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**Supporting information for article:** 

On the correlation between hydrogen bonding and melting points in the inositols

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# **Electronic Supporting Information**

### S1. Elemental analysis

Calculated for  $C_6H_{12}O_6$  (%): C, 40.00; H, 6.71.

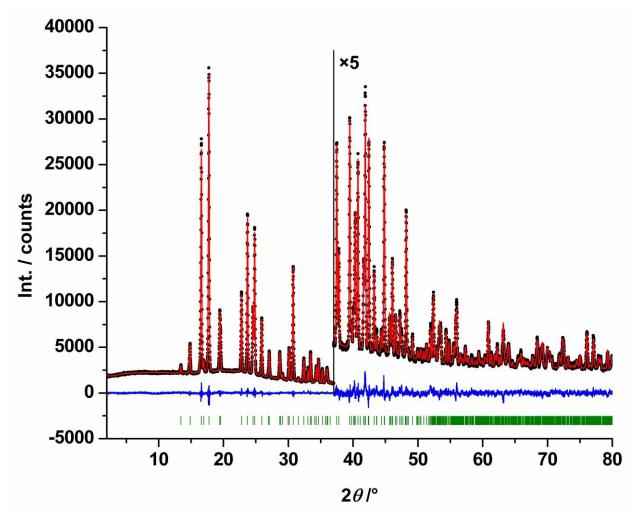
Found for D-**1**-A: C, 39.74; H, 6.37. Found for *rac*-**1**: C, 39.70; H, 6.72. Found for **2**-A: C, 40.08; H, 6.80. Found for **5**-E: C, 39.76; H, 6.58.

Found for 7-C: C, 39.92; H, 6.61.

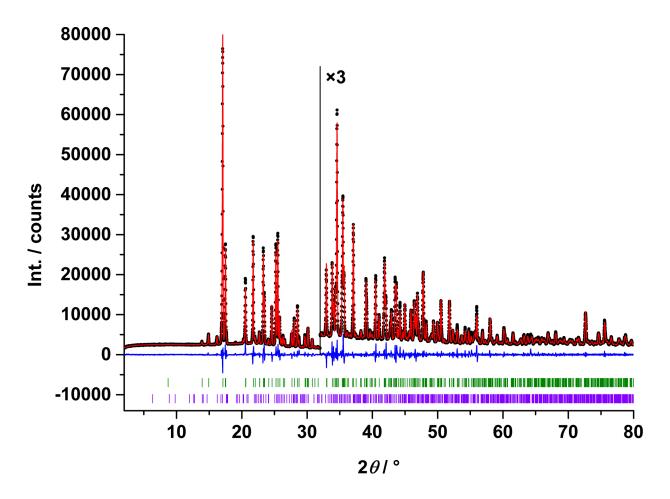
#### S2. Rietveld refinements

The isostructurality (bar a reflection) of the crystal structure of D-(+)-chiro-inositol with that of L-(-)-chiro-inositol was confirmed through comparison of the experimental powder diffraction pattern of D-1-A with the powder pattern simulated from the single crystal structure of L-1-A. A crystal structure for D-1-A was obtained by starting from the single crystal structure of L-1-A and multiplying all atomic coordinates by -1. The resulting crystal structure was Rietveld refined with *TOPAS-Academic* 4.1. The positions of the hydrogen atoms were energy-optimised with a dispersion-corrected density functional theory method keeping the positions of the non-hydrogen atoms and the unit cell fixed.

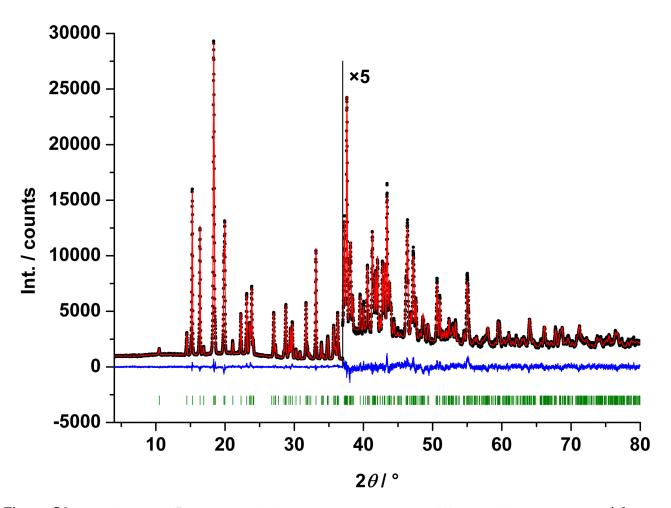
The Rietveld plot for D-1-A is given in Fig. S1. The cif file for the crystal structure is part of the ESI of this paper.



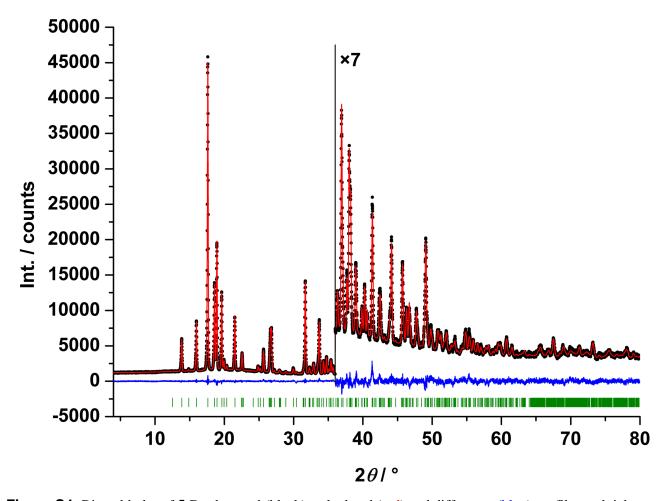
**Figure S1** Rietveld plot of D-1-A: observed (black), calculated (red) and difference (blue) profiles and tick marks (green). At about 36° in  $2\theta$  the scale changes by a factor of 5.



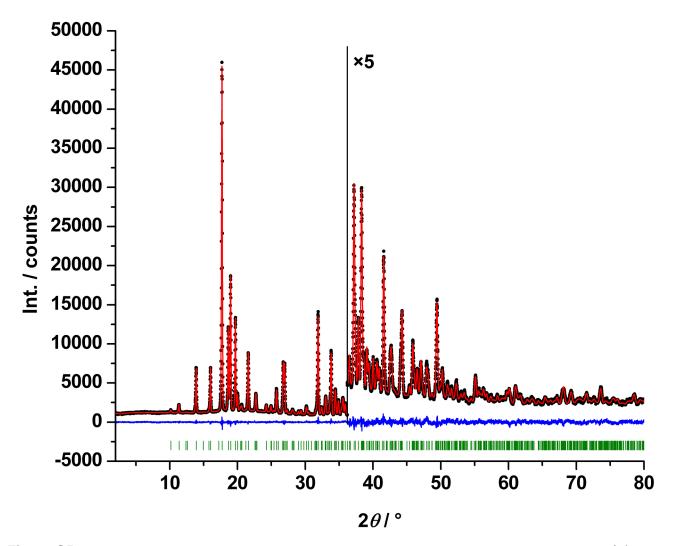
**Figure S2** Rietveld plot of rac-1: observed (black), calculated (red) and difference (blue) profiles and tick marks for rac-1 (green) and D/L-1· $\frac{1}{3}$ H<sub>2</sub>O (magenta). At about 32° in 2 $\theta$  the scale changes by a factor of 3.



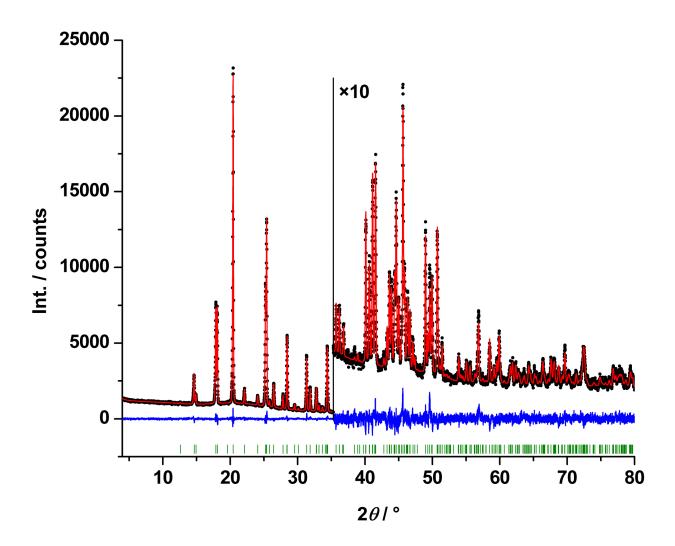
**Figure S3** Rietveld plot of 5-A: observed (black), calculated (red) and difference (blue) profiles and tick marks (green). At about 36° in  $2\theta$  the scale changes by a factor of 5.



**Figure S4** Rietveld plot of 5-D: observed (black), calculated (red) and difference (blue) profiles and tick marks (green). At about 36° in  $2\theta$  the scale changes by a factor of 7.



**Figure S5** Rietveld plot of **5**-E: observed (black), calculated (red) and difference (blue) profiles and tick marks (green). At about  $36^{\circ}$  in  $2\theta$  the scale changes by a factor of 5.



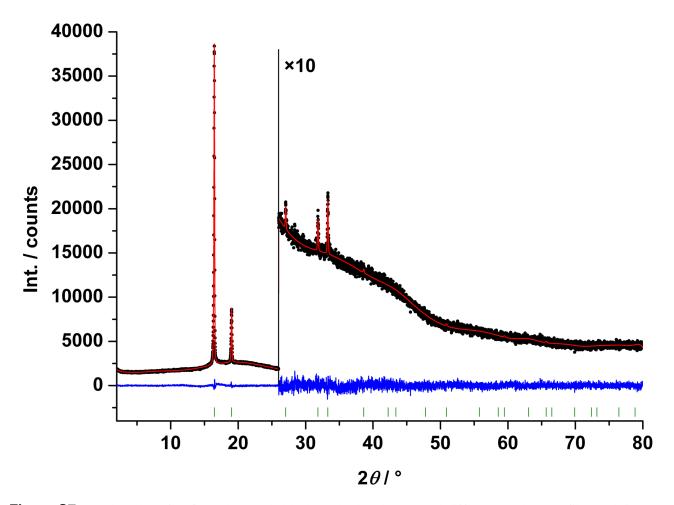
**Figure S6** Rietveld plot of 7-C: observed (black), calculated (red) and difference (blue) profiles and tick marks (green). At about 36° in  $2\theta$  the scale changes by a factor of 10.

## S3. Pawley refinements on the rotator phases L-1-B, D-1-B, 5-C, 6-B and 5-B

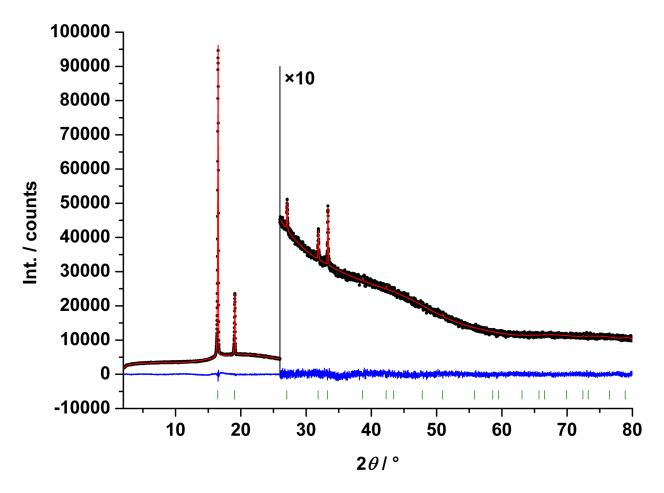
All phases were measured with Cu- $K_{\alpha 1}$  radiation ( $\lambda = 1.5406$  Å) in the range  $2\theta = 2.80^{\circ}$  (the mixture of 5-C and 5-B was measured in the range  $2-60^{\circ}$ ). All phases have chemical formula  $C_6H_{12}O_6$ ,  $M_r = 180.16$  g/mol. The Pawley fits, carried out with TOPAS 4.1, converged well for D-1-B:,  $F^*$ , a = 9.31568 Å, V = 808.432 Å<sup>3</sup>, Z = 4, measurement at 500 K,  $R_{wp} = 0.0304$ ,  $R_p = 0.0233$ ,  $R_{exp} = 0.0280$  (before background subtraction),  $R'_{wp} = 0.1584$ ,  $R'_{p} = 0.1925$ ,  $R'_{exp} = 0.1460$  (after background subtraction),  $R'_{wp} = 0.254$ ,  $R_{p} = 0.0190$ ,  $R_{exp} = 0.0190$  (before background subtraction),  $R'_{wp} = 0.2013$ ,  $R'_{p} = 0.2191$ ,  $R'_{exp} = 0.1506$  (after background subtraction),  $R'_{wp} = 0.2013$ ,  $R'_{p} = 0.2191$ ,  $R'_{exp} = 0.1506$  (after background subtraction),  $R'_{wp} = 0.0601$ ,  $R_{p} = 0.0461$ ,  $R_{exp} = 0.0635$  (before background subtraction),  $R'_{wp} = 0.2018$ ,  $R'_{p} = 0.2947$ ,  $R'_{exp} = 0.2132$  (after background subtraction),  $R'_{wp} = 0.2018$ ,  $R'_{p} = 0.2947$ ,  $R'_{exp} = 0.2132$  (after background subtraction),  $R'_{wp} = 0.0304$ ,  $R_{exp} = 0.0341$  (before background subtraction),  $R'_{wp} = 0.1925$ ,  $R'_{p} = 0.2689$ ,  $R'_{exp} = 0.1624$  (after background subtraction),  $R'_{wp} = 0.1925$ ,  $R'_{p} = 0.2689$ ,  $R'_{exp} = 0.1624$  (after background subtraction),  $R'_{wp} = 0.1925$ ,  $R'_{p} = 0.2689$ ,  $R'_{exp} = 0.1624$  (after background subtraction),  $R'_{wp} = 0.1925$ ,  $R'_{p} = 0.2689$ ,  $R'_{exp} = 0.1624$  (after background subtraction),  $R'_{wp} = 0.1925$ ,  $R'_{p} = 0.2689$ ,  $R'_{exp} = 0.1624$  (after background subtraction),  $R'_{wp} = 0.1925$ ,  $R'_{p} = 0.2689$ ,  $R'_{exp} = 0.1624$  (after background subtraction),  $R'_{wp} = 0.1925$ ,  $R'_{p} = 0.2689$ ,  $R'_{exp} = 0.1624$  (after background subtraction),  $R'_{wp} = 0.1881$  Å,  $R'_{wp}$ 

0.0296,  $R_p = 0.0225$ ,  $R_{exp} = 0.0263$  (before background subtraction),  $R'_{wp} = 0.1369$ ,  $R'_p = 0.1663$ ,  $R'_{exp} = 0.1214$  (after background subtraction),  $\chi^2 = 1.127$ .

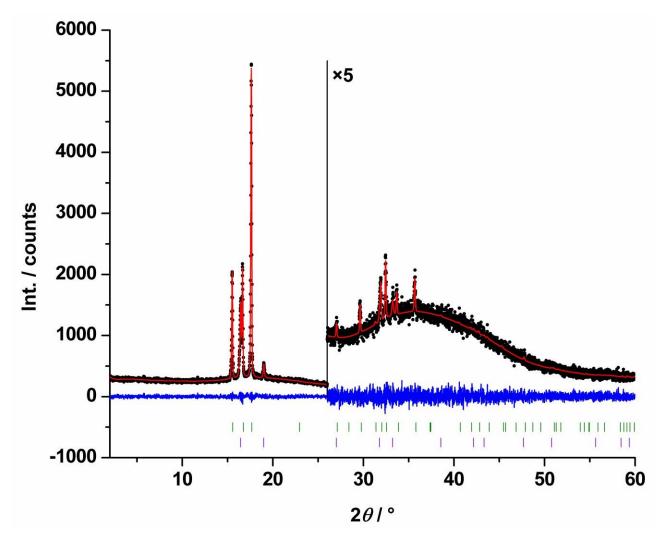
The Pawley plots for D-1-B, L-1-B, 5-C, 6-B and 5-B are given in Fig. S7, Fig. S8, Fig. S9, Fig. S10 and Fig. S11, respectively.



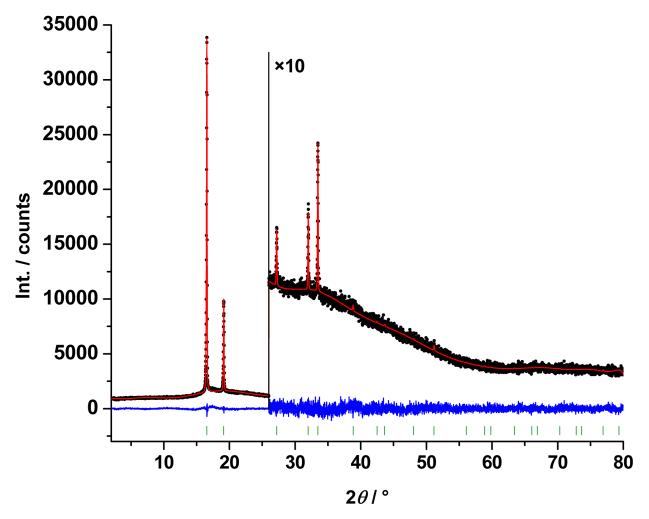
**Figure S7** Pawley plot of D-1-B: observed (black), calculated (red) and difference (blue) profiles and tick marks (green).



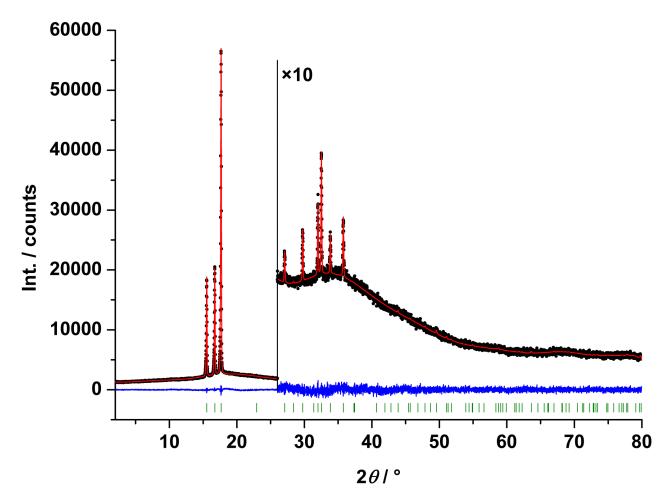
**Figure S8** Pawley plot of L-1-B: observed (black), calculated (red) and difference (blue) profiles and tick marks (green).



**Figure S9** Pawley plot of 5-C with 5-B present: observed (black), calculated (red) and difference (blue) profiles and tick marks for 5-B (green) and 5-C (magenta).



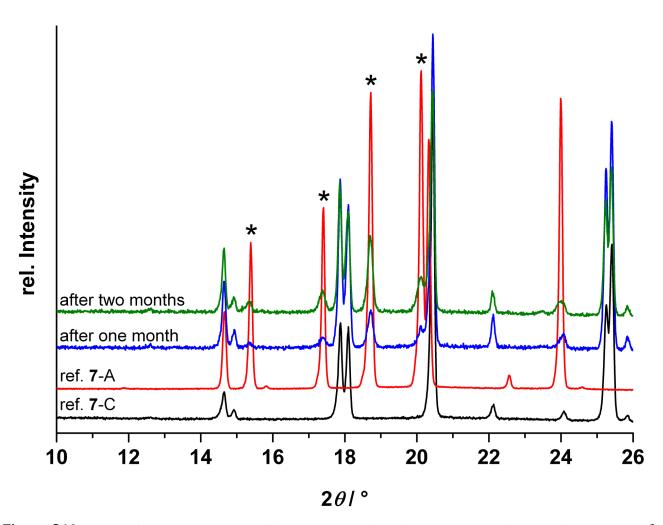
**Figure S10** Pawley plot of **6**-B: observed (black), calculated (red) and difference (blue) profiles and tick marks (green).



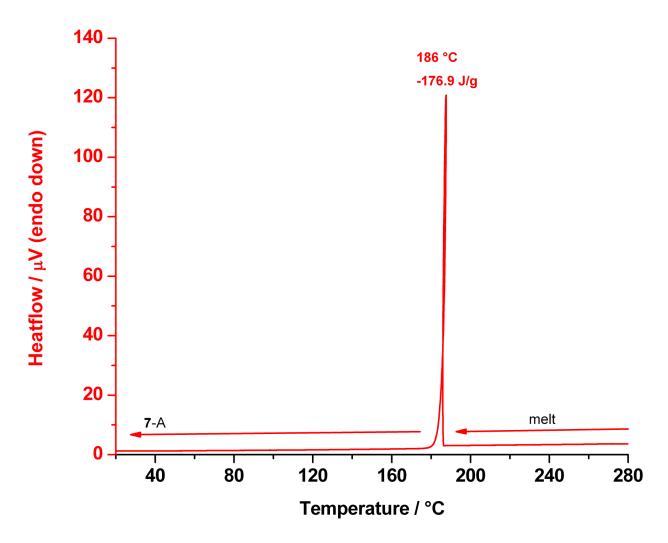
**Figure S11**Pawley plot of **5**-B: observed (black), calculated (red) and difference (blue) profiles and tick marks (green).

## S4. Stability of 7-C

XRPD measurements after one, two and three months revealed that 7-C is not stable at room temperature and slowly transforms back to 7-A (see Fig. S12). As shown in Fig. S12 there are four clearly free reflections (021 reflection at 15.4°, 111 at 17.4°, 102 at 18.7° and 112 at 20.1°) which indicate the increase of 7-A in 7-C over a period of three months. After one month a ratio of approximately 7:1 between 7-C and 7-A can be observed, after two months the ratio increases to 3:1 and after three months the ratio increases to 1:5. Therefore it can be assumed that after a longer period of time 7-C converts back to 7-A completely and that 7-C is a meta-stable polymorph of 7. Therefore no thermal effect could be observed during the cool-down process in the DSC (see Fig. 18 in the paper). Additional DSC and T-XRPD measurements on 7 up to 250 °C yielded only a partial conversion of 7-A to 7-C. Therefore the crystal structure of 7-C was determined with a sample from DSC measurements heated up to 280 °C and cooled down to 20 °C.



**Figure S12** Overlay of the X-ray powder diffraction traces of myo-inositol, **7**, showing the reference trace of **7**-C (black) and **7**-A (red), **7**-C after one month (blue), two months (green) and three months (violet) stored at room temperature. Black asterisks indicate the reflections of interest.



**Figure S13** DSC trace of myo-inositol, **7**, measured from 280 down to 20 °C showing the recrystallisation of **7**-A from the melt at 186 °C.