

FTY720 Treatment in the Convalescence Period Improves Functional Recovery and Reduces Reactive Astrogliosis in Photothrombotic Stroke

Robert Brunkhorst^{1,2*}, Nathalie Kanaan^{1,2}, Alexander Koch², Nerea Ferreirós³, Ana Mirceska², Pia Zeiner^{1,4}, Michel Mittelbronn⁴, Amin Derouiche⁵, Helmuth Steinmetz¹, Christian Foerch¹, Josef Pfeilschifter², Waltraud Pfeilschifter^{1,2}

1 Department of Neurology, Goethe University Hospital, Frankfurt am Main, Germany, **2** Department of General Pharmacology and Toxicology, Goethe University Hospital, Frankfurt am Main, Germany, **3** Department of Clinical Pharmacology, Goethe University Hospital, Frankfurt am Main, Germany, **4** Department of Neuropathology, Goethe University Hospital, Frankfurt am Main, Germany, **5** Department of Anatomy II, Goethe University Hospital, Frankfurt am Main, Germany

Abstract

Background: The Sphingosine-1-phosphate (S1P) signaling pathway is known to influence pathophysiological processes within the brain and the synthetic S1P analog FTY720 has been shown to provide neuroprotection in experimental models of acute stroke. However, the effects of a manipulation of S1P signaling at later time points after experimental stroke have not yet been investigated. We examined whether a relatively late initiation of a FTY720 treatment has a positive effect on long-term neurological outcome with a focus on reactive astrogliosis, synapses and neurotrophic factors.

Methods: We induced photothrombotic stroke (PT) in adult C57BL/6J mice and allowed them to recover for three days. Starting on post-stroke day 3, mice were treated with FTY720 (1 mg/kg b.i.d.) for 5 days. Behavioral outcome was observed until day 31 after photothrombosis and periinfarct cortical tissue was analyzed using tandem mass-spectrometry, TaqMan[®] analysis and immunofluorescence.

Results: FTY720 treatment results in a significantly better functional outcome persisting up to day 31 after PT. This is accompanied by a significant decrease in reactive astrogliosis and larger post-synaptic densities as well as changes in the expression of vascular endothelial growth factor α (VEGF α). Within the periinfarct cortex, S1P is significantly increased compared to healthy brain tissue.

Conclusion: Besides its known neuroprotective effects in the acute phase of experimental stroke, the initiation of FTY720 treatment in the convalescence period has a positive impact on long-term functional outcome, probably mediated through reduced astrogliosis, a modulation in synaptic morphology and an increased expression of neurotrophic factors.

Citation: Brunkhorst R, Kanaan N, Koch A, Ferreirós N, Mirceska A, et al. (2013) FTY720 Treatment in the Convalescence Period Improves Functional Recovery and Reduces Reactive Astrogliosis in Photothrombotic Stroke. PLoS ONE 8(7): e70124. doi:10.1371/journal.pone.0070124

Editor: Christoph Kleinschnitz, Julius-Maximilians-Universität Würzburg, Germany

Received: February 5, 2013; **Accepted:** June 17, 2013; **Published:** July 31, 2013

Copyright: © 2013 Brunkhorst et al. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

Funding: R. Brunkhorst was supported by a stipend of the Medical Faculty of the Goethe-University (Patenschaftsmodell). J. Pfeilschifter was supported by the German Research Foundation (FOG 784 and PF361/7-1). J. Pfeilschifter and W. Pfeilschifter were supported by the Hans Kröner Graduate School. The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript.

Competing Interests: The authors have declared that no competing interests exist.

* E-mail: robert.brunkhorst@kgu.de

Introduction

Stroke is the leading cause of serious long-term disability in developed countries. [1] Among stroke survivors, 50% suffer from a hemiparesis 6 months after stroke. [2] Many clinical trials of neuroprotective substances failed in the past. Therefore, stroke prevention and revascularization are still the main therapeutic options in stroke care. The failure of many experimentally successful neuroprotective agents in clinical trials may be due to the fact that many neuroprotectants inhibit not only mechanisms of damage, but also mechanisms of recovery. [3] FTY720 has emerged as a promising agent which has shown acute neuroprotective properties in different stroke models in mice and rats that have been reproduced by several independent laboratories. [4,5,6]

However, whether FTY720 also has an effect on long-term outcome when administered in the remodeling phase starting several days post-stroke has not yet been studied.

Any damage to the brain leads to transcriptional, biochemical and morphological changes in astrocytes termed reactive astrogliosis. [7] The signaling cues leading to this damage are only partly known, but appear to be influenced by the cause of damage. [8] The resulting glial scar is widely considered to have a negative impact on mechanisms of recovery. [9] However, positive aspects of reactive astrocytes have also been shown. [10] S1P could be a direct mediator of reactive gliosis via activation of specific G protein-coupled S1P receptors, S1PR₁₋₅. [11,12] Some recent reports suggest that S1P and the S1P receptor agonist FTY720

influences glial scarring in experimental autoimmune encephalitis and spinal cord injury. [13,14].

We examined whether behavioral recovery could be pharmacologically enhanced by delayed administration of FTY720 in a model of stroke assessing functional outcome over 31 days, astrocytic reactivity, synaptic morphology and as a possible mechanism of recovery, the influence of FTY720-treatment on the expression of neurotrophic factors. We furthermore studied the concentrations of S1P, FTY720 and phospho-FTY720 (pFTY720) and the expression levels of key enzymes of S1P metabolism in the periinfarct cortex.

Methods

Animals and Experimental Model of Photothrombotic Stroke

Male C57BL/6 mice (6–12 weeks old, strain J) were used in accordance with the National Institute of Health Guide for the Care and Use of Laboratory Animals (NIH Publications No. 80-23, revised 1996). All animal experiments were approved by the local government authorities (Regierungspraesidium Darmstadt). Stroke was induced by photothrombosis (PT) as described previously. [15] Briefly, after injection of buprenorphine, inhalative anesthesia using 2% isoflurane was performed. A cold light source (KL1500, LCD, Zeiss, Jena, Germany) was connected to a 40× objective, resulting in a 3 mm diameter light beam. The beam was stereotactically placed 1.5 mm lateral to the bregma. 5 minutes after the injection of 0.2 ml rose-bengal (Sigma-Aldrich, Taufkirchen, Germany; 10 mg/ml), the skull of the animal was illuminated for 15 minutes, inducing a focal stroke within the animal's right-hemispheric motor cortex. At the indicated time points, animals were killed using an overdose of isoflurane.

Sample Size Calculation, Experimental Groups and Randomization Procedure

Sample size calculations for the behavioral analysis as our main outcome measure were performed using a pilot group of 10 animals analyzed independently of the actual experiments. Defining an absolute difference of 10% as relevant for the cylinder task (CT) and 5% in the grid walking test (GWT) and expecting a standard deviation of 11% in the CT and 5% in the GWT derived from this pilot study, we calculated the minimal sample size to be $n = 19$ for the CT and $n = 16$ for the GWT to achieve a statistical power of 80% with a 0.05 probability of a type I error.

An overview of the experimental groups is given in Table 1.

3 days after PT, mice were randomized using “pseudorandom” numbers (Urbaniak GC, Plous S. Research Randomizer, Version 3.0; 2011. www.randomizer.org; accessed April 22, 2011) and

treatment with i.p. FTY720 (Selleck Chemicals) 1 mg/kg b.i.d. for 5 days versus 0.9% saline was started.

Behavioural Analysis

Analysis of the behavioural outcome after PT was performed as described previously. [15] The video analysis was done by an examiner blinded to the treatment groups. The GWT was performed in a cage with an area of 600 cm². The bottom was replaced by a mesh with an opening width of 1 cm². The cage was placed at a height of 20 cm. A mirror placed under the cage allowed recording the mice walking on the grid on video for 5 min. The total number of steps was counted, whereas one step is defined as the movement of all four limbs. Furthermore the foot faults of the left paretic forepaw were counted. A foot fault is defined by a limb going through the grid or the paw resting on the grid only with its wrist.

For the CT, animals were placed in a plexiglas cylinder. While mice explored the surface by rearing up on their hindlimbs, the time of wall placement was recorded for the right forelimb, left forelimb and both forelimbs simultaneously. The difference between paretic (left) and non-paretic (right) plus bilateral placement was evaluated for each mouse.

Transcardial Perfusion and Immunohistochemistry

For immunofluorescence, FTY720- and saline-treated mice ($n = 6$ per group) were sacrificed 7 days after PT. After perfusion with 0.1 M phosphate buffered saline (PBS), transcardial perfusion with cold 4% paraformaldehyde (PFA) in 0.1 M PBS was performed for 20 min, followed by 100 min of postfixation in 4% PFA. 40 μm slides were cut using a vibratome. For postsynaptic density protein 95 (PSD-95) immunofluorescence, a permeabilization step with 0.05% Triton X-100 was followed by preincubation with 10% normal horse serum and 4% Bovine Serum Albumin. Primary antibodies used here were a mouse anti-GFAP-Cy3 antibody (Sigma-Aldrich, clone G-A-5) and a rabbit anti-PSD-95 antibody (Abcam, ab18258), as a secondary antibody a donkey-anti-rabbit-Alexa488 antibody (Dianova, 711-486-152).

Measurement of Reactive Astroglia

All slides of one experiment were incubated within the same dish, and microscopy performed strictly under the same conditions. We replicated our staining three times. Continuous images were taken from the entire ipsilateral cortex and arranged using the “panorama” function of the Axio Vision 4.8 software (Carl Zeiss, Jena, Germany). Using ImageJ (NIH, Bethesda, Maryland, USA), a 100 μm² grid was projected on the entire image. The images 100–200 μm from the infarct border and 100–300 μm

Table 1. Experimental groups and number of mice entered into the study.

	n of sham-operated mice	n of control mice (saline = 0.9% NaCl)	n of FTY720-treated mice (1 mg/kg b.i.d. d3 to d7)
Behavioral analysis			
observation period 28 days following PT; assessment at day 7, day 14 and day 28	–	20	20
Immunofluorescence			
at day 8 after PT (GFAP, PSD95)	–	6	6
Taqman-PCR and lipid tandem mass spectrometry			
at day 4 after PT	d4 10	d4 10	d4 10

doi:10.1371/journal.pone.0070124.t001

below the pia mater were taken for quantitative measurements with ImageJ. After setting the threshold within a replication at the same grey value, glial fibrillary acidic protein (GFAP)-immunoreactive area was measured using ImageJ.

Measurement of PSD-density and Size

Postsynaptic density protein 95 (PSD95) immunofluorescence was performed as previously described. [16] After staining of brain sections, 16–20 z-stacks of 2 μm thickness of the periinfarct cortex (100–200 μm from the infarct border and 100–300 μm below the pia) were taken by a Zeiss confocal microscope, starting 5–10 μm below the surface of the slide. After deconvolution with the Richardson-Lucy Algorithm, unimodal thresholding was performed using matlab (The MathWorks, Natick, Massachusetts, USA). The Vamp2d plugin was used to visualize synapse size and the vamp3d dissection method to visualize synapse number. The ImageJ function “particle analyzer” was used to do the actual measurement.

RT-PCR Analysis

After the indicated time points, mice brain tissue samples for PCR analysis were excised and immediately snap-frozen in liquid nitrogen. After homogenization for 1 min with 50 Hz using TissueLyser LT (Qiagen, Hilden, Germany), 1.2 μg of total RNA was isolated with TRIZOL™ reagent (Sigma-Aldrich, Steinheim, Germany) according to the manufacturer’s protocol and used for reverse transcriptase-polymerase chain reaction (RT-PCR; Revert Aid™ first strand cDNA synthesis kit, Thermo Fisher Scientific, St. Leon-Rot, Germany) utilizing an oligo (dT) primer for amplification.

Real-time PCR (TaqMan®) was performed using Applied Biosystems 7500 Fast Real-Time PCR System. Probes, primers, and the reporter dyes 6-FAM and VIC were from Life Technologies (Darmstadt, Germany). The cycling conditions were as following: 95°C for 15 min (1 cycle), 95°C for 15 s and 60°C for 1 min (40 cycles). The threshold cycle (C_t) was calculated by the instrument software (7500 Fast System SDS Software version 1.4). Analysis of the relative mRNA expression was performed using the $\Delta\Delta C_t$ method. The housekeeping gene GAPDH was used for normalization.

S1P and FTY720 Quantification by Liquid Chromatography Tandem Mass Spectrometry (LC/MS/MS)

For quantification of S1P, FTY720 and its phosphate derivative FTY720-phosphate (pFTY720) about 10 mg tissue were homogenized with PBS and liquid-liquid extracted with methanol:chloroform:HCl (15:83:2). This analytical procedure has been slightly modified from the method published elsewhere. [17].

Statistical Analysis

All results are displayed as means \pm SD. Statistical significance was assessed with Student’s two-tailed unpaired t-test for two-group analyses and one-way ANOVA with Bonferroni correction for multigroup analyses. Differences with $P < 0.05$ were considered to be significant.

Results

Delayed Treatment with FTY720 Improves Functional Neurological Outcome after PT over the Entire Observation Period of 31 Days

All deaths observed during our study occurred within the first 3 days after surgery, before randomization and we did not need to exclude animals from our study. Before the operation, mice of FTY720- and saline-treated groups show the same behavioral

status with an almost zero dexterity result in the CT as well as the GWT.

At day 7, both tests reveal the extent of the motor cortex lesion, with all animals showing a stronger use of their ipsilateral limb in the CT and performing clearly more foot faults in the GWT as compared to baseline.

Animals treated with FTY720 show a significantly lower deficit in both tests at day 7. In the CT (Fig. 1a), FTY720-treated mice show a significantly lower preference of their non-paretic forepaw as compared to saline-treated mice (FTY720-treated mice: $45.3 \pm 15.2\%$, saline-treated mice: $57.5 \pm 14.2\%$, $P = 0.0125$, $n = 20/\text{group}$). In the GWT (Fig. 1b), FTY720-treated mice show significantly lower percentage of foot faults of the paretic forepaw as compared to saline-treated mice (FTY720-treated mice: $16.8 \pm 3.5\%$, saline-treated mice: $21.3 \pm 5.4\%$, $P = 0.0034$, $n = 20$). This effect persists up to day 31, as reflected in the CT ($29.3 \pm 11.7\%$ versus $37.1 \pm 7.8\%$, $P = 0.0177$, $n = 20$) as well as in the GWT ($14.8 \pm 6.2\%$ versus $19.1 \pm 5.7\%$, $P = 0.028$, $n = 20$).

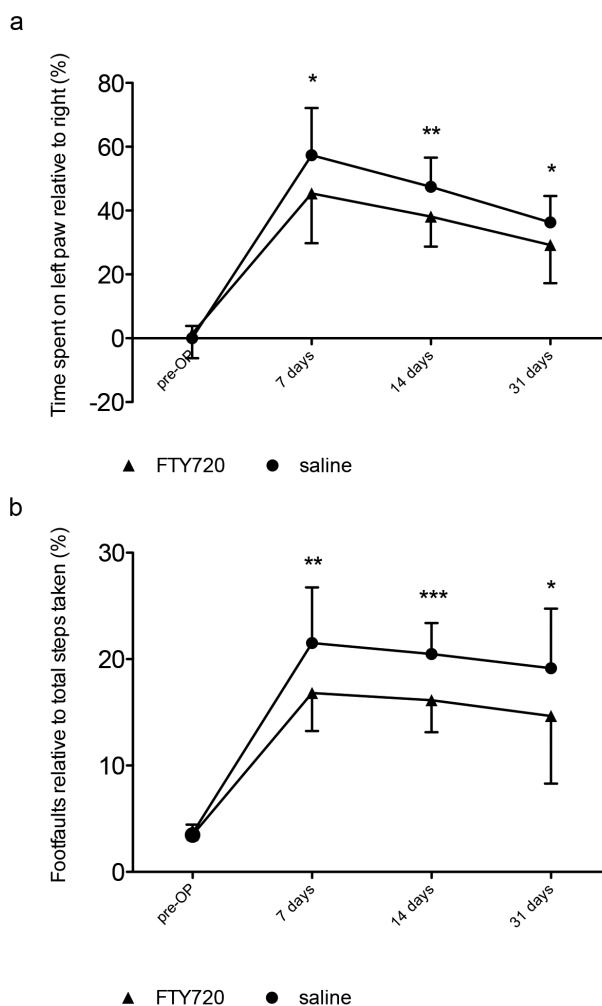


Figure 1. Improved recovery after stroke with late-initiated FTY720-treatment. a) Forelimb asymmetry was assessed using the cylinder task. b) Foot faults were measured using the grid-walking test. Data are presented as means \pm S.D.; * $P < 0.05$; ** $P < 0.01$; *** $P < 0.001$; pre-OP - before photothrombotic stroke. Differences between treatment groups at each time point of neurological assessment were analyzed using Student’s two-tailed unpaired t-test; $n = 20/\text{group}$. doi:10.1371/journal.pone.0070124.g001

FTY720 Reduces Reactive Astrogliosis in Experimental Stroke

We quantified the GFAP immunoreactivity (–ir) within layer 2/3, at a distance of 100–200 μm from the infarct border, which is considered to be the main area of axonal sprouting and where synaptic recovery takes place. [18] Astrocytic reactivity is induced strongly starting between day 2–3 after PT (data not shown) within the ipsilateral and the contralateral cortex with a maximal GFAP-ir at the direct infarct border (Fig. 2a, b). FTY720 treatment significantly reduces reactive astrogliosis, as measured by the GFAP-ir area in the indicated periinfarct zone (FTY720-treated mice: $26.7 \pm 38.6\%$, saline-treated mice: $100 \pm 65.24\%$, $P = 0.0395$, $n = 6$; Fig. 2c).

Synapse Size is Increased in FTY720-treated Mice

As an indirect measurement of synaptic morphology within the periinfarct cortex, the morphology of postsynaptic densities at day 7 was analyzed using the vamping method (Fig. 3a). Within the selected area, quantified postsynaptic densities are significantly larger in FTY720-treated animals ($338.1 \pm 47.6 \text{ nm}$) as compared to the saline-treated animals ($257.7 \pm 47.6 \text{ nm}$, $P = 0.0152$, $n = 6$; Fig. 3b). The number of postsynaptic densities does not differ between both treatment groups (FTY720-treated animals: $0.2650 \pm 0.09035 \text{ PSD's}/\mu\text{m}^3$, saline-treated animals: $0.2768 \pm 0.9979 \text{ PSD's}/\mu\text{m}^3$, $P = 0.8838$, $n = 6$; Fig. 3c).

FTY720 Treatment Increases the Expression of VEGF α

RT-PCR of the periinfarct tissue was performed in order to investigate changes in the expression levels of main neurotrophic factors. FTY720 significantly increases VEGF α -expression at day 4 after PT (Fig. 4). Whereas VEGF α -expression in the periinfarct cortex is not significantly increased by PT itself (data not shown), it is significantly higher in FTY720-treated mice ($274.1 \pm 218.5\%$) as compared to saline-treated mice ($100 \pm 85.2\%$, $P = 0.0305$, $n = 10$). Tissue mRNA levels of erythropoietin (EPO, $108.5 \pm 88.5\%$ of saline-treated mice, $P = 0.8174$, $n = 10$) or brain-derived neurotrophic factor (BDNF, $103 \pm 72.64\%$ of saline-treated mice, $P = 0.9237$, $n = 10$), two other important mediators of CNS recovery within the periinfarct cortex do not reveal any changes in the mRNA expression-levels by FTY720-treatment (Fig. 4).

S1P Levels are Increased in the Periinfarct Cortex after PT

In parallel to the therapeutic approach with the S1P analog FTY720, we investigated changes in concentrations of the natural signaling molecule S1P within the periinfarct cortex. S1P is significantly increased at day 4 after PT ($343.1 \pm 275 \text{ pg/ml}$) in saline-treated animals compared to sham-operated animals ($90.1 \pm 41 \text{ pg/ml}$, $P = 0.01$, $n = 10$; Fig. 5a). In order to monitor the pharmacokinetics of FTY720 within the periinfarct cortex in FTY720-treated animals, we performed tandem mass-spectrometry for FTY720 and pFTY720 one day after the initiation of the treatment (Fig. 5a). We found that one day of treatment with 1 mg/kg FTY720 b.i.d. leads to a concentration of $1010 \pm 549.6 \text{ pg/ml}$ of FTY720. However, the active metabolite, pFTY720 had a concentration of $534 \pm 427.6 \text{ pg/ml}$ ($n = 10$). As expected, saline treated animals did not show any FTY720 or pFTY720 in the periinfarct cortex (data not shown).

Enzymes of S1P Metabolism are only Partly Regulated after Photothrombotic Stroke

RT-PCR of the periinfarct tissue was performed to find changes in the expression levels of key enzymes of S1P metabolism, sphingosine kinase 1 (SK1), sphingosine kinase 2 (SK2) and the

S1P-lyase (SGPL1, Fig. 5b). Photothrombotic stroke does not induce any changes of SK1 ($70.5 \pm 31.5\%$ of sham-treated mice, $P = 0.0598$, $n = 10$) and SK2 ($99.7 \pm 96.7\%$ of sham-treated mice, $P = 0.9962$, $n = 10$) expression. However, SGPL1-mRNA is significantly increased in the periinfarct cortex ($1366.7 \pm 750\%$ of sham-treated mice, $P = <0.0001$, $n = 10$).

Discussion

We show that a short course of treatment with the synthetic S1P-analog FTY720 from day 3 to day 7 after experimental stroke enhances functional neurological recovery. This proregenerative effect of FTY720 is stable over an observation period of 31 days and accompanied by a reduction of reactive astrogliosis and an increase in synapse size. As a possible mediator of this effect we show that FTY720-treatment leads to an increase in the expression of VEGF α . Furthermore, we demonstrate by means of lipid tandem mass spectrometry that the tissue S1P concentration rises in the periinfarct cortex after stroke.

FTY720 treatment improved functional outcome in both the GWT as well as the CT. Both tests have been widely used to evaluate long-term neurological deficit in different stroke models. [19] While the results of the CT reflect an improved motor recovery in the FTY720 treatment group, the GWT shows that coordination and sensory function are also improved.

While FTY720 has shown neuroprotective properties in the acute phase of stroke in several stroke models and animal species, [4,5,6] this is the first report of enhanced functional recovery under FTY720-treatment. The relatively late initiation of FTY720-treatment at day 3 as well as the PT stroke model were chosen in order to clearly separate a proregenerative effect from the known acute neuroprotective effect of FTY720. At day 3 after stroke, further ongoing cell death and increase of infarct size is not likely. [20,21] Therefore, day 3 is frequently used as a time-point to initiate neuroregenerative therapies in experimental studies. Additionally, although PT has been shown to be responsive to neuroprotectants, [22,23] it is much less responsive than other stroke models [24,25]. We therefore conclude, that FTY720 might be one of the very few promising neuroregenerative agents characterized so far.

As the effect of FTY720 appears to happen prior to day 7, we anticipated correlative morphological effects at this time point. We observed that FTY720 also leads to a decrease of reactive astrogliosis in the periinfarct tissue. The extent of reactive astrogliosis has been shown to negatively correlate with functional recovery in various models of neurological disease. [7] Importantly, FTY720 has been shown to inhibit reactive astrogliosis in models of multiple sclerosis [13,26] and spinal cord injury [14]. Whether this effect is the result of a direct action of FTY720 at the astrocyte via S1P-receptors or an indirect mechanism e.g. via reduced T-cell influx and consecutively reduced cytokine expression has to be shown in future experiments. The local immune response seemed not to be influenced by FTY720, as we did not observe a decreased activation of microglia/macrophages in the periinfarct cortex (fig. S1).

Morphological changes in postsynaptic structures are believed to play a fundamental role in physiological and regenerative processes. [27,28] PSD size, spine size and the location of AMPA receptors at the postsynaptic membrane are closely linked and correlated to synaptic strength. [29,30] The approach used here has been shown to be a reliable screen for changes in synapse size and number. [16] Our observation that FTY720 treatment leads to significant larger PSDs within the area where recovery is mediated [18] might be an explanation for the improved

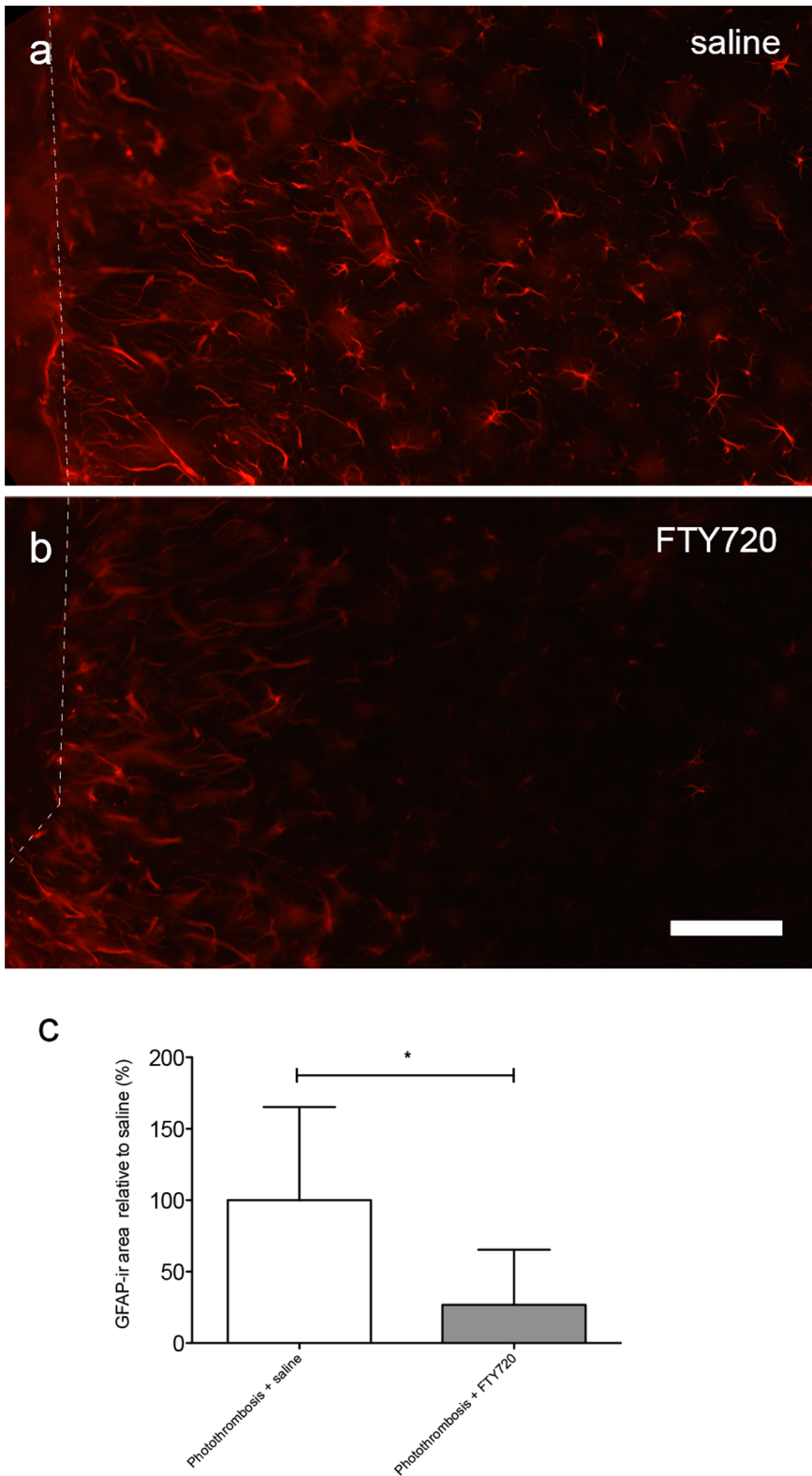


Figure 2. FTY720 reduces reactive astrogliosis in the periinfarct cortex. a) GFAP-ir signal in the periinfarct cortex (100–200 μm from infarct border, denoted by broken line) in saline-treated mice. b) GFAP-ir of reactive astrocytes captured under identical viewing parameters (objective, exposure time, threshold) in the periinfarct cortex of mice treated for 5 days with FTY720, 1 mg/kg, beginning at day 3. Scale bar = 100 μm . c) Comparison of the GFAP-ir area in the periinfarct cortex of FTY720 and saline treated mice. * $P < 0.05$. Differences between treatment groups were analysed using the Student's unpaired two-tailed t-test; $n = 6/\text{group}$. doi:10.1371/journal.pone.0070124.g002

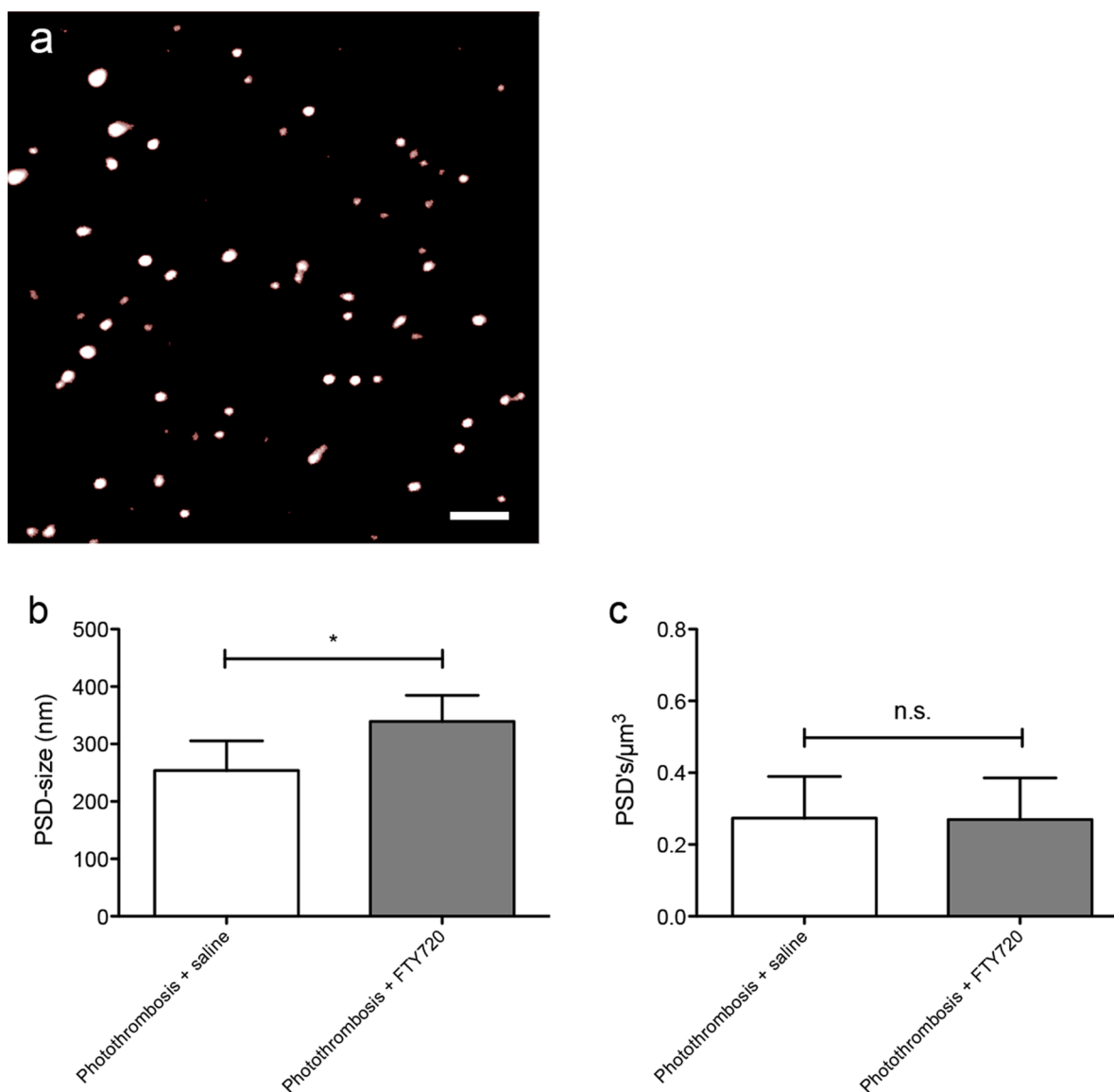


Figure 3. FTY720-treatment results in larger PSD's in layer $\frac{1}{2}$ of the periinfarct cortex. a) Exemplary image of the periinfarct cortex in an FTY720-treated animal, acquired by confocal microscopy and the vamp2d-algorithm [16]. Scale bar = 2 μ m. b) Quantification of the PSD-size. c) Quantification of PSD-numbers by the vamp3d-algorithm. Data are presented as means \pm S.D. * $P \leq 0.05$; n.s. - non-significant. Differences between treatment groups were analyzed using Student's two-tailed unpaired t-test; $n = 6$ /group. doi:10.1371/journal.pone.0070124.g003

behavioral outcome. However, we could not show an increased PSD-density as a probable consequence of an increased axonal sprouting into the periinfarct cortex.

How could the effect of FTY720 on behavioural and morphological outcome after photothrombosis be mediated? As one possible mechanism, we analyzed the mRNA-levels of well-known neurotrophic factors. Intriguingly, VEGF α mRNA in the periinfarct cortex is significantly increased by FTY720-treatment. VEGF α has been shown to enhance synaptic plasticity [31] and to be beneficial in experimental stroke. [32] Interestingly, VEGF α has been recently demonstrated to be mainly located within astrocytes. [33] A pro-angiogenic state has been shown to be beneficial in stroke patients [34] and, importantly, a late treatment with VEGF α leads to improved outcome in experimental stroke. [35] Until now it is a matter of speculation, whether both increased VEGF α expression and reduced glial reactivity are

results of the same intracellular pathway, modulated by FTY720. VEGF α expression has been shown to be influenced by S1P signaling in other settings. [36,37] We did not investigate whether periinfarct angiogenesis is affected by FTY720-treatment and increased VEGF α expression. Interestingly, it should be noted that FTY720 is discussed as an anti-angiogenic factor. [38] Some pro-regenerative treatments in experimental stroke have been shown to be mediated by BDNF [15], and FTY720 was reported to quickly induce BDNF expression compared to vehicle in a model of Rett-disease. [39] In contrast, our results argue against a major impact of a modulated BDNF-expression on the proregenerative effect of FTY720 treatment after PT.

Our results from lipid tandem mass spectrometry show a significant elevation of cortical periinfarct tissue S1P levels after PT. This is at least in part in line with a previous report, in which the authors show an increase of S1P in the whole brain at day 14

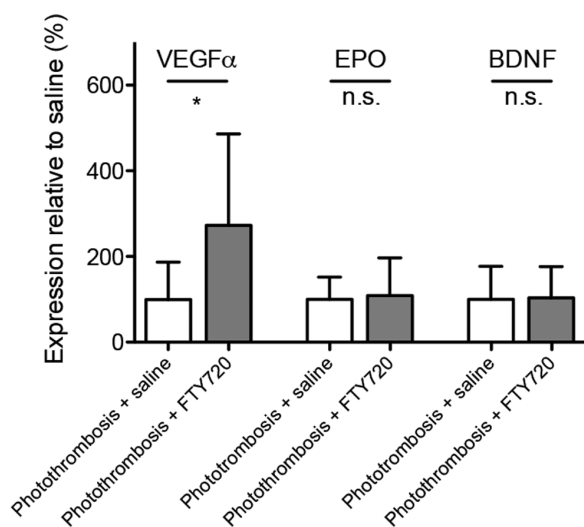


Figure 4. FTY720-treatment leads to an increase of VEGF α -mRNA, but not BDNF- and EPO-mRNA in the periinfarct cortex. RT-PCR analysis of neurotrophic factors in periinfarct tissue of FTY720-treated mice compared to samples of saline-treated mice. Differences between treatment groups were analyzed using Student's unpaired two-tailed t-test. Data are presented as means \pm S.D. *, $P \leq 0.05$; n.s., non-significant; $n = 10$ /group. doi:10.1371/journal.pone.0070124.g004

after experimental stroke, but not at day 7. [40] To our knowledge, this is the first time that S1P concentrations were evaluated selectively in the periinfarct cortex with mass spectrometry, the current gold standard method to assess sphingolipid concentrations. Unfortunately, we were not able to determine the source of elevated S1P. However, we do not see any hints that the elevation is a result of a regulated expression of S1P-generating as well as degenerating enzymes. Only the SGPL1 appears to be upregulated in the periinfarct tissue, probably as a compensatory mechanism in order to downregulate the high S1P elevation. These results do not point to a change in local synthesis of S1P. As rather high concentrations of S1P can be found intracellularly and blood plasma, [41] our results might therefore be interpreted as if the source of increased S1P are either death cells of the infarct core or the blood-brain barrier damage induced by photothrombosis.

The i.p. injections of FTY720 lead to stable concentrations of both FTY720 as well as pFTY720 in the periinfarct cortex, showing an effective activation of FTY720 by sphingosine kinase 2-mediated phosphorylation. [42] pFTY720 has been shown to be a functional antagonist of S1PR₁ and S1PR₃ and both receptors have been discussed to be mediators of astroglial reactivity. [13,43] It is therefore tempting to speculate that pFTY720 antagonizes the gliotrophic effect of the elevated S1P concentrations in the periinfarct tissue.

One has to keep in mind the limitations of the PT model. Major differences to human stroke are a. the occlusion of all kind of vessels within the illuminated area, b. the lack of a penumbra and c. the induction of a vasogenic edema (for review see [44]). As all these differences particularly affect mechanisms of the development of CNS damage, we claim that the model is suitable for the selective examination of stroke recovery. Unfortunately, transient proximal middle cerebral artery occlusion for 1 hour was not a suitable model to confirm our results due to a low seven day survival and a low deficit of the surviving animals (fig. S2 & S3).

In conclusion, we found that S1P is increased in the periinfarct cortex after PT with a pronounced motor deficit and that

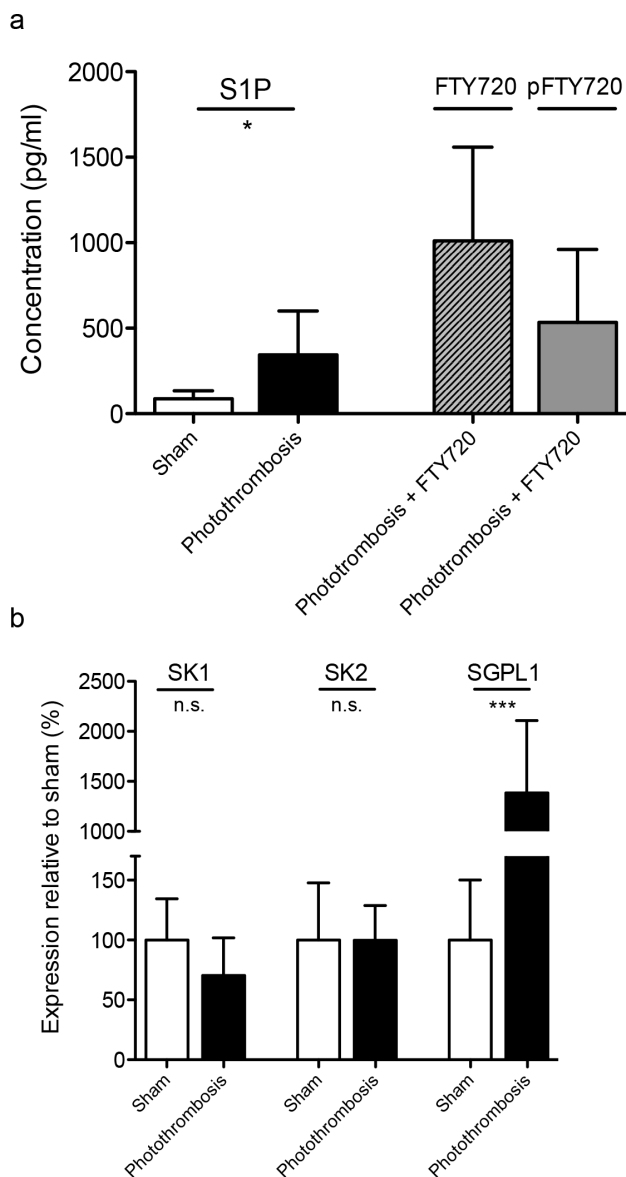


Figure 5. S1P is increased in the periinfarct cortex, not explained by changes in the expression of enzymes of S1P metabolism. a) S1P, FTY720 and pFTY720 were measured at day 4 by tandem mass spectrometry. b) SK1, SK2 and SGPL1 were measured at day 4 by RT-PCR. Differences between treatment groups were analyzed using Student's unpaired two-tailed t-test. Data are presented as means \pm S.D. **, $P \leq 0.01$; *, $P \leq 0.05$; n.s., non-significant; $n = 10$ /group. doi:10.1371/journal.pone.0070124.g005

manipulation of the S1P pathway by FTY720 after the critical time window for neuroprotection improves long-term outcome after experimental stroke. In parallel, we observed a reduction of reactive astrogliosis, alterations in synaptic plasticity and differential expression of the neurotrophic factor VEGF α . We suggest that FTY720 is a promising candidate for neuroregenerative therapies after stroke.

Supporting Information

Figure S1 No difference between treatment groups in the number of CD11b-ir cells in the periinfarct cortex after photothrombosis. Results of the immunofluorescence

analysis, quantified by a rater blinded to treatment groups. Saline-treated mice: 0.44 ± 0.1 CD11b-ir cells/ μm^2 ; FTY720-treated mice: 0.35 ± 0.12 CD11b-ir cells/ μm^2 , $P = 0.204$. Differences between treatment groups were analyzed using Student's two-tailed unpaired t-test; $n = 6/\text{group}$.

(TIF)

Figure S2 7-day survival of mice with 1 h tMCAO. 30% of the operated animals died until day 3, before the start of randomization and treatment. The red line represents the beginning of treatment. For comparison, percent survival of the FTY720-group (dashed line) and saline-group (dotted line) reset to 100%.

(TIF)

Figure S3 No difference of functional deficit between both treatment groups. a) Results of the cylinder task at day 7

References

- Go AS, Mozaffarian D, Roger VL, Benjamin EJ, Berry JD, et al. (2012) Heart Disease and Stroke Statistics—2013 Update A Report From the American Heart Association. *Circulation* 127: 143–152.
- Kelly-Hayes M, Beiser A, Kase CS, Scaramucci A, D'Agostino RB, et al. (2003) The influence of gender and age on disability following ischemic stroke: the Framingham study. *Journal of Stroke and Cerebrovascular Diseases* 12: 119–126.
- Lo EH (2008) A new penumbra: transitioning from injury into repair after stroke. *Nature Medicine* 14: 497–500.
- Czech B, Pfeilschifter W, Mazaheri-Omrani N, Strobel MA, Kahles T, et al. (2009) The immunomodulatory sphingosine 1-phosphate analog FTY720 reduces lesion size and improves neurological outcome in a mouse model of cerebral ischemia. *Biochemical and Biophysical Research Communications* 389: 251–256.
- Wei Y, Yemisci M, Kim HH, Yung LM, Shin HK, et al. (2010) Fingolimod provides long-term protection in rodent models of cerebral ischemia. *Annals of Neurology* 69: 119–129.
- Hasegawa Y, Suzuki H, Sozen T, Rolland W, Zhang JH (2010) Activation of sphingosine 1-phosphate receptor-1 by FTY720 is neuroprotective after ischemic stroke in rats. *Stroke* 41: 368–374.
- Sofroniew MV (2009) Molecular dissection of reactive astrogliosis and glial scar formation. *Trends in Neurosciences* 32: 638–647.
- Zamanian JL, Xu L, Foo LC, Nouri N, Zhou L, et al. (2012) Genomic analysis of reactive astrogliosis. *The Journal of Neuroscience* 32: 6391–6410.
- Overman JJ, Clarkson AN, Wanner IB, Overman WT, Eckstein I, et al. (2012) A role for ephrin-A5 in axonal sprouting, recovery, and activity-dependent plasticity after stroke. *Proceedings of the National Academy of Sciences of the United States of America* 109: E2230–2239.
- Zhao BQ, Wang S, Kim HY, Storrie H, Rosen BR, et al. (2006) Role of matrix metalloproteinases in delayed cortical responses after stroke. *Nature Medicine* 12: 441–445.
- Pebay A, Toutant M, Premont J, Calvo CF, Venance L, et al. (2001) Sphingosine-1-phosphate induces proliferation of astrocytes: regulation by intracellular signalling cascades. *The European Journal of Neuroscience* 13: 2067–2076.
- Sorensen SD, Nicole O, Peavy RD, Montoya LM, Lee CJ, et al. (2003) Common signaling pathways link activation of murine PAR-1, LPA, and S1P receptors to proliferation of astrocytes. *Molecular Pharmacology* 64: 1199–1209.
- Choi JW, Gardell SE, Herr DR, Rivera R, Lee CW, et al. (2010) FTY720 (fingolimod) efficacy in an animal model of multiple sclerosis requires astrocyte sphingosine 1-phosphate receptor 1 (S1P1) modulation. *Proceedings of the National Academy of Sciences of the United States of America*.
- Norimatsu Y, Ohmori T, Kimura A, Madoiwa S, Mimuro J, et al. (2012) FTY720 improves functional recovery after spinal cord injury by primarily nonimmunomodulatory mechanisms. *The American Journal of Pathology* 180: 1625–1635.
- Clarkson AN, Overman JJ, Zhong S, Mueller R, Lynch G, et al. (2011) AMPA receptor-induced local brain-derived neurotrophic factor signaling mediates motor recovery after stroke. *The Journal of neuroscience : the official journal of the Society for Neuroscience* 31: 3766–3775.
- Dumitriu D, Berger SI, Hamo C, Hara Y, Bailey M, et al. (2012) Vamping: Stereology-based automated quantification of fluorescent puncta size and density. *Journal of Neuroscience Methods* 209: 97–105.
- Schmidt H, Schmidt R, Geisslinger G (2006) LC-MS/MS-analysis of sphingosine-1-phosphate and related compounds in plasma samples. *Prostaglandins & other lipid mediators* 81: 162–170.
- Brown CE, Wong C, Murphy TH (2008) Rapid morphologic plasticity of perinfarct dendritic spines after focal ischemic stroke. *Stroke* 39: 1286–1291.
- Schaar KL, Brenneman MM, Savitz SI (2010) Functional assessments in the rodent stroke model. *Experimental & Translational Stroke Medicine* 2: 13.
- Karetko-Sysa M, Skangiel-Kramska J, Nowicka D (2011) Disturbance of perineuronal nets in the perilesional area after photothrombosis is not associated with neuronal death. *Experimental Neurology* 231: 113–126.
- Van Hoecke M, Prigent-Tessier A, Bertrand N, Prevotat L, Marie C, et al. (2005) Apoptotic cell death progression after photothrombotic focal cerebral ischaemia: effects of the lipophilic iron chelator 2,2'-dipyridyl. *The European Journal of Neuroscience* 22: 1045–1056.
- Kharlamov A, Guidotti A, Costa E, Hayes R, Armstrong D (1993) Semisynthetic sphingolipids prevent protein kinase C translocation and neuronal damage in the perifocal area following a photochemically induced thrombotic brain cortical lesion. *The Journal of Neuroscience* 13: 2483–2494.
- Chang YY, Fujimura M, Morita-Fujimura Y, Kim GW, Huang CY, et al. (1999) Neuroprotective effects of an antioxidant in cortical cerebral ischemia: prevention of early reduction of the apurinic/aprimidinic endonuclease DNA repair enzyme. *Neuroscience Letters* 277: 61–64.
- Snape MF, Baldwin HA, Cross AJ, Green AR (1993) The effects of chlormethiazole and nimodipine on cortical infarct area after focal cerebral ischaemia in the rat. *Neuroscience* 53: 837–844.
- Porritt MJ, Andersson HC, Hou L, Nilsson A, Pekna M, et al. (2012) Photothrombosis-induced infarction of the mouse cerebral cortex is not affected by the Nrf2-activator sulforaphane. *PLoS one* 7: e41090.
- Kim ES, Kim JS, Kim SG, Hwang S, Lee CH, et al. (2011) Sphingosine 1-phosphate regulates matrix metalloproteinase-9 expression and breast cell invasion through S1P3-GalP4 coupling. *Journal of Cell Science* 124: 2220–2230.
- Kim BG, Dai HN, McAtee M, Vicini S, Bregman BS (2006) Remodeling of synaptic structures in the motor cortex following spinal cord injury. *Experimental Neurology* 198: 401–415.
- Wallace W, Bear MF (2004) A morphological correlate of synaptic scaling in visual cortex. *The Journal of Neuroscience* 24: 6928–6938.
- Noguchi J, Matsuzaki M, Ellis-Davies GC, Kasai H (2005) Spine-neck geometry determines NMDA receptor-dependent Ca²⁺ signaling in dendrites. *Neuron* 46: 609–622.
- Harris KM, Stevens JK (1989) Dendritic spines of CA 1 pyramidal cells in the rat hippocampus: serial electron microscopy with reference to their biophysical characteristics. *The Journal of neuroscience : the official journal of the Society for Neuroscience* 9: 2982–2997.
- Licht T, Goshen I, Avital A, Kreisel T, Zubedat S, et al. (2011) Reversible modulations of neuronal plasticity by VEGF. *Proceedings of the National Academy of Sciences of the United States of America* 108: 5081–5086.
- Hermann DM, Zechariah A (2009) Implications of vascular endothelial growth factor for postischemic neurovascular remodeling. *Journal of Cerebral Blood Flow and Metabolism* 29: 1620–1643.
- Barouk S, Hintz T, Li P, Duffy AM, MacLusky NJ, et al. (2011) 17beta-estradiol increases astrocytic vascular endothelial growth factor (VEGF) in adult female rat hippocampus. *Endocrinology* 152: 1745–1751.
- Alvarez-Sabin J, Delgado P, Abilleira S, Molina CA, Arenillas J, et al. (2004) Temporal profile of matrix metalloproteinases and their inhibitors after spontaneous intracerebral hemorrhage: relationship to clinical and radiological outcome. *Stroke* 35: 1316–1322.
- Zhang ZG, Zhang L, Jiang Q, Zhang R, Davies K, et al. (2000) VEGF enhances angiogenesis and promotes blood-brain barrier leakage in the ischemic brain. *The Journal of Clinical Investigation* 106: 829–838.
- Masuko K, Murata M, Beppu M, Nakamura H, Kato T, et al. (2012) Sphingosine-1-phosphate modulates expression of vascular endothelial growth factor in human articular chondrocytes: a possible new role in arthritis. *International Journal of Rheumatic Diseases* 15: 366–373.
- Sun HY, Wei SP, Xu RC, Xu PX, Zhang WC (2010) Sphingosine-1-phosphate induces human endothelial VEGF and MMP-2 production via transcription

- factor ZNF580: novel insights into angiogenesis. *Biochemical and Biophysical Research Communications* 395: 361–366.
38. Schmid G, Guba M, Ischenko I, Papyan A, Joka M, et al. (2007) The immunosuppressant FTY720 inhibits tumor angiogenesis via the sphingosine 1-phosphate receptor 1. *Journal of Cellular Biochemistry* 101: 259–270.
 39. Deogracias R, Yazdani M, Dekkers MP, Guy J, Ionescu MC, et al. (2012) Fingolimod, a sphingosine-1 phosphate receptor modulator, increases BDNF levels and improves symptoms of a mouse model of Rett syndrome. *Proceedings of the National Academy of Sciences of the United States of America* 109: 14230–14235.
 40. Kimura A, Ohmori T, Kashiwakura Y, Ohkawa R, Madoiwa S, et al. (2008) Antagonism of sphingosine 1-phosphate receptor-2 enhances migration of neural progenitor cells toward an area of brain. *Stroke* 39: 3411–3417.
 41. Yatomi Y, Igarashi Y, Yang L, Hisano N, Qi R, et al. (1997) Sphingosine 1-phosphate, a bioactive sphingolipid abundantly stored in platelets, is a normal constituent of human plasma and serum. *Journal of Biochemistry* 121: 969–973.
 42. Brinkmann V, Davis MD, Heise CE, Albert R, Cottens S, et al. (2002) The immune modulator FTY720 targets sphingosine 1-phosphate receptors. *The Journal of Biological Chemistry* 277: 21453–21457.
 43. Fischer I, Alliod C, Martinier N, Newcombe J, Brana C, et al. (2011) Sphingosine kinase 1 and sphingosine 1-phosphate receptor 3 are functionally upregulated on astrocytes under pro-inflammatory conditions. *PLoS one* 6: e23905.
 44. Carmichael ST (2005) Rodent models of focal stroke: size, mechanism, and purpose. *NeuroRx* 2: 396–409.