

Effectiveness of Etanercept in Rheumatoid Arthritis: Real-World Data From the German Non-Interventional Study ADEQUATE With Focus on Treat-to-Target and Patient-Reported Outcomes

Eugen Feist^{1*} • Xenofon Baraliakos² • Frank Behrens³ • Diamant Thaçi⁴ • Thilo Klopsch⁵ • Anja Plenske⁶ • Lisa K. Blindzellner⁶ • Pascal Klaus⁶ • Thomas Meng⁶ • Peter-Andreas Löschmann^{6†}

¹ Helios Fachklinik, Vogelsang-Gommern, Germany; Department of Rheumatology and Clinical Immunology, Charité – Universitätsmedizin, Berlin, Germany; Otto-von-Guericke University, Magdeburg, Germany

² Rheumatology Center Ruhrgebiet Herne, Ruhr-University Bochum, Germany

³ CIRI/Rheumatology & Fraunhofer IME, Institute for Translational Medicine & Pharmacology, Goethe University Hospital, Frankfurt/Main, Germany

⁴ Institute and Comprehensive Center Inflammation Medicine, University of Lübeck, Lübeck, Germany

⁵ Rheumatology Practice, Neubrandenburg, Germany

⁶ Pfizer Pharma GmbH, Berlin, Germany

† At time of study conduct.

* **Corresponding author:** Prof. Eugen Feist, E-mail: eugen.feist@helios-gesundheit.de

Supplementary Table S1 Overview of data from routine clinical practice

	Visit 1 week 0	Visit 2 week 12	Visit 3 week 24	Visit 4 week 36	Visit 5 week 52
Medical history	x				
Participation in the 'TOGETHER' program ^a	x				
Inclusion/exclusion criteria	x				
Treatment/medications					
Prior treatment	x				
Treatment with etanercept	x	x	x	x	x
Concomitant treatment		x	x	x	x
Safety parameters					
Physical examination	x				
Laboratory	x	x	x	x	x
AE documentation		x	x	x	x
Effectiveness					
Examination of joints	x	x	x	x	x
Morning stiffness	x	x	x	x	x
Patient and physician global assessment	x	x	x	x	x
Pain	x	x	x	x	x
Fatigue	x	x	x	x	x
Health outcomes					
FFbH	x	x	x	x	x
PHQ-2	x	x	x	x	x

^a The 'TOGETHER' program, sponsored by Pfizer, aims to improve patient treatment compliance by special trainings and engagements

AE adverse event, FFbH Hannover Functional Questionnaire, PHQ-2 Patient Health Questionnaire-2

Supplementary Table S2 Number of patients recorded at each visit

Time point	Number of patients documented, n (%) ^a
Visit 1 (week 0)	824 (100.0)
Visit 2 (week 12)	799 (97.0)
Visit 3 (week 24)	672 (81.6)
Visit 4 (week 36)	568 (68.9)
Visit 5 (week 52)	508 (61.7)

^a Includes patients who discontinued (for any reason), therefore number of patients documented includes patients listed at non-completers for this visit

Supplementary Table S3 Common (> 3% of patients) concomitant medications^a given at least once during the study treatment period

	Patients with RA (N = 824)
Any concomitant medication	743 (90.2)
Methotrexate	379 (46.0)
Prednisolone	260 (31.6)
Folic acid	135 (16.4)
Colecalciferol	122 (14.8)
Ibuprofen	70 (8.5)
Pantoprazole	67 (8.1)
Metamizole	57 (6.9)
Diclofenac	48 (5.8)
Etoricoxib	45 (5.5)
Prednisone	39 (4.7)
Leflunomide	36 (4.4)
Levothyroxine	35 (4.2)
Ramipril	34 (4.1)
Celecoxib	30 (3.6)
Bisoprolol	30 (3.6)
Valoron n /00628301	29 (3.5)
Acetylsalicylic acid	27 (3.3)

^a Concomitant medications were documented as free text, coded according to the World Health Organization – Drug Dictionary and analyzed by International Nonproprietary Name

RA, rheumatoid arthritis

Supplementary Table S4 Concomitant diseases recorded at baseline^a

Concomitant diseases, n (%)	
Vascular disorders	343 (41.6)
Hypertension	296 (35.9)
Essential hypertension	37 (4.5)
Musculoskeletal and connective tissue disorders	297 (36.0)
Osteoarthritis	108 (13.1)
Osteoporosis	98 (11.9)
Metabolism and nutrition disorders	231 (28.0)
Type 2 diabetes mellitus	71 (8.6)
Obesity	37 (4.5)
Endocrine disorders	96 (11.7)
Hypothyroidism	38 (4.6)
Respiratory, thoracic, and mediastinal disorders	93 (11.3)
Chronic obstructive pulmonary disease	34 (4.1)
Asthma	31 (3.8)
Cardiac disorders	91 (11.0)
Coronary artery disease	41 (5.0)
Psychiatric disorders	66 (8.0)
Depression	48 (5.8)
Nervous system disorders	74 (9.0)
Renal and urinary disorders	64 (7.8)
Chronic kidney disease	37 (4.5)
Surgical and medical procedures	62 (7.5)
Gastrointestinal disorders	49 (5.9)
Infections and infestations	34 (4.1)
Neoplasms (benign, malignant, and unspecified)	33 (4.0)
Hepatobiliary disorders	28 (3.4)
Skin and subcutaneous tissue disorders	26 (3.2)

^a Concomitant diseases were documented as free text entries, coded according to MedDRA and tabulated by primary system organ class and preferred term (up to two most common preferred terms). Only conditions occurring in ≥ 3% of patients are included in the table.

MedDRA Medical Dictionary for regulatory Activities

Supplementary Table S5 Disease activity in patients with RA according to alternative disease activity scores

Disease activity score, n (%)					
SDAI	Week	n	SDAI remission	Low SDAI	Moderate SDAI
			(≤ 3.3)	(> 3.3–11.0)	(11.1–26.0)
0	0	809	0 (0.0)	46 (5.7)	336 (41.5)
	12	794	64 (8.1)	270 (34.0)	261 (32.9)
	24	664	75 (11.3)	293 (44.1)	158 (23.8)
	36	561	72 (12.8)	264 (47.1)	134 (23.9)
	52	502	83 (16.5)	258 (51.4)	90 (17.9)
CDAI	Week	n	CDAI remission (≤ 2.8)	Low CDAI (> 2.8–10.0)	Moderate CDAI (10.1–22.0)
	0	809	0 (0.0)	46 (5.7)	293 (36.2)
	12	794	73 (9.2)	311 (39.2)	263 (33.1)
	24	664	97 (14.6)	328 (49.4)	180 (27.1)
	36	561	91 (16.2)	304 (54.2)	146 (26.0)
ACR/ EULAR	52	502	100 (19.9)	293 (58.4)	106 (21.1)
	Week	n	Remission criteria ^a met		Remission criteria not met
	0	806	1 (0.1)		805 (99.9)
	12	780	9 (1.2)		771 (98.8)
	24	651	19 (2.9)		632 (97.1)
36	36	543	19 (3.5)		524 (96.5)
	52	485	17 (3.5)		468 (96.5)

^a TJC ≤ 1, SJC ≤ 1, CRP ≤ 1 mg/dL, patient global assessment of disease activity ≤ 10.

ACR American College of Rheumatology, CDAI Clinical Disease Activity Index, CRP C-reactive protein, EULAR European League Against Rheumatism, RA rheumatoid arthritis, SDAI Simple Disease Activity Index, SJC swollen joint count, TJC tender joint count

Supplementary Table S6A Logistic regression analysis on patients with RA with DAS28 > 3.2 at week 36

Parameter	Category	Pr > chi-square	Wald CI for parameters		Wald CI for odds ratios		
			Estimate	95% confidence limits	Compared categories	Estimate	95% confidence limits
Duration of disease (years)		0.835	0.004	-0.032, 0.039		1.004	0.969, 1.040
Disease activity at baseline	Mild ^a	0.083	-2.350	-5.007, 0.307	Mild ^a vs. Severe ^c	0.095	0.007, 1.360
	Moderate ^b	0.018	-1.101	-2.012, -0.190	Moderate ^b vs. Severe ^c	0.332	0.134, 0.827
Patient assessment fatigue		0.618	-0.005	-0.023, 0.014		0.995	0.977, 1.014
Patient assessment pain activity		0.383	0.016	-0.020, 0.053		1.017	0.980, 1.055
Patient assessment disease activity		0.969	0.001	-0.042, 0.043		1.001	0.959, 1.044
Physician's assessment disease activity		0.095	-0.027	-0.059, 0.005		0.973	0.942, 1.005
PHQ-2 score		0.520	0.109	-0.222, 0.439		1.115	0.801, 1.552

^a DAS28 ≤ 3.2

^b DAS28 > 3.2–5.1

^c DAS28 > 5.1

CI confidence interval, DAS28 Disease Activity Score in 28 joints, PHQ-2 Patient Health Questionnaire-2, RA rheumatoid arthritis

Supplementary Table S6B Logistic regression analysis on patients with RA with DAS28 > 3.2 at week 52

Parameter	Category	Pr > chi-square	Wald CI for parameters			Wald CI for odds ratios		
				Estimate	95% confidence limits	Compared categories	Estimate	95% confidence limits
Duration of disease (years)		0.097	0.049	−0.009,	0.107		1.050	0.991, 1.112
Disease activity at baseline	Mild ^a /Moderate ^b	0.365	−0.586	−1.854,	0.681	Mild ^a /Moderate ^b vs. Severe ^c	0.556	0.157, 1.977
Patient assessment fatigue		0.272	0.012	−0.009,	0.033		1.012	0.991, 1.034
Patient assessment pain activity		0.352	−0.020	−0.061,	0.022		0.981	0.941, 1.022
Patient assessment disease activity		0.132	0.032	−0.010,	0.074		1.033	0.990, 1.077
Physician's assessment disease activity		0.568	−0.012	−0.055,	0.030		0.988	0.946, 1.031
PHQ-2 score		0.440	−0.145	−0.514,	0.224		0.865	0.598, 1.250

^aDAS28 ≤ 3.2

^bDAS28 > 3.2–5.1

^cDAS28 > 5.1

CI: confidence interval, DAS28 Disease Activity Score in 28 joints, PHQ-2 Patient Health Questionnaire-2, RA rheumatoid arthritis

Supplementary Table S7 List of all investigators of the ADEQUATE study^a

Investigator	Location ^b
Martin Hesse	Bad Kreuznach
Reiner Kurthen	Aachen
Elke Wilden	Köln
Arnold Bussmann	Geilenkirchen
Matthias Hemmerich	Aachen
Martin Welcker	Planegg
Wolfgang Thies	Herrsching
Klaus Krueger	München
Sandra Senger	Wunstorf
Rolf-Wilhelm Budde	Bückeburg
Uwe Schwichtenberg	Bremen
Wilfried Steinborn	Straubing
Juergen Kloos	Neuwied
Volker Riesopp	Duisburg
Ilona Bebnowski	Dortmund
Karin Manger	Bamberg
Maria-Anna Schleussner	Heilbad Heiligenstadt
Adelheid Melzer	Seesen
Michael Koch	Erfurt
Walter Behringer	Fulda
Lothar Meier	Hofheim
Alexander Messis	Bad Homburg
Christine Baumann	Plauen
Mechthild Straub	Kronach
Wolfgang Ochs	Bayreuth
Werner Harmuth	Marktredwitz
Matthias Schmitt-Haendle	Bayreuth
Elke Braeunig	Kahla
Andreas Kapelle	Hoyerswerda
Kathrin Winkler	Bautzen
Sabine Balzer	Bautzen
Katrin Geissler	Cottbus
Kirsten Luethke	Dresden
Holger Schwenke	Rheumatologisches MVZ Dresden GmbH im Gesundheitszentrum Dresden – Klotzsche (GZDK)
Steffen Fischer	Dresden
Anett Graessler	Pirna

Investigator	Location^b
Anke Liebhaber	Halle
Christian Herzberg	Berlin
Divshali-Mohsen Bozorg	Berlin
Jan Brandt-Juergens	Berlin
Silke Zinke	Berlin
Dirk Wernicke	Hohen Neuendorf
Michael Schnorfeil	Berlin
Sven Remstedt	Berlin
Uta Merkel	Königs Wusterhausen
Andreas Reck	Mittelherwigsdorf
Beate Roch	Dresden
Bettina Pech	Eberswalde
Angela Seifert	Berlin
Ilka Schwarze	Leipzig
Thomas Kupka	Altenburg
Sylvia Berger	Naunhof
Frank Zeiger	Leipzig
Wolf Rainer Raub	Münster
Brigitte Otte	Wesel
Frank Schumann	Reken
Markus Voglau	Oldenburg
Uwe Mall	Bremen
Gabriele Lorenz	Chemnitz
Henry Fricke-Wagner	Zwickau
Michael Mueller	Freiberg
Bernd Haeckel	Frankenberg
Kerstin Weiss Volker Schrader (Previous PI)	Lichtenstein
Michael Hoehne	Fraureuth
Kathrin Oppers	Dresden
Beatrice Gerlach	Dresden
Franca Wiemers	Leipzig
Olaf Heidlas	Dessau
Dietrich Barth	Borna
Karolin Schneider	Chemnitz
Martin Miehe	Berlin
Christian Kors	Berlin
Lars Freitag	Falkensee
Raoul Hasert	Berlin

Investigator	Location^b
Dietrich Metz	Wittstock
Birgit Zimmermann	Malchow
Birgit Berendt	Eberswalde
Anke Raschke	Magdeburg
Jutta Ramaker-Brunke	Braunschweig
Mario Pawlak	Heilbad Heiligenstadt
Siegfried Wassenberg	Ratingen
Georg Dahmen	Hamburg
Thomas Legler	Luebeck
Matthias Boehm	Altenholz
Jochen Walter	Rendenburg
Ulrich Schwab	Kiel
Angela Gause	Bad Bramstedt
Thilo Klopsch	Neubrandenburg
Ryszard Pyra	Torgelow
Ann-Dorthe Holst	Ludwigslust
Eckhart Mobius	Schwerin
Charlotte Moebius	Schwerin
Detlef Scholz	Neustadt-Glewe
Elisabeth Staender	Schwerin
Matthias Richter	Rostock
Doreen Lankow	Rostock
Peer Aries	Hamburg
Uwe Schwokowski	Ratzeburg
Thomas Schuart	Wissen/ Luhe
Christoph Weinhardt	Hamburg
Andreas Engel	Stuttgart
Maren Sieburg	Magdeburg
Cornelia Kuehne	Haldensleben
Christina Eisterhues	Braunschweig
Werner Biewer	Saarbrücken
Bernhard Heilig	Heidelberg
Doris Lassak-Siedl	Heidelberg
Ulrike Stein	Hannover
Harald Strothmeyer	Düsseldorf
Markus Vollmer	Monchengladbach
Claas Fendler	Duisburg
Herwig Rumpel	Regensburg

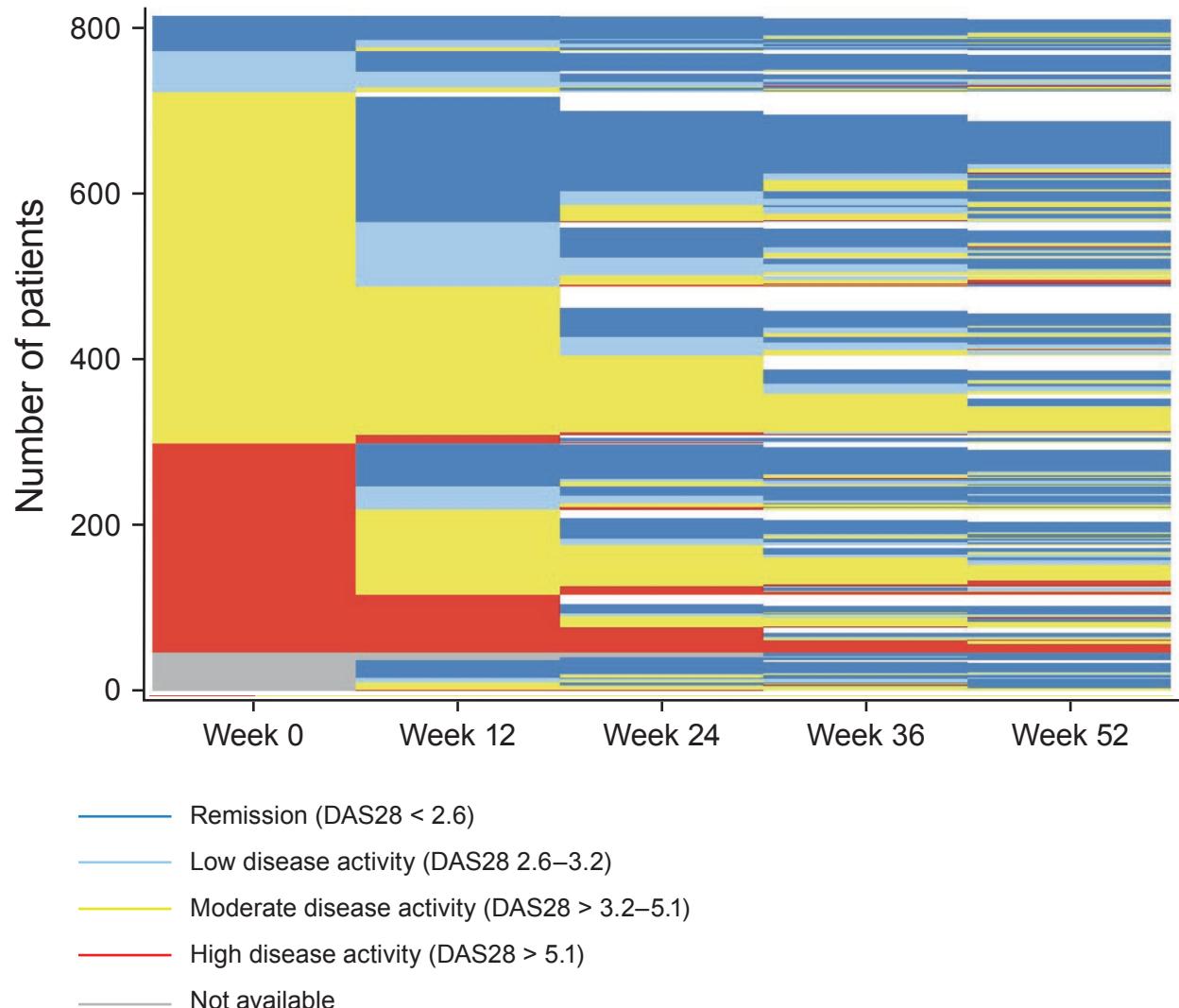
Investigator	Location^b
Mathias Kirrstetter	Deggendorf
Martin Feuchtenberger	Burghausen
Karl-Heinz Alliger	Zwiesel
Ingrid Koelnberger	Bogen
Gunther Zeh	Geislingen a. d. Steige
Nadia Rinaldi	Ulm / Donau
Sebastian Albert	Offenburg
Uta Fritzsch	Frankfurt
Thomas Marycz	Amberg
Carlo Weimann	Magdeburg
Torsten Kudela	Magdeburg
Andreas Schwarting	ACURA Rheumazentrum Bad Kreuznach
Inka Vallbracht Blanche Piper (Previous PI)	Stadt Klinikum Muenchen
Andreas Koerber	Universitaetsklinikum Essen
Eoers Szabo	Hamm
Rainer Schult Joerg Brinkmann (Previous PI)	Gladbeck
Katalin Winkler-Gyulay	Unna
Peter Kaestner	Erfurt
Torsten Eidner	Uniklinik Jena
Elvira Decker	Gesundheits- und Pflegezentrum Alsfeld
Andreas Krause	Rheumaklinik Berlin-Buch
Sabine Reckert	Rheumahaus Potsdam
Alexander Scheibert	MVZ der Johanniter Treuenbrietzen
Eugen Feist	Charite Berlin Rheumatologie und Klinische Immunologie
Anne Bruns	Medizinisches Versorgungszentrum Ambulantes Gesundheitszentrum Berlin
Birgit Kittel	Elbe Elster MVZ, Elsterwerda
Konrad Boche	Leipzig
Astrid Thiele	Klinikverbund St. Antonius und St. Josef GmbH, Krankenhaus St. Josef, Wuppertal
Christof Iking-Konert Frank Moosig (Previous PI)	Klinikum Bad Bramstedt
Helge Koerber	Asklepios MVZ Nord SH GmbH, c/o AK St. Georg, Elmshorn
Hans-Hartwig Euler	MVZ Rheumatologie und Autoimmunmedizin GmbH, Hamburg
Harald Tremel	MVZ Nord GmbH, Hamburg
Helmut Buehre	Katholisches Marienkrankenhaus Geriatrische Klinik, Hamburg
Regina Max	Universitaetsklinikum Heidelberg
Ulrich Prothmann	Knappschaftskrankenhaus Puettingen

Investigator	Location^b
Andreas Pinter	Klinikum der J.W. Goethe-Universität, Klinik für Dermatologie, Klinische Forschung, Frankfurt/Main
Florian Haas	Tübingen
Joerg Henes	Universitätsklinikum Tübingen
Steffen Briem	Kreiskrankenhaus Langenau
Markus Roeser, Constanze Richter (Previous PI)	ZIRS - Zentrum für Interdisziplinäre Rheumatologie Stuttgart
Anne-Katrin Rossbach	Mansfeld
Petra Roll	Ulm / Donau
Petra Staubach-Renz	Hautklinik der Universitätsmedizin Mainz KöR, Clinical Research Center
Ralph von Kiedrowski	Company for Medical Study&Service Selters
Jens Rossbacher	Berlin
Heike Mauer	Kamenz
Igor Turin	Karlstadt
Peter Wagener	Bruchhausen-Vilsen
Reinhard Hein	Nienburg
Guido Hoesche	Stadthagen
Stephanie Boeddeker	Marl
Carsten Stille	Hannover
Rainer Sprekeler	Zeven
Carsten Petersen	Potsdam
Susanne Kotterik	Reutlingen
Maren Hoene	Rostock
Sandra Vogel	Nürnberg
Werner Kremers	Jülich
Kora Hahn	Bezirksklinikum Obermain Kutzenberg, Ebensfeld
Michael Fiene	Kreiskrankenhaus Demmin GmbH
Helga Streibl	Holzkirchen
Swen Jacki	Tübingen
Thomas Abahji	Germering
Rainer Fahr	Suhl
Maria Hoehle	Hamburg
Frank Moosig	Neumünster
Ulrich Kaesser	Giessen
Parysa Alborz	Köln

^a Includes investigators who recruited patients with axial spondyloarthritis, psoriatic arthritis, and plaque psoriasis.

^b Unless specified otherwise, investigators were based at private practices.

Supplementary Fig. 1 Course of disease in patients with RA (LOCF)



DAS28, Disease Activity Score in 28 joints; LOCF, last observation carried forward; RA, rheumatoid arthritis