated as $K_d =$
1002 $\frac{(1-P_b)^2}{N_A V P_b}$, where N_A is the Avogadro number and $V = (36\text{ nm})^3$ the box volume. As shown in
1003 Figure S5D,E, we found that for interaction strengths close to $\tilde{\epsilon}_{\text{FG-CA}} = 0.5$ the calculated
1004 binding affinity matches the experimental value $K_d^{\text{exp}} = 49\mu\text{M}$ ¹⁷ independent of threshold
1005 energy and damping coefficient of the Langevin thermostat.

1006 *Modelling cracks in NPC scaffold*

1007 We modelled a crack in the NPC scaffold by cutting its rings and pulling them apart at the seam
 1008 to resemble a nine-fold symmetric scaffold. For this, the coordinates of scaffold beads in the
 1009 cylindrical coordinate system $\{r, \theta, z\}$ were mapped into new coordinates $\{r_n, \theta_n, z_n\}$ according
 1010 to

1011

$$r_{i,n} = \mathcal{R} r_i \quad [2]$$

$$\theta_{i,n} = \begin{cases} \frac{8}{9}(\theta_i - \theta_0) + \frac{\pi}{9}, & \text{for } \theta_i > \theta_0 \\ \frac{8}{9}(\theta_i - \theta_0) + \frac{\pi}{9}, & \text{for } \theta_i < \theta_0 \end{cases}$$

$$z_{i,n} = z_i$$

1012 \mathcal{R} is the radial scaling factor, θ_0 is the reference angle at which the NPC scaffold is cracked
 1013 and the z coordinates of the beads are kept identical as in the intact NPC. This map retains the
 1014 local interactions of the structure except at the crack. For scaling factors of $\mathcal{R} = 1.2$ and $\mathcal{R} =$
 1015 1.45, the inner-ring diameters D_{in} widens from 58 nm to 69.6 nm and 84.1 nm, respectively.
 1016 With $\theta_0 = 0.1031$ rad, we set the crack interface between two spokes of the NPC scaffold in
 1017 our model. To fit the nuclear envelope around the new cracked NPC, we rescaled the radial
 1018 coordinates of the membrane particles by factors 1.14 and 1.38 for $\mathcal{R} = 1.2$ and $\mathcal{R} = 1.45$,
 1019 respectively. The resulting structures of the NPC scaffold are shown in Figure S6A-F.

1020 To model the dispersion in NPC diameters seen in the experiments (Figure S3D), we built intact
 1021 NPC models with different scaffold pore dimensions. For this, we radially scaled the scaffold
 1022 bead positions of the intact in-cell NPC without opening a lateral void by using the mapping

1023

$$r_{i,n} = \mathcal{R} r_i \quad [3]$$

$$\theta_{i,n} = \theta_i$$

$$z_{i,n} = z_i$$

1024 To equilibrate the cracked and intact expanded NPCs, the FENE bond potential was initially
 1025 replaced by a harmonic bond potential with $U_{har} = 0.5k_{harm} \sum_{\langle i,j=i+1 \rangle, i,j \in p} 0.5k_{har} (r_{ij} -$
 1026 $\sigma)^2$, where $k_{harm} = 10^4 k_B T \sigma^{-2}$ and the sum runs over all bonded neighboring beads, i.e.

1027 $\langle i, j = i + 1 \rangle$. The systems were equilibrated for $131 \times 10^3 \tau$. Then the harmonic bonds were
1028 replaced with the FENE bond and the systems were equilibrated for at least $18 \times 10^3 \tau$.

1029

1030 *Force-driven passage of HIV capsid through NPC*

1031 We probed the passage of HIV capsids through NPCs in MD simulations with a force acting
1032 on the capsid pointing in a direction normal to the nuclear envelope. We aligned the long axis
1033 of the HIV capsid with the NPC symmetry axis. We placed the HIV capsid in the cytosol at a
1034 height of $z_i - z_c = -144$ nm of its center, where z_i is the NPC's inner-ring position. Then we
1035 applied a force $-\frac{10^{-3}k_B T}{\sigma} \approx -6.85 \times 10^{-3}$ pN directed along the z direction toward the
1036 nucleus onto each HIV capsid particle, amounting to a total force of 4.488 nN. The total
1037 simulation runs were $10^4 \tau$. For reference, we also simulated NPCs without FG-Nups. The
1038 position of the HIV capsid center as a function of the simulation time is shown in Figure S6G-
1039 L for three replicas. For the intact in-cell NPC ($D_{in} = 58$ nm), the HIV capsid remained stuck
1040 inside the NPC, with steric collisions blocking the translocation through the NPC scaffold even
1041 without FG-Nups. By contrast, the HIV capsid can translocate through the intact expanded
1042 NPC ($D_{in} = 69.9$ nm, $\mathcal{R} = 1.2$) and cracked NPCs ($D_{in} = 69.9$ nm, $\mathcal{R} = 1.2$ and $D_{in} =$
1043 84.1 nm, $\mathcal{R} = 1.45$).

1044

1045 *Free energy profile for HIV capsid passage through NPC*

1046 We used MD simulations to determine the free energy profile for HIV capsid passage through
1047 NPCs. We extracted a set of initial configurations at different capsid positions from the MD
1048 simulations of force-driven NPC passage described above. We then fixed the HIV capsid in
1049 space and ran simulations for $188 \times 10^3 \tau$. After $90 \times 10^3 \tau$ of equilibration, we averaged the
1050 total force on the HIV capsid directed along the z -axis every 10τ . Figures S7A-C show the
1051 final configurations for different HIV capsid positions along the translocation path. Figure S7D
1052 shows the total force on the HIV capsid per CA monomer (with a total of 1152 monomers in
1053 the HIV capsid). As described in the analysis of force-driven passage, steric clashes prevent
1054 the HIV capsid from translocating beyond $z_i - z_c > -10$ nm in the intact in-cell NPC. We
1055 obtained the potential of mean force by integrating the mean force along the translocation path,
1056 $\Delta F(z) = \int_{z_1}^z F_z(z) dz$, where z_1 is the initial position on the cytoplasmic side. For the intact in-
1057 cell NPC, numerical integration gave a free energy minimum at $z_i - z_c = -30.5$ nm. For the
1058 cracked NPCs with $D_{in} = 69.9$ nm and $D_{in} = 84.1$ nm, we fitted two Gaussian functions

1059 $F_z(z) = a_1 e^{-\left(\frac{z-b_1}{\sqrt{2}c_1}\right)^2} + a_2 e^{-\left(\frac{z-b_2}{\sqrt{2}c_2}\right)^2}$ to the force data with the symmetry constraint
1060 $\int_{-\infty}^{+\infty} F_z(z) dz = 0$. The fitting parameters are listed in Table S2D. For the cracked NPCs, the
1061 minima of the free energy are at $z_i - z_c = -1$ nm and 7 nm, respectively (Figure 6D).

1062

1063 *Release and tilt of HIV capsid inside NPC*

1064 The HIV capsid was released inside intact and cracked NPCs with $\tilde{\epsilon}_{FG-CA} = 0.5$. In MD
1065 simulations of at least 2×10^5 (Table S2C), the capsid position and orientation was relaxed.

1066 The final orientations of the released HIV capsids are shown in Figure 6E.

1067 **Data availability:**

1068 HIV capsid hexamer and pentamer maps reported in this paper will be deposited in the EMDB
1069 with accession codes XXX and released upon publication. The NPC maps will also be
1070 deposited in the EM Data Bank with accession codes XXX and released upon publication.

1071 The complete HIV capsid model used for simulations will be available at PDB-Dev with
1072 accession code XXX and released upon publication.

1073 The raw tilt series and alignment files for both HIV- and mock infected conditions will be
1074 deposited on EMPIAR with accession codes XXX and available upon publication.

1075 Initial configurations and trajectories of the MD simulations will be made available upon
1076 publication at zenodo.org under CC-BY license.

1077

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1094

1095 **Author contributions:**

1096 J.P.K., V.Z., G.H., H.-G.K. and M.B. conceived the project. V.Z. designed and performed the
1097 fluorescence microscopy and CLEM experiments with help from V.L. and analyzed data.

1098 J.P.K. performed the cryo-ET data acquisition with help from S.W.. J.P.K. performed

1099 subtomogram averaging, template matching and subsequent data analysis with help from B.T.

1100 M.H. performed the MD simulations with help from S.C.-L. The manuscript was written by

1101 J.P.K., M.H., V.Z., G.H., H.-G.K. and M.B. A.O.-K. and J.K. provided important

1102 contributions to NPC structure analysis and statistical analysis respectively. All authors

1103 contributed to manuscript editing and approved the final manuscript.

1104

1105 **Competing interests:**

1106 The authors declare no competing interests.

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