



Editorial SHARED: An International Collaboration to Unravel Hepatitis C Resistance

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1. Is Resistance Surveillance Needed in the Era of DAAs?

The advent of direct-acting antivirals (DAAs) has transformed the treatment landscape of hepatitis C. To date, over 95% of the hepatitis C virus (HCV)-infected patients who received DAA treatments have achieved sustained viral response (SVR, or "cure") [1,2]. Despite this successful therapeutic intervention, no vaccine is available for HCV. In 2016, the World Health Organization proposed ambitious global targets to eliminate viral hepatitis by 2030 [3]. In this proposal, HCV elimination relies on the "treatment as prevention" approach. One potential barrier to this approach is the presence of drug-resistant viruses. The occurrence of resistance (either natural or after failure) can limit treatment effectiveness, and these drug-resistant viruses can then be transmitted onward to others.

The prevalence of clinically relevant resistance-associated substitutions (RAS) in natural isolates varies among DAAs and genotypes (GTs), ranging from 2–25% in NS3 to 4–12% in NS5A, depending on the geographic region [4]. Although the effect of baseline RAS on the overall success of DAA treatment is relatively small, numerous examples have demonstrated reduced response rates in the presence of RAS. The presence of Q80K in NS3 resulted in decreased SVR among individuals treated with simeprevir–sofosbuvir [5]. Baseline NS5A RAS also reduced the efficacy of elbasvir–grazoprevir and ledipasvir–sofosbuvir in GT1a patients, requiring extended treatment duration [6]. The negative effects of specific baseline NS5A RAS on SVR were further manifested in GT3 patients with cirrhosis treated with ledipasvir–sofosbuvir, daclatasvir–sofosbuvir, velpatasvir–sofosbuvir, or glecaprevir– pibrentasvir [6,7]. Ongoing viral replication in the face of sub-optimal drug pressure during DAA treatment results in an enrichment of the pre-existing RAS or accumulation



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Copyright: © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). of additional RAS, which reduce drug susceptibility or enhance viral replicative fitness. Given that ~58 million individuals worldwide have active HCV infections [8], even 2–5% treatment failure rates would translate into a significant number of patients infected with resistant HCV. Transmission of resistance variants among men who have sex with men has been reported [9].

The combination of high response rates and the relatively small, regional, short-term studies of HCV therapy have led to inadequate evaluations of HCV resistance [10–12]. In studies where HCV drug resistance was assessed, no consistent criteria have been to determine which amino acid substitutions should be included in the analyses, with no standardization of analytical methods. Furthermore, most of the drug resistance studies have focused on GT1, and to a lesser extent GT3, which are most common in industrialized countries; information for GTs 2 and 4–6 is minimal. Genotypes 2 and 4–6 are endemic in resource-limited countries, where the prevalence of HCV infection is high and the data on drug resistance are severely lacking [13]. The scarcity of phenotypic data and the lack of clarity on resistance interpretation have significantly hampered the use of this information to guide clinical decision-making. For HIV, public resources such as the Stanford University HIV Drug Resistance Database have provided comprehensive information to correlate virus substitutions with treatments, phenotypes, and clinical outcomes of antiretroviral therapies [14]. Clinicians have widely used this information to design treatment strategies. A similar database does not exist for HCV.

Recent clinical studies revealed that patients infected with certain subtypes such as GT11, 3b, 3g, 4r, 6u, and 6v had low treatment response rates [15–18]. Patients originating from Sub-Saharan Africa or South Asia are commonly infected with these "unusual" GT subtypes [18,19]. The term "unusual" refers to their low prevalence in high-income countries with access to therapy and their limited presence during clinical trials; these GT subtypes might be highly prevalent in other countries. At present, it is unclear which mechanism leads to lower response rates; however, initial data from in vivo and in vitro studies point to a high prevalence of inherent resistant polymorphisms in the natural isolates of these subtypes [20]. Novel substitutions and substitution patterns continue to emerge in real-world environments among those who fail therapy. A concerted effort to monitor these substitutions and their transmission is prudent to safeguard public health.

Preventing onward transmission and optimizing treatment success is paramount to achieving global HCV elimination. Epidemiological surveillance of drug resistance provides vital statistics on disease burden and aids in the assessment of treatment and prevention strategies. In the future, should there be a need to develop third or fourth generations of antivirals, resistance information will be crucial to optimize new chemical entities. Finally, information on HCV genetics and evolution can provide valuable insights into successful vaccine design. With DAAs being rolled out in different parts of the world and an inevitable selection of drug resistance, it is now time to set up large-scale data collection for drug resistance.

2. What Is SHARED?

The Surveillance of Hepatitis C Antiviral Resistance, Epidemiology, and methoDologies (SHARED) is an international collaboration to create a sizeable merged dataset from cohorts of well-characterized HCV sequences linked with patient information, disease characteristics, regimen history, and treatment outcomes. This pooled dataset allows in-depth data analyses and generates insights on HCV antiviral resistance that are not possible from individual studies. SHARED has brought together researchers from Argentina, Australia, Austria, Canada, France, Germany, Israel, Italy, Luxemburg, Netherlands, Norway, New Zealand, Poland, Portugal, Romania, Russia, Slovenia, Spain, Switzerland, Sweden, Turkey, and the United States (Figure 1). The SHARED dataset came from nine HCV reference laboratories, six national patient cohorts, six randomized clinical trials, and one international network (HepCare) [21], including over 110 individual clinics and hospitals. As its name suggests, SHARED aims to: (i) characterize and harmonize interpretations of RAS; (ii) re-

port on the real-word prevalence and transmission of HCV drug-resistant variants, with a particular interest in novel RAS and "unusual" HCV GT subtypes inherently resistant to DAAs; (iii) provide a platform to freely share assay protocols, software, and technologies for drug resistance and epidemiological evaluations.



Figure 1. Geographic locations of participating centers and patient cohorts in SHARED. Each dot represents a participating center (local clinic or reference laboratory) where patient sample sequences were generated. For samples from randomized clinical trials or international consortia, the dots represent the participating countries. The size of the dot represents the relative number of samples (not to scale).

The inception of SHARED dates back to 2016 at the Forum for Collaborative Research in Boston, USA, where clinicians and researchers across the globe unanimously identified the need to standardize HCV RAS evaluation and reporting. As there was no mandate for baseline resistance testing for HCV, it was decided that a database focused on treatment failures, including the "unusual" HCV GT subtypes, would provide the most value to the field. A small subset of baseline data from patients with SVR was also collected for comparison purposes. SHARED participation and data contribution were entirely voluntary; a small grant was obtained from Genome British Columbia and Merck to kick off the project. Contributing collaborators retain full ownership of their data and may submit data before or after publication. Members within the SHARED community are encouraged to use the pooled data for research and publications.

3. What Types of Data Are Collected?

The SHARED database comprises an enormous scope of data, including demographics (ethnicity, age, gender, country), transmission-related risk factors (injection or illicit drug use, sexual behavior, prison), clinical test results (liver enzymes, fibrosis scores, HIV–HBV co-infection, CD4 count, etc.), treatment information (treatment history, regimen, viral response), and virology data (HCV nucleotide and amino acid sequences, viral load, GT subtypes). Data were collected under medical or human research ethics committee-approved protocol at each respective collaborator's site. De-identified data were sent through a secured file transfer protocol server to the coordinating center at the University of British Columbia, Canada, where data were curated, formatted, and stored in a relational database using MYSQL. The scheme of the SHARED database can be found at https: //hcvdb.med.ubc.ca (accessed on 21 July 2021). Ethical approval for developing the

SHARED database was granted by the University of British Columbia Research Ethics Board (H17-10589).

Between 2019 and 2021, data from 4911 patients from 22 countries were collected; these included over 10,300 HCV sequences from NS3, NS5A, and NS5B genes linked with anonymous demographic data, risk factors, clinical results, and treatment information (Table 1). The majority of the patients were infected with GT1 (63%) and GT3 (28%), the most prevalent epidemic strains circulating globally. Forty percent [40%] of these patients achieved SVR, while 60% experienced virologic failure. Most of the patients were treated with the first-generation DAAs with or without ribavirin—56% with NS5A inhibitor + sofosbuvir combinations, 19% with NS5A inhibitor + protease inhibitor combinations, 4% with protease inhibitor + sofosbuvir combinations, and 13% with triple DAA combinations, including NS5A inhibitor + protease inhibitor + SOF or NS5A inhibitor + protease inhibitor + dasabuvir. The SHARED database also contained a small percentage of participants who were treated with older regimens, including the combinations of boceprevir or telaprevir with pegylated interferon and ribavirin; these regimens are no longer recommended for treating HCV. The linkage of these sequences with detailed treatment and demographic information provides an excellent opportunity to characterize RAS and monitor their prevalence and distribution in different parts of the world.

Characteristics Total Number of Patients, n 4911 Male sex, n (%) 3643 (74%) Age in 2021, median (IQR) 56 (48-63) Ethnicity, n 832 751 (90%) caucasian, n (%) 20 (2%) black, *n* (%) 61 (7%) other, n (%) Illicit Drug use, n 1500 887 (59%) injection drug use, *n* (%) non-injection drug use, n (%) 382 (25%) Sexual orientation, *n* 902 528 (59%) heterosexual, n (%) homosexual, n (%) 343 (38%) bisexual, n (%) 29 (3%) Coinfection, n 2819 HIV-HCV, n (%) 750 (27%) HBV-HCV, n (%) 103 (4%) Cirrhosis, n 2464 1012 (41%) yes, n (%) Genotype *, n 4911 GT1a, n (%) 1754 (36%) GT1b, n (%) 1285 (26%) 33 (1%) GT1-other, n (%) GT 2, n (%) 147 (3%) GT3, n (%) 1395 (28%) GT4, n (%) 276 (6%) GT5, n (%) 2 (0.04%) GT6, n (%) 18 (0.4%) GT8, n (%) 1 (0.02%)

Table 1. SHARED cohort participant characteristics.

Table 1. Cont.

Characteristics	Total	
Number of Patients, <i>n</i>	4911	
Treatment history, n	3195	
treatment naïve, <i>n</i> (%)	2315 (72%)	
treatment experienced, n (%)	880 (28%)	
prior PEG/RBV, n (%)	463 (53%)	
prior DAA, n (%)	141 (16%)	
unknown, <i>n</i> (%)	276 (31%)	
Treatment, n	3951	
NS5AI + NI, <i>n</i> (%)	2203 (56%)	
NS5AI + PI, <i>n</i> (%)	770 (19%)	
PI + NI, n (%)	153 (4%)	
NS5AI + PI + NI or NNI, n (%)	504 (13%)	
other, <i>n</i> (%)	321 (8%)	
Treatment Response to DAA, <i>n</i>	3354	
sustained viral response	1342 (40%)	
virologic failure	2012 (60%)	
HCV sequences, n	10,332	
NS3	2772 (27%)	
NS5A	4640 (45%)	
NS5B	2472 (24%)	
Core -E1-E2	448 (4%)	

* Genotypes were derived from the HCV NS5A, NS3, or NS5B sequences. IQR, interquartile range; DAA, direct-acting antivirals; NS5AI, NS5A-inhibitor-containing regimens; PI, protease-inhibitor-containing regimens, NI, nucleoside (sofosbuvir)-containing regimens; NNI, non-nucleoside (dasabuvir)-containing regimens; other, pegylated interferon +/- ribavirin +/- DAA including boceprevir and telaprevir.

4. Key Findings and Presentations

Since the first data merger, SHARED members have presented at numerous international, national, and local meetings held in America (AASLD, CROI, and CLM), Europe (EASL, IWOHD, and ECCMID), and Asia (APASL). The key findings in these presentations are summarized below:

- Selection of RAS was common following DAA treatment failure. About 80–90% of
 patients who received an NS5AI- or PI-containing regimen harbored drug-resistant
 HCV following treatment failure. Resistant HCV variants often had two or more
 mutations conferring a high level of drug resistance in vitro [22];
- A number of "unusual" GT subtypes were identified in patients who failed NS5AI-containing regimens; these included 1I/g, 2c/i/j/q/, 3b/g/h/k, 4b/f/g/k/n/ns/o/q/r/t/v, and 6e/h/p/q/r/xe. Specifically, GT3b/h and 4r virologic failures were largely over-represented among non-GT3a and non-GT4a/d. Each "unusual" GT subtype harbored multiple NS5A RAS that can contribute to high-level of drug resistance, leading to virologic failure [23,24];
- The majority of the GT3a treatment failure patients had either single or dual RAS containing A30K or Y93H. The frequency of co-selecting Y93H with A30K/R/S/T depended on the treatment received. Failure from GLE–PIB and SOF–velpatasvir –voxilaprevir often resulted in a higher frequency of dual RAS than the first-generation DAAs [25];
- About 13% of the GT1b patients diagnosed using the commercial genotyping assays turned out to be GT3 based on the HCV sequences. The misdiagnosed patients were often treated with inappropriate regimens, resulting in virologic failure and RAS selection [26]. HCV sequencing is the method of choice for determining GT subtypes, drug resistance characterization and viral transmission;
- A web-based application, HCV ReCall, which automatically processed and interpreted Sanger HCV sequence data was developed and made freely available to the public. This application generated a summary report containing HCV genotypes, RAS relative to the prototype references, relative peak heights of the RAS mixtures, quality scores

for sequencing primers, and alerts for potential contamination among samples. This open-source program is available at https://hcvshared.hcvdb.ubc.ca (accessed on 21 July 2021) [27].

To provide broader access to the SHARED data, we are in the process of setting up an interactive data visualization platform, HCV Nextstrain, adapted from GISAID, which also provides the platform for SARS-CoV2 [28]. HCV Nextstrain integrates the phylogenomic data with the geographic information collected by SHARED. Each HCV sequence is linked with epidemiological, clinical data, DAA regimens, and treatment history information. We have incorporated filters to identify samples with clinically relevant RAS, the number of RAS, and RAS patterns to facilitate RAS characterization. Users can interrogate the distribution of resistant HCV in subgroups of interest with these filters, e.g., RAS distribution in cirrhotic patients treated with LDV–SOF in Italy. The platform can resolve phylogenetic relatedness among samples within a city, e.g., HCV sequences from virologic failures in Sydney, NSW, Australia. With detailed epidemiological and risk factor information, HCV Nextstrain can potentially be used to track resistant HCV transmission networks. A preview version of HCV Nextstrain is available at https: //hcvnextstrain.hcvdb.ubc.ca (accessed on 21 July 2021).

5. Strength and Limitations of the SHARED Dataset

SHARED offers a unique opportunity to bring together researchers and physicians across disciplines to explore new hypotheses, investigate research questions, compare crosscohorts, exchange methodologies, and collaborate in complex projects. Our data came from diverse cohorts of investigational studies and local clinics in multiple countries. The comprehensive data linkage and HCV sequences in real-world settings offer an excellent resource for academic and public health research. The SHARED dataset also provides sufficient power to address relatively rare events, such as RAS characteristics in "unusual" genotypes, novel RAS, compensatory mutations, and RAS characteristics following salvage regimens. As data accumulate, our database can provide comprehensive surveillance of the global HCV resistance landscape and transmission networks.

There are also many limitations and challenges. By nature of the real-world data collection, there are significant variabilities among participating laboratories in data interpretation, disease diagnosis, and sequencing. Nevertheless, this challenge provides us an opportunity to leverage each other's expertise to come up with a workable system. The current dataset comprises mainly GTs 1, 3, and 4, and there are only a handful of sequences from GTs 2, 5, and 6. The paucity of information from these GTs significantly hampers our understanding of drug resistance in resource-limiting countries. RAS characterization relies heavily on in vitro drug susceptibility data. Currently, we depend on published information for data analysis and interpretation for most known RAS; however, in vitro data for the new RAS are not available, presenting a significant challenge to determine their biological relevance. Additionally, the incomplete behavioral and exposure data presents another challenge to construct an adequate surveillance network for viral transmission. Lastly, the recent pandemic has practically halted the SHARED collaboration, as many of us have shifted our research focus to COVID-19. All of these deficiencies underscore the pressing need to call for collective efforts across disciplines and organizations. To map out the global HCV resistance landscape accurately, we need participation from countries enriched with non-GT1a/1b strains and clinics and laboratories with retreatment data. To fill the data gaps, such as drug susceptibility for novel RAS, we need funding support from governments and funding agencies. Finally, to attain HCV transmission surveillance, we need to efficiently integrate epidemiological data with genomic information through collaboration with health agencies. While we continue to address these unmet needs, we invite everyone with data and an interest in HCV to contribute to SHARED. We also encourage students, postdoctoral fellows, staff scientists, and investigators to use the existing SHARED data for their research.

6. How to Join SHARED?

SHARED is open to all scientists and clinicians interested in bringing in data, scientific expertise, or financial support for HCV research. For researchers interested in contributing data, please contact Dr. Anita Howe (anita.howe@bccdc.ca) or any SHARED member; a copy of the institutional review board statement and approval number for the studies will be required to initiate the data-sharing agreement. For more information about SHARED, please visit https://hcvdb.med.ubc.ca (accessed on 21 July 2021).

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