- **1** Supplementary Information
- 2 Feeding type and development drive the ingestion of microplastics by freshwater
- 3 invertebrates
- 4

## 5 Authors

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### 18 Ingestion studies

## 19 Table S1: Results of the non-parametric analysis of the ingestion rates for Daphnia

20 magna, Chironomus riparius, Gammarus pulex and Physella acuta. Significant influences

21 (n.s. = not significant,  $\star = p < 0.05$ ,  $\star \star = p < 0.01$ ,  $\star \star \star = p < 0.001$ ) of the variables size 22 (1, 10 and 90 µm), additional natural particles (with and without) and organisms were solely

analysed for ingestion rates at  $300 \text{ P mL}^{-1}$ .

				D. magna	C. riparius	G. pulex	P. acuta	
	Add.	Size	Analysed c	Significant	Significant Significant		Significant	
	particles	[µm]	[P mL <sup>-1</sup> ]	differences	differences	differences	differences	
	Without (-)	1	3	n.s.	n.s.	n.s.	vs 3000 <b>* * *</b>	
			30	vs 3000 ★★★	vs 3000 <b>* *</b>	vs 3000 <b>★</b>	vs 3000 ★	
			300	n.s.	vs 3000 ★	n.s.	vs 3★	
		10	3000	n.s.	n.s.	n.s.	n.s.	
	Without (-)		3	n.s.	n.s.	n.s.	vs 3000 <b>* * *</b>	
			30	vs 3000 <b>* * *</b>	vs 3000 <b>* * *</b>	n.s.	vs 3000 <b>* *</b>	
			300	n.s.	n.s.	vs 3000 <b>★</b>	n.s.	
Concen- tration			3000	n.s.	n.s.	n.s.	n.s.	
	Without (-)	90	3	n.s.	n.s.	n.s.	vs 300★	
			30	n.s.	n.s.	n.s.	n.s.	
			300	n.s.	n.s.	n.s.	n.s.	
	With (+)	1	3	n.s.	n.s.	n.s.	-/-	
			30	n.s.	vs 3000 <b>* *</b>	vs 3000 <b>* *</b>	-/-	
			300	n.s.	vs 3000 ★	n.s.	-/-	
			3000	n.s.	n.s.	n.s.	-/-	
	With (+)	10	3	n.s.	n.s.	n.s.	-/-	
			30	n.s.	n.s.	n.s.	-/-	
			300	n.s.	n.s.	n.s.	-/-	
			3000	n.s.	n.s.	n.s.	-/-	
	With (+)	90	3	n.s. n.s.		n.s.	-/-	
			30	n.s.	n.s. n.s. n.s.		-/-	
			300	n.s.	n.s.	n.s.	-/-	
Add.	(-) vs (+)	1	300	*	** n.s.		-/	
particles	(-) vs (+)	10	300	**	**	n.s	-/-	
	(-) vs (+)	90	300	n.s.	n.s.	n.s	-/-	
Size	Without (-)	1 vs 10 vs 90	300	n.s.	10 vs 90 <b>* *</b>	n.s.	1 vs 90 <b>★</b>	
	With (+)	1 vs 10 vs 90	300	1 vs 10★	1 vs 10 <b>* *</b>	n.s	-/-	
Organism	Without (-)	1	300	G. pulex $\star \star \star$	n.s.	D. magna ★★★	D. magna ★	
				P. acuta ★				
	Without (-)	10	300	G. pulex $\star \star \star$	G. pulex $\star$	C. riparius★	n.s.	
				-		D. magna <b>* * *</b>		
	Without (-)	90	300	n.s. <i>P. acuta</i> ★ n.s.		n.s.	C. riparius★	
	With (+)	1	300	C. riparius★★	D. magna★★	n.s.	n.s.	
	With (+)	10	300	G. pulex $\star \star$ n.s. D. n		D. magna ★ ★	n.s.	
	With (+)	90	300	n.s.	n.s.		n.s.	

# **Table S2: Results of the ingestion studies with** *Daphnia magna*, *Chironomus riparius*, *Gammarus pulex* and *Physella acuta*. Mean ± standard

deviation (ingested particles), min/ max values for ingested particles (min; max) and number of bead containing specimens (specs. cont. p, %).

Without additional particles (-)		1 μm				10 µm				90 µm		
		3 [P mL <sup>-1</sup> ]	30 [P mL <sup>-1</sup> ]	300 [P mL <sup>-1</sup> ]	3000 [P mL-1]	3 [P mL <sup>-1</sup> ]	30 [P mL <sup>-1</sup> ]	300 [P mL <sup>-1</sup> ]	3000 [P mL <sup>-1</sup> ]	3 [P mL <sup>-1</sup> ]	30 [P mL <sup>-1</sup> ]	300 [P mL <sup>-1</sup> ]
Daphnia magna	ing. particles: specs. cont. P: min; max:	0 P 0 % 0; 0	4.6 ± 2.6 P 100% 3; 10	31.6 ± 18.1 P 100% 3; 51	147.6 ± 26.6 P 100 % 120; 197	1 ± 0.62 P 83.3% 0; 2	4.17 ± 2.98 P 100% 2; 10	26.5 ± 7.45 P 100% 15; 36	152.3 ± 35.4 P 100% 103; 206	0 P 0 % 0; 0	0 P 0 % 0; 0	0 P 0 % 0; 0
Chironomus riparius	ing. particles: specs. cont. P: min; max:	0.17 ± 0.41 P 16.6% 0; 1	0.3 ± 0.51 P 33.3% 0; 1	15.7 ± 10.24 P 100% 6; 32	47 ± 12.9 P 100% 39; 62	1.17 ± 1.17 P 66.6% 0; 3	10.3 ± 12.1 P 100% 4; 35	95.8 ± 38.2 P 100% 53; 156	531.2 ± 110.4 P 100% 418; 680	0.5 ± 1.21 P 16.6% 0; 3	0.5 ± 0.84 P 33.3% 0; 2	1 ± 0.88 P 66.6% 0; 2
Gammarus pulex	ing. particles specs. cont. P: min; max:	0 P 0% 0; 0	0.67 ± 0.82 P 50% 0; 2	3.17 ± 1.82 P 100% 1; 6	6.17 ± 2.23 P 100% 3; 9	0 P 0% 0; 0	0 P 0% 0; 0	3 ± 4.1 P 100 % 1; 12	13.17 ± 11.9 P 100% 8; 36	0.16 ± 0.41 P 16.6% 0; 1	3.33 ± 3.43 P 83.3% 0; 10	8.17 ± 11.9 P 100% 1; 32
Physella acuta	ing. particles specs. cont. P: min; max:	19.2 ± 6.21 P 100% 10; 29	66.2 ± 20.4 P 100% 43; 104	86.2 ± 16.2 P 100% 72; 113	830 ± 145 P 100% 671; 993	36.2 ± 19.1 P 100% 13; 64	62 ± 27.2 P 100% 34; 114	459 ± 73.6 P 100% 393; 594	2496 ± 247 P 100% 2079; 2841	4 ± 0.88 P 100% 3; 5	37.5 ± 14.5 P 100% 25; 56	641 ± 174 P 100% 376; 816
Lumbriculus variegatus	ing. particles specs. cont. P: min; max:	0 P 0 % 0; 0	0 P 0 % 0; 0	0.83 ± 2.04 P 16.6% 0; 5	0 P 0 % 0; 0	0 P 0 % 0; 0	1.16 ± 2.85 P 16.6% 0; 7	3 ± 9.79 P 16.6% 0; 24	0 P 0 % 0; 0	0.3 ± 0.81 P 16.6% 0; 2	0 P 0 % 0; 0	0 P 0 % 0; 0
With additional particles (+)		1 μm				10 µm				90 µm		
		3 [P mL <sup>-1</sup> ]	30 [P mL <sup>-1</sup> ]	300 [P mL-1]	3000 [P mL-1]	3 [P mL <sup>-1</sup> ]	30 [P mL-1]	300 [P mL <sup>-1</sup> ]	3000 [P mL <sup>-1</sup> ]	3 [P mL <sup>-1</sup> ]	30 [P mL <sup>-1</sup> ]	300 [P mL-1]
Daphnia magna + algae	ing. particles: specs. cont. P: min; max:	0.16 ± 0.41 P 16.6 % 0; 1	0.6 ± 0.82 P 50% 0; 2	4.33 ± 3.01 P 100% 2; 10	20.5 ± 12.63 P 100 % 3; 40	0.3 ± 0.52 P 33.3% 0; 1	2 ± 1.66 P 83.3% 0; 4	10.83 ± 6.40 P 100% 3; 20	89.3 ± 48.1 P 100% 30; 151	0 P 0 % 0; 0	0 P 0 % 0; 0	0 P 0 % 0; 0
Chironomus riparius + sand	ing. particles: specs. cont. P: min; max:	0 P 0% 0; 0	0.5 ± 0.55 P 50% 0; 1	1.6 ± 0.82 P 100% 1; 3	9.82 ± 5.42 P 100% 5; 20	0 P 0% 0; 0	1.5 ± 1.86 P 66.6% 0; 5	14.5 ± 7.64 P 100% 3; 23	68.3 ± 31.67 P 100% 35; 122	0 P 0% 0; 0	0.16 ± 0.41 P 16.6% 0; 1	0.67 ± 1.62 P 16.6% 0; 4
Gammarus pulex + leaf	ing. particles specs. cont. P: min; max:	0 P 0% 0; 0	0.83 ± 0.74 P 66.6% 0; 2	3.67 ± 1.21 P 100% 2; 5	7.3 ± 4.93 P 100% 3; 14	0 P 0% 0; 0	0 P 0% 0; 0	1.3 ± 1.37 P 66.6 % 0; 3	6.67 ± 6.22 P 100% 1; 16	0.17 ± 0.41 P 16.6% 0; 1	1.82 ± 3.53 P 50% 0; 9	1.67 ± 3.13 P 50% 0; 8
Lumbriculus variegatus + sand	ing. particles specs. cont. P: min; max:	0 P 0 % 0; 0	0 P 0 % 0; 0	0 P 0% 0; 0	3.33 ± 8.15 P 16.6% 0; 20	0.66 ± 1.62 P 16.6 % 0; 4	0 P 0% 0; 0	0 P 0% 0; 0	5.5 ± 13.46 P 16.6 % 0; 33	0 P 0% 0; 0	0.3 ± 0.82 P 16.6 % 0; 2	0.16 P 16.6 % 0; 1

### 26 Egestion experiments

#### 27 *Material and Methods*

Daphnia magna. For every time interval ( $t_0$ - $t_{11}$ ) and bead size (1 and 10  $\mu$ m), we exposed 5 28 29 daphnids per replicate (n = 5) to 300 P mL<sup>-1</sup> fluorescent polystyrene spheres. After a 5 min exposure, the daphnids were washed for 1 min by transferring them to particle-free M4 30 medium. The daphnids were then transferred to fresh 50 mL M4 medium. After  $t_1 = 2 \min_{t_1} t_2$ 31  $= 4 \text{ min}, t_3 = 8 \text{ min}, t_4 = 16 \text{ min}, t_5 = 32 \text{ min}, t_6 = 64 \text{ min}, t_7 = 128 \text{ min}, t_8 = 256 \text{ min}, t_9 = 128 \text{ min}, t_8 = 256 \text{ min}, t_9 = 128 \text{ min}, t_8 = 100 \text{ min}, t_9 = 100 \text{ min}, t_9$ 32 512 min,  $t_{10} = 1440$  min and  $t_{11} = 2880$  min we removed the daphnids and sacrificed them 33 34 for microscopic examination. The ingestion of polystyrene spheres was verified by analysing the gut content of to daphnids. To evaluate the impact of algae on the gut evacuation period of 35 microplastics, we added 10<sup>6</sup> cells mL<sup>-1</sup> per treatment. In a second study, we exposed daphnids 36 to 10  $\mu$ m polystyrene particles (300 P mL<sup>-1</sup>) and documented the evacuation process via live 37 imaging. For this, after a feeding period of 5 min, 10 daphnids were washed and transferred 38 individually in multiwall plates containing fresh M4 medium and analysed using fluorescence 39 microscopy after 2, 6, 14, 30, 60, 126 and 254 min. 40

Chironomus riparius. We exposed aquatic larvae of C. riparius to 10 µm (3000 P mL<sup>-1</sup>) and 41 90 µm (300 P mL<sup>-1</sup>) polystyrene spheres each. After a 3 h exposure period, the larvae were 42 examined using fluorescent microscopy. Only larvae that ingested microplastics were used for 43 the egestion studies. To prevent re-ingestion of egested particles, we transferred them 44 individually (n = 6) to cages made of stainless steel gauze (mesh size of 0.5 mm). These cages 45 were placed into 100 mL beakers filled with 50 mL M4 medium. Thus, faeces could pass the 46 mesh and sink to the bottom of the beakers, while the larvae remained in the cages. After 0.5, 47 1, 1.5, 2, 2.5, 3, 12, 24 and 48 h the larvae were examined using fluorescent microscopy. 48 Specimens containing polystyrene spheres were transferred back into the cages. To evaluate 49

the impact of food on the gut evacuation period of microplastics, we added a tip of a spatulaof ground TetraMin fish food.

52 Results

Daphnids exposed to algae during the egestion period, completely egested the polystyrene 53 beads within 128 min for the 10 µm spheres and 1 140 min for 1 µm polystyrene spheres 54 (Fig.S1 a-b). This point to a slower egestion of 1 µm compared to 10 µm particles. In the 55 absence of algae cells, the amount of bead containing individuals remained steady (Fig. S1 a-56 b). Re-ingestion of egested particles as well as slower gut evacuation processes seems likely. 57 58 Observations and real-time tracking via live imaging support these assumptions (Fig. S1 c-d). Without algae, the gut clearance was slowed down and a re-ingestion of egested particles was 59 observed frequently. 60





Figure S1: Egestion experiment with *Daphnia magna* and fluorescent polystyrene beads.
(a-c) Ratio of daphnids containing beads in their gastrointestinal tract (%) at specific time
points for 1 μm beads (a) and 10 μm beads (b-c). The results from the live imaging (c, d). Reingested particles (d, t<sub>6</sub>) were excluded in (c).

In the egestion experiments with *C. riparius*, larvae co-exposed to food had a slightly faster gut clearance compared to individuals exposed to microplastics only (Fig. S2). Within the first 3 h the larvae only excreted a few beads located at the near end of the gastrointestinal tract. A complete clearance was not been observed. Overall, 90  $\mu$ m polystyrene beads were egested faster than 10  $\mu$ m beads. However, despite the cages, we cannot completely exclude a

71 re-ingestion of faeces.



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Figure S2: Egestion experiment with aquatic larvae of *Chironomus riparius* and fluorescent polystyrene spheres. (a) Ratio of larvae containing 10 and 90  $\mu$ m beads at specific time points in the presence and absence of food. (b) Larva after 3 h depuration (10  $\mu$ m).



Figure S3: Correlation ( $r^2= 0.9311$ ) of head capsule (HCW) and mentum width of 30 analysed *Chironomus riparius* larvae (unexposed controls). Dotted lines represent morphological restrictions, whereas only individuals with HCWs >400 µm and mentum width >96.3 µm have the theoretically capacity to ingest 90 µm polystyrene spheres.