Figure S4. Forest plot for quality of life.

Study or Subgroup	TE	SE	Weight	Std. Mean Difference IV, Random, 95% CI
Western countries				
Abbott (2009)	-0.05	0.1512	2.7%	-0.05 [-0.35; 0.24]
Aikens (2014)	0.65	0.0919	2.9%	0.65 [0.47; 0.83]
Bell (2017)	0.26	0.0256	3.0%	0.26 [0.21; 0.31]
Bernburg (2016)	0.51	0.1516	2.7%	0.51 [0.21; 0.81]
Botello (2015)	0.20	0.2093	2.4%	0.20 [-0.21; 0.61]
Brown (2016)	0.30	0.2378	2.3%	0.30 [-0.16; 0.77]
Cerezo (2014)	1.83	0.0530	3.0%	1.83 [1.73; 1.93]
Galante (2018)	0.39	0.0151	3.0%	0.39 [0.36; 0.42]
Grant (2009)	0.45	0.1977	2.5%	0.45 [0.06; 0.84]
Grant (2010)	0.51	0.1837	2.5%	0.51 [0.15; 0.87]
Hallowell (2011)	0.01	0.1214	2.8%	0.01 [-0.23; 0.25]
Hanna (2018)	0.86	0.2036	2.4%	0.86 [0.46; 1.26]
Jennings (2002)	-0.33	0.3830	1.6%	-0.33 [-1.08; 0.43]
Jensen (2015)	0.46	0.1746	2.6%	0.46 [0.12; 0.80]
Kent (2011)	0.00	0.2101	2.4%	0.00 [-0.41; 0.41]
Krabbenborg (2017)	0.08	0.0378	3.0%	0.08 [0.01; 0.16]
Mache (2015)	0.03	0.0941	2.9%	0.03 [-0.16; 0.21]
Mache (2016)	0.31	0.1119	2.8%	0.31 [0.09; 0.53]
May (2016)	0.55	0.3971	1.5%	0.55 [-0.23; 1.33]
McGonagle (2014)	-0.19	0.1672	2.6%	-0.19 [-0.52; 0.13]
O'Donnell (2013)	0.27	0.2119	2.4%	0.27 [-0.15; 0.68]
Pyatak (2018)	0.24	0.1066	2.8%	0.24 [0.03; 0.45]
Ross (2014)	0.52	0.2647	2.1%	0.52 [0.00; 1.04]
Schotanus-Dijkstra (2017)	0.74	0.0303	3.0%	0.74 [0.68; 0.80]
Seligman (2007)	0.02	0.0358	3.0%	0.02 [-0.05; 0.09]
Smeets (2014)	0.22	0.1563	2.6%	0.22 [-0.09; 0.53]
Strijk (2013)	0.06	0.0110	3.0%	0.06 [0.04; 0.08]
van der Spek (2017)	-0.03	0.0764	2.9%	-0.03 [-0.18; 0.12]
Vranceanu (2016)	0.32	0.1303	2.8%	0.32 [0.07; 0.58]
Waite (2004)	0.51	0.0601	3.0%	0.51 [0.39; 0.63]
Wakefield (2016)	0.33	0.2311	2.3%	0.33 [-0.12; 0.78]
Weiss (2013)	-0.74	0.0869	2.9%	-0.74 [-0.91; -0.57]
West (2014)	-0.12	0.1172	2.8%	-0.12 [-0.35; 0.11]
Total (95% CI)			87.2%	0.28 [0.13; 0.44]
Prediction interval			--	[-0.59; 1.16]
Heterogeneity: Tau^2 = 0.1783; Chi^2 = 1828.91, df = 32 (P = 0); I^2 = 98%				
Eastern countries				
Cheung (2016)	0.10	0.0103	3.0%	0.10 [0.08; 0.12]
Kaveh (2011)	0.89	0.2467	2.2%	0.89 [0.41; 1.38]
Liu (2008)	0.01	0.2929	2.0%	0.01 [-0.56; 0.59]
Tan (2016)	0.39	0.1257	2.8%	0.39 [0.15; 0.64]
Wang (2012)	0.51	0.1202	2.8%	0.51 [0.28; 0.75]
Total (95% CI)			12.8%	0.37 [-0.03; 0.76]
Prediction interval			--	[-0.56; 1.29]
Heterogeneity: Tau^2 = 0.0643; Chi^2 = 26.84, df = 4 (P < 0.01); I^2 = 85%				
Total (95% CI)			100.0%	0.29 [0.15; 0.43]
Prediction interval				[-0.54; 1.13]
Heterogeneity: Tau^2 = 0.1645; Chi^2 = 1954.83, df = 37 (P = 0); I^2 = 98%				