

Supplementary Table

Items Included in the Depressive Symptom Clusters of the Inventory of Depressive Symptomatology Self Report (IDS-SR30)

<i>Mood Symptoms</i>	<i>Cognitive Symptoms</i>	<i>Somatic/Vegetative Symptoms</i>
Reduced capacity for pleasure or enjoyment	Concentration/decision-making problems	Aches and pains
Reduced interest in people/activities	Future pessimism	Appetite increase/decrease
Reduced quality of mood	Self-criticism and blame	Weight increase/decrease
Reduced reactivity of mood	Suicidal thoughts	Diurnal variation with a worse mood in the morning
Feeling anxious or tense		Early morning awakening
Feeling irritable		Low energy level/fatigability
Feeling sad		Other bodily symptoms
Interpersonal sensitivity		Problems falling asleep
Leadens paralysis		Problems sleeping during the night
Panic/phobic symptoms		Sleeping too much
		Psychomotor agitation
		Psychomotor retardation
		Reduced interest in sex
		Constipation/ diarrhea

Note. Depressive symptom clusters according to (Paans et al., 2018a; Paans et al., 2018b; Schaakxs et al., 2017).