

Table S2. Search terms and syntax that were used for a follow-up search in June 2019 in MEDLINE and adapted to use in other databases [12,13].

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- 1 Resilience, Psychological/
 - 2 social adjustment/
 - 3 Adaptation, Psychological/
 - 4 (post-traumatic growth or posttraumatic growth or stress-related growth).tw,kf
 - 5 (positiv\$ adj1 (adapt\$ or adjust\$)).tw,kf.
 - 6 (psychol\$ adj1 (adapt\$ or adjust\$)).tw,kf.
 - 7 (resilien\$ or hardiness\$).tw,kf.
 - 8 (cope or coping).tw,kf.
 - 9 ((withstand\$ or overcom\$ or resist\$ or recover\$ or thrive\$ or adapt\$ or adjust\$ or bounce\$ back) adj5 (stress\$ or trauma\$ or adversit\$)).tw,kf.
 - 10 or/1-9
 - 11 exp psychotherapy/
 - 12 Stress, Psychological/th
 - 13 (psychotherap\$ or psycho-therap\$).tw,kf.
 - 14 (behav\$ adj3 (intervention\$ or program\$ or therap\$)).tw,kf.
 - 15 ((cognit\$ or cognitive behavior\$ or CBT) adj3 (intervention\$ or program\$ or therap\$)).tw,kf.
 - 16 (psycho\$ adj3 (intervention\$ or program\$ or therap\$)).tw,kf.
 - 17 relaxation.tw,kf.
 - 18 mindful\$.tw,kf.
 - 19 (counsel?ing or coaching).tw,kf.
 - 20 (third wave adj (psycho\$ or therap\$)).tw,kf.
 - 21 cognit\$ restructur\$.tw,kf.
 - 22 positive psychology.tw,kf.
 - 23 (refram\$ or re-fram\$ or reapprais\$).tw,kf.
 - 24 (stress adj1 (inoculation or manag\$ or reduc\$ or resist\$)).tw,kf.
 - 25 (anxiety adj3 manage\$).tw,kf.
 - 26 "acceptance and commitment ".tw,kf.
 - 27 Combined Modality Therapy/
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28 (multimodal or multi-modal or combined modal\$.tw,kf.

29 exp Health promotion/

30 (health adj3 (educat\$ or promot\$)).tw,kf.

31 or/11-30

32 10 and 31

33 (resilien\$ adj5 (train\$ or program\$ or intervention\$ or promot\$ or prevent\$ or enhanc\$ or learn\$ or teach\$ or educat\$ or increas\$ or

develop\$ or manag\$ or therap\$ or protocol\$ or treat\$)).tw,kf.

34 (hardiness\$ adj5 (train\$ or program\$ or intervention\$ or promot\$ or prevent\$ or enhanc\$ or learn\$ or teach\$ or educat\$ or increas\$ or

develop\$ or manag\$ or therap\$ or protocol\$ or treat\$)).tw,kf.

35 or/32-34

36 randomized controlled trial.pt.

37 controlled clinical trial.pt.

38 randomi#ed.ab.

39 placebo\$.ab.

40 drug therapy.fs.

41 randomly.ab.

42 trial.ab.

43 groups.ab.

44 or/36-43

45 exp animals/ not humans.sh.

46 44 not 45

47 35 and 46

48 Health personnel/

49 (health\$ adj3 (personnel or profession\$ or worker\$ or practitioner\$ or provider\$ or staI)).tw,kf.

50 ((medical care adj3 (personnel or profession\$ or worker\$ or practitioner\$ or provider\$ or staI)) or(medical adj3 (personnel or profession

\$ or worker\$ or practitioner\$ or provider\$ or staI))).tw,kf.

51 (care adj1 (personnel or profession\$ or worker\$ or practitioner\$ or provider\$ or staI)).tw,kf.

52 (doctor\$ or physician\$ or general practitioner\$ or (primary care adj2 practitioner\$) or surgeon\$).tw,kf.

53 (nurse\$ or (nursing adj3 assistant\$) or (nursing adj3 staI)).tw,kf.

54 nursing.tw,kf

55 ((hospital or ambulance) adj1 personnel).tw,kf.

56 ((intensive adj2 care) or ICU or (intensive adj2 care adj2 unit adj3 personnel\$)).tw,kf.

57 ((allied health\$) adj2 (personnel or profession\$ or worker\$ or practitioner* or provider\$ or staI)).tw,kf.

58 (psychologist\$ or psychotherapist\$ or psychiatrist\$ or (mental health adj2 clinician\$) or (mental health adj2 profession\$) or (mental health adj2 worker\$)).tw,kf.

59 (social worker\$).tw,kf.

60 (paramedic\$ or ambulance or medic\$ or ((first or emergency or disaster) adj1 (response or responder\$))).tw,kf.

61 (professional adj1 (caregiver\$ or care-giver\$)).tw,kf.

62 ((physical therapist\$) or physiotherapist\$ or occupational therapist\$ or recreational therapist\$ or music therapist\$ or art therapist\$ or dietitian\$ or nutritionist\$ or ((speech and language) adj1 therapist\$) or speech pathologist\$ or audiologist\$ or exercise physiologist\$ or osteopath\$ or sonographer\$ or radiographer\$ or radiotherapist\$ or ((radiology or radiation) adj1 (therapist\$ or technician\$ or technologist\$ or assistant\$ or scientist\$)) or respiratory therapist\$ or ((anesthesia or anesthesiologist) adj1 (technician\$ or assistant\$)) or dental hygienist\$ or (surgical adj1 (technician\$ or technologist\$)) or orthotist\$ or orthoptist\$ or podiatrist\$ or perfusionist\$).tw,kf.

63 counselor\$.tw,kf.

64 ((clinical or clinical laboratory or medical\$ or medical\$ laboratory) adj1 (technician\$ or technologist\$ or assistant\$ or scientist\$)).tw,kf.

65 ((human or health) adj1 service adj3 profession\$).tw,kf.

66 (public health adj2 (service or agency)).tw,kf.

67 (secondary traumatization or (work\$ adj2 (trauma survivor\$))).tw,kf.

68 ((nursing or medical or premedical or paramedic or psychology or physical therapy or occupational therapy) adj2 student\$).tw,kf.

69 (college adj2 student\$).tw,kf.

70 ((nurs\$ adj1 (graduate\$ or education)) or (medic\$ adj1 train\$) or (student adj1 nurse\$)).tw,kf.

71 or/48-70

72 47 and 71

73 limit 72 to yr="1990 -Current"

74 limit 73 to yr="2016 -Current"
