Article title: Testing the validity of the attention control video: an eye-tracking approach

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Descriptive Statistics: Means and Standard Deviations for Condition by Type of Standardization of

the Transcription Task.

	Depletion – fixed length of time M (SD), n = 29	Depletion – fixed number of words M (SD), n = 29	Control – fixed length of time M (SD), n = 27	Control – fixed number of words <i>M</i> (<i>SD</i>), <i>n</i> = 27
SCS-K-D	3.30 (0.49)	2.98 (0.49)	3.30 (0.54)	3.22 (0.59)
Manipulation Check Transcription task	2.36 (0.47)	2.39 (0.54)	1.77 (0.39)	1.70 (0.43)
PANAS positive	2.93 (0.69)	2.89 (0.70)	2.77 (0.80)	2.71 (0.59)
PANAS negative	1.29 (0.27)	1.34 (0.27)	1.29 (0.29)	1.17 (0.20)
Report on gaze behavior Item 1	5.00 (1.54)	4.48 (2.01)	5.24 (1.55)	4.63 (1.55)
Report on gaze behavior Item 2	4.83 (1.49)	4.41 (1.53)	4.45 (1.40)	4.56 (1.50)

Note. SCS-K-D = German short version of the Self-Control Scale. Manipulation Check Transcription Task = four-item manipulation check (e.g., "How strongly did you have to regulate your writing habits?"). PANAS positive = German version of the Positive and Negative Affect Schedule – positive affect. PANAS negative = German version of the Positive and Negative Affect Schedule – negative affect. Report on gaze behavior Item 1 = "How strongly did you have to force yourself to not pay attention to the words". Report on gaze behavior Item 2 = "How difficult was it to not pay any attention to the words?"