

1 **Genetic analysis of sudden unexpected death cases: Evaluation of library preparation methods**  
2 **to handle heterogeneous sample material**

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13  
**Abstract**

14 Over the past years, next-generation sequencing (NGS) technologies revolutionized the possibilities in  
15 a broad range of application areas. Also in the field of forensic genetics, NGS continuously gained in  
16 importance and attentiveness. A significant number of sudden cardiac deaths (SCD) in the young is  
17 due to heritable arrhythmia syndromes emphasizing the need of examining the genetic basis in these  
18 cases also with regard to the identification of relatives and/or patients being at risk. As a result, high-  
19 throughput methods became of increasing value in molecular autopsy investigations enabling the  
20 analysis of a broad spectrum of genes.

21  
22 Most standard protocols are optimized for high-quality samples and frequently not directly applicable to  
23 challenging forensic sample material. In the present study, we intended to examine a comprehensive  
24 gene panel associated with SCD and inherited arrhythmogenic disorders. We compared three different  
25 hybridization-based library preparation technologies in order to implement a suitable NGS workflow for  
26 heterogeneous, forensic as well as diagnostic sample material.

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28 The results obtained indicated, that the Illumina technologies Nextera DNA Flex and TruSeq were  
29 compatible with samples exhibiting varying levels of degradation. In comparison, the TruSight method  
30 also resulted in good sequencing data, but seemed to be more dependent on DNA integrity. The  
31 preparation protocols evaluated in our study are not restricted to molecular autopsy investigations and  
32 might be helpful for and transferrable to further forensic research applications.

33  
34 **Keywords:** Sudden Cardiac Death (SCD), DNA integrity, Degradation, Next-generation sequencing,  
35 Targeted sequencing

36

37 **1. Introduction**

38 Over the past years, next-generation sequencing (NGS) technologies rapidly evolved as an  
39 indispensable tool in a wide spectrum of research applications, in clinical diagnostics as well as forensic  
40 genetics offering a lot of new possibilities [1, 2]. For instance, NGS became of increasing importance  
41 in molecular autopsy investigations [3–5]. A significant number of sudden cardiac death (SCD) cases -  
42 especially in the young - was found to have its origin in inherited arrhythmia syndromes, which include  
43 primary electrical heart disorders as well as cardiomyopathies [6, 7]. These diseases have in common  
44 that they are phenotypically and genetically heterogeneous [8]. As sudden death often reveals the first  
45 and only sign of a hereditary disease, elucidating its genetic basis in victims of sudden unexpected  
46 death (SUD), in their relatives and even in patients presenting clinical abnormalities, NGS enables a  
47 fast, cost-efficient and simultaneous analysis of a high number of genes [1, 3, 5, 9]. Genetic analyses  
48 in these cases allow to initiate cascade screening in affected families in order to identify relatives at-  
49 risk enabling the implementation of preventive measures.

50  
51 In the field between forensic genetics and molecular diagnostics it is important to perform genetic  
52 screening and subsequent interpretation of the results as close as possible to the diagnostic standards  
53 as the analyses might implicate far-reaching consequences for relatives and patients [10]. Therefore, it  
54 is important to meet the quality requirements implementing an NGS workflow for molecular autopsy and  
55 subsequent family investigations. During the last years, various high-throughput techniques and an  
56 increasing number of sample preparation methods have been developed [1, 2].

57 For targeted sequencing, every method has its advantages and disadvantages. In forensic applications,  
58 PCR-based target enrichment is by far the most prevalent and sensitive method [11]. Furthermore,  
59 amplicon-based technologies may be more suitable and may result in better sequencing performance  
60 when working with limited sample amounts, smaller panels or targets exhibiting high homologies. In  
61 contrast, hybridization capture-based enrichment methods are more frequently used in molecular  
62 diagnostics and generally have advantages when analyzing e.g. larger gene panels or even whole  
63 exomes [2, 11–14].

64  
65 In the present study, a comprehensive panel of candidate genes associated with inherited  
66 arrhythmogenic diseases and sudden cardiac death to be analyzed by next-generation sequencing was  
67 examined. As postmortem samples show high variability in quality and DNA integrity, most standard  
68 NGS protocols are often not directly applicable, because they are optimized and standardized for the  
69 analysis of intact, high-quality genomic DNA (gDNA). Thus, for the implementation of NGS, we  
70 compared different workflows, which were adapted to analyze heterogeneous sample material. Three  
71 library preparation technologies were tested and evaluated for its practical application close to  
72 diagnostic standards.

## 2. Material and Methods

73

### 74 2.1 Ethical statement

75 The present study was approved by the Ethical Commission of the University Hospital, Goethe  
76 University of Frankfurt (protocol number E84/06).

77

### 78 2.2 Sample preparation

79 Samples from sudden unexpected death cases and from patients exhibiting clinical abnormalities  
80 pointing towards an arrhythmogenic disease were used to test three library preparation technologies  
81 for subsequent next-generation sequencing. DNA was extracted from either blood (n=48), renal (n=1),  
82 pulmonary (n=12) or muscle (n=1) tissue, cardiac FFPE (formalin-fixed paraffin-embedded, n=1)  
83 samples as well as from cardiac or kidney tissue samples stored in formalin (n=3). Blood samples were  
84 extracted applying the Maxwell® RSC Blood DNA Kit (Promega, Madison, USA) or the NucleoSpin®  
85 Tissue Kit (Macherey Nagel, Düren, Germany), which was also used for tissue samples. DNA from  
86 FFPE samples was extracted using the AllPrep DNA/RNA FFPE Kit (Qiagen, Hilden, Germany).  
87 Extractions were performed according to the manufacturers' protocols. Samples stored in formalin only  
88 were rinsed overnight and were processed using the same kit, starting from step 5 after  
89 deparaffinization.

90

91 Following DNA extraction, sample purity and quantity were assessed using the Nanodrop® ND-1000  
92 Spectrophotometer v3.1.0 (Intas, Göttingen, Germany) and Qubit 3 Fluorometer in combination with  
93 the dsDNA BR and HS assay kits (Invitrogen, Carlsbad, USA), respectively. Only DNA samples  
94 showing high purity (A260/A230 ratio generally > 2, at least > 1.8) were used for subsequent  
95 sequencing. DNA integrity was examined using genomic DNA or D1000 ScreenTape assays and  
96 Agilent 4200 TapeStation (Agilent Technologies, Santa Clara, USA).

97

### 98 2.3 Library preparation and targeted sequencing

99 Paired-end libraries were prepared using the TruSight cardio panel (Illumina, San Diego, USA)  
100 consisting of 174 genes associated with cardiac diseases (supplemental data) and three different library  
101 preparation technologies of the company Illumina. Library preparation was performed applying either  
102 the TruSight Cardio Kit (bundled solution), the TruSeq Exome Kit - where exome oligos were replaced  
103 by TruSight cardio oligos, or the relatively new Nextera Flex technology (now referred to as Illumina  
104 DNA prep) as follows:

105

106 TruSight technology: Libraries were prepared using the TruSight Cardio Sequencing Kit according to  
107 the manufacturer's manual. Since the standard protocol is optimized for intact gDNA samples of high

108 quality, the volume of the 'tagment DNA enzyme' for tagmentation was reduced to 10 µl to avoid over-  
109 fragmentation and thus smaller insert sizes.

110

111 TruSeq technology: Library preparation was performed using the TruSeq Exome Kit. As mentioned  
112 above, exome oligos were replaced by TruSight cardio oligos (Illumina). The instructions of the kit's  
113 protocol were followed. Certain steps were adjusted according to the Illumina TruSeq technical note for  
114 the library preparation with regard to FFPE samples to achieve better results with heterogeneous  
115 samples. For samples exhibiting a DNA integrity number (DIN) lower than 6, 300 ng of DNA, for samples  
116 showing a higher DIN ( $\geq 6$ ), 200 ng DNA were used (instead of recommended 100 ng DNA). DNA was  
117 sheared by means of sonication using Covaris M220 Focused-ultrasonicator (Covaris, Woburn, USA).  
118 In the PCR program 'PCR nano' of the TruSeq reference guide, cycles were increased from 8 to 12  
119 cycles. For enrichment, 500 ng instead of 100 ng (for 12-plex) were used to pool DNA libraries. Enriched  
120 libraries were amplified in 13 instead of 8 cycles.

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122 Nextera Flex technology: Libraries were prepared following the manufacturer's protocol (Nextera™ Flex  
123 for Enrichment). Since the samples showed varied considerably regarding their DNA integrity,  
124 recommendations for formalin-fixed paraffin-embedded samples were followed as described in the  
125 protocol. Of samples exhibiting a DIN lower than 5, 300ng of DNA, above a DIN of 5, 200ng were used  
126 for tagmentation. In order to obtain better performance in GC-rich regions, the PCR program 'Amplify  
127 tagmented DNA' was modified and denaturation times in steps 2 and 3 were increased to 4 min., 30 s  
128 instead of 3 min., 20 s, respectively). For enrichment, 500 ng per pre-enriched library were used.  
129 Hybridization of probes was performed overnight. Enriched libraries were amplified with adjusted  
130 doubled denaturation times in steps 1 and 2 of the protocol.

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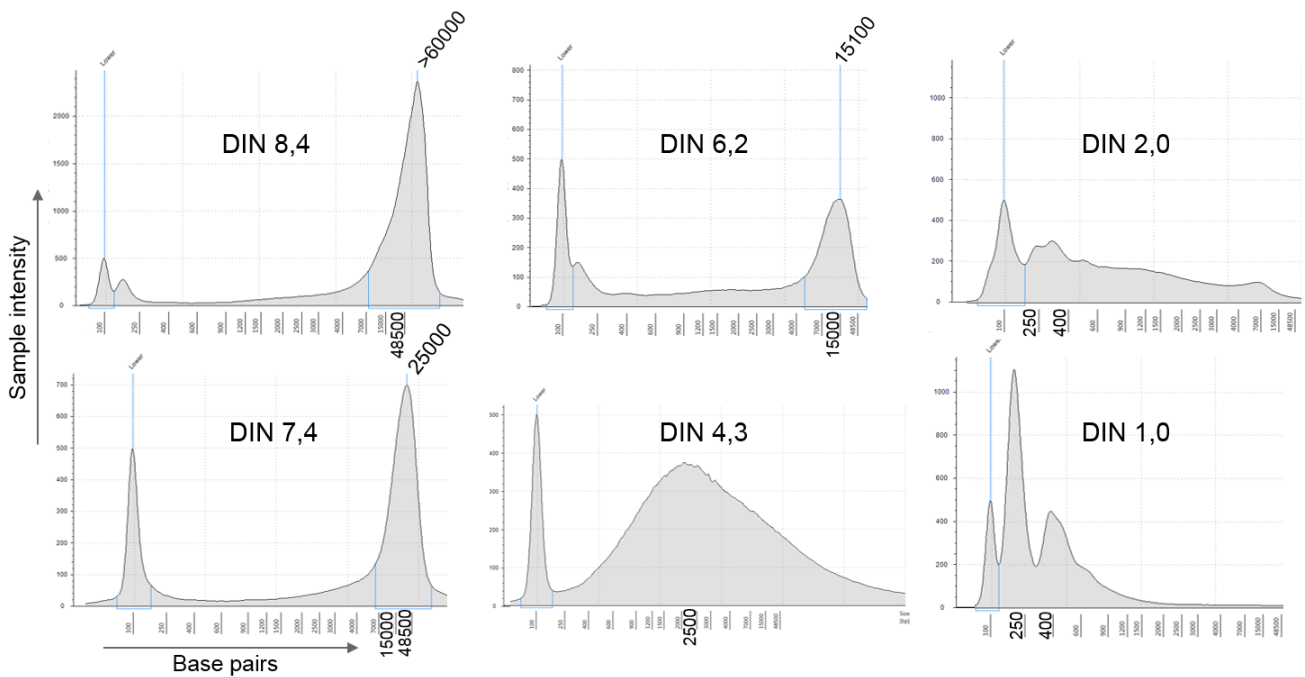
132 Concentration and quality of pre-enriched and enriched libraries were checked fluorimetrically and by  
133 applying D1000 and High Sensitivity D1000 TapeStation assays (Agilent Technologies), respectively,  
134 as mentioned above. A genomic DNA reference sample (e.g. NA12878, Coriell Institute) was included  
135 in every library preparation process and served as a control in each sequencing run. Sequencing was  
136 carried out on Illumina platforms MiSeq or MiniSeq System (2x150 bp paired end reads, using v2  
137 reagent kit or high output kit, respectively). The resulting reads were aligned to the human reference  
138 genome GRCh37/hg19. Evaluation of the data was performed using Illumina Analysis Software and  
139 Illumina Sequencing Analysis Viewer (Illumina) as well as GensearchNGS software (PhenoSystems,  
140 Braine le Chateau, Belgium). Next to this, only NGS runs meeting the following quality criteria were  
141 considered as good sequencing runs: Cluster densities should be close to the manufacturer's  
142 recommended range, a quality score of Q30 should be reached by at least 90 % of the bases and at  
143 least 98 % of core genes should be covered  $\geq 20x$ .

144

145 **3. Results**

146  
147 **3.1 Integrity of starting material**

148 The integrity of the input gDNA may critically affect the success of library preparation and subsequent  
149 sequencing. Therefore, quality control of the starting material was performed and the gDNA integrity of  
150 samples, that showed good purity and quantity following extraction, was assessed. Depending on  
151 sample origin, the kind of sample material and its storage before extraction, the extracts exhibited high  
152 variability of gDNA integrity ranging between DNA integrity number (DIN) values of 1 to 9.1, as shown  
153 in figure 1.



154

155 **Figure 1: Samples showed high variability of gDNA integrity.** Representative electropherogram patterns using  
156 the 4200 TapeStation system and Genomic DNA Screen Tape assay display the range of gDNA integrity of the  
157 samples (DIN scale 1-10, where a high DIN indicates highly intact gDNA; sample intensities indicated in  
158 normalized fluorescent units).

159

160 Diagnostic samples revealed DIN values between 6.1 and 9.1. Therefore, extracts with values above  
161 DIN 6 were considered to contain relatively intact DNA. As shown in figure 1, samples with a DIN value  
162 > 6 exhibit one well-defined peak only, whereas samples with DIN close to 6 already display signs of  
163 partial degradation, but there is still a major peak visible, which is shifted towards smaller sizes.

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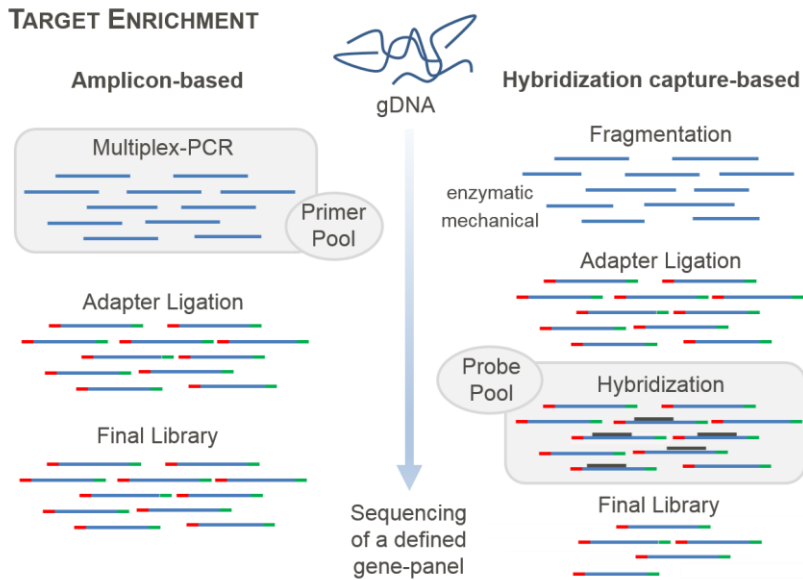
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169 **3.2 Approach for targeted sequencing**

170 For the present scope of application, we considered a commercially available Illumina-compatible  
171 hybridization capture-based enrichment workflow (figure 2) to be most suitable for examining a broad  
172 spectrum of genes associated with inherited arrhythmia diseases.



173

174 **Figure 2: Common enrichment options for targeted sequencing.** Using amplicon-based methods, targets are  
175 enriched by PCR amplification in e.g. one or multiple multiplex reactions. With hybridization-capture enrichment  
176 methods, gDNA is first fragmented. Afterwards, targets are selectively captured by hybridization of specific  
177 biotinylated probes complementary to the regions of interest and subsequently recovered using streptavidin-  
178 magnetic beads.

179

180 The targeted gene capture panel 'TruSight Cardio' of Illumina comprised the most relevant genes  
181 enabling the analysis in a single sequencing assay. Based on the results of the DNA integrity  
182 measurements the following approach for targeted sequencing of heterogeneous sample material was  
183 established using three different library preparation technologies (Figure 3) according to the protocols'  
184 requirements:

185 We initially started with the Illumina TruSight technology (TruSight Cardio Sequencing Kit, bundled  
186 solution). This kit is based on enzymatic fragmentation. During 'tagmentation', the DNA is fragmented  
187 and tagged with adapter sequences in a single step. However, enzymatic fragmentation is highly  
188 sensitive to the amount and quality of input nucleic acid. Hence, protocols are difficult to adapt to  
189 applications with samples exhibiting varying levels of degradation. Therefore, we decided to apply this  
190 technology to gDNA samples exhibiting a DIN value > 6.

191 In a second step and for best possible processing of samples showing lower levels of DNA integrity,  
192 the Illumina TruSeq technology was tested. This procedure is based on mechanical DNA shearing.  
193 Using this method, accurate gDNA fragmentation is less dependent on the concentration and integrity

194 of the starting material. This technology was mainly applied to highly degraded samples with a DIN <  
195 6.

196 Subsequently, we applied the new library preparation method Nextera DNA Flex (now named Illumina  
197 DNA Prep) employing enzymatic 'on-bead tagmentation'. This technology promised to be compatible  
198 with a wide range of input types and amounts. Next to this, it should also be suitable for degraded as  
199 e.g. FFPE samples. This kit was used independently of the sample integrity.

200 In order to obtain appropriate insert sizes and final enriched libraries, all protocols were adapted to the  
201 use of heterogeneous material as described in the methods section.

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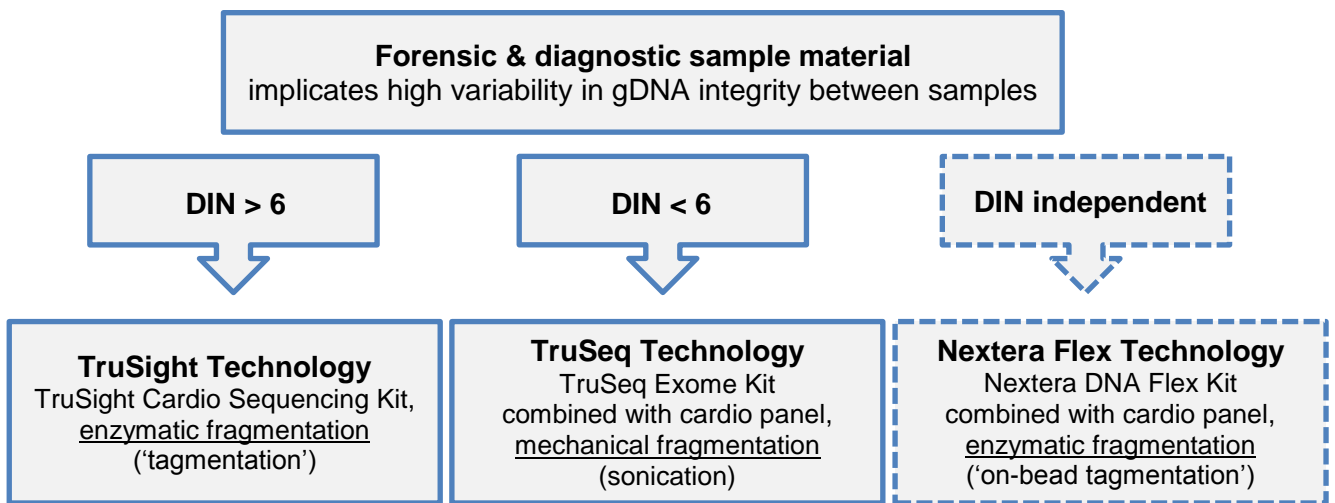
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**Figure 3: Approach performing genetic analysis of heterogeneous sample material using Next-generation sequencing.** Intact samples displaying a relatively high gDNA integrity (DIN > 6) were processed with the TruSight technology. Samples exhibiting high degradation levels (DIN < 6) were prepared using the TruSeq protocol. The new Nextera DNA Flex technology was applied DIN independently to all sample types.

### 3.3 Comparison of library preparation methods and sequencing performances

For each sequencing run, libraries of 12 samples were processed, pooled and enriched using the TruSight cardio panel for subsequent analyses. Library preparation was performed with either the TruSight, TruSeq or Nextera DNA Flex technology. By adapting the protocols, uniform libraries of proper size and concentration were obtained. Table 1 represents the results of two NGS runs for each preparation technology. Excluding the reference sample, the average DNA integrity number of samples prepared with the TruSight method was 7.8 in the first and 6.9 in the second library preparation workflow. Using the TruSeq technology, the samples exhibited lower values, namely DIN 4.1 in the first and 2.9 in the second preparation workflow, and samples prepared with the Nextera DNA Flex workflow DIN values of 4.7 and 5.9, respectively. Only pre-enriched libraries conforming to the quality requirements were further processed.

230 In each NGS run, cluster densities within an adequate range were observed. The sequencing data were  
 231 of good quality, as a quality score of Q30 was obtained by > 91 % of the bases (averaged 93.3 % ± 1.3,  
 232 n=6). Regarding the sequencing performance for the entire panel consisting of 174 genes with known  
 233 cardiac associations, only samples showing 20x coverage in at least 98 % of the targets (without  
 234 duplicates) were considered for evaluation (table 1). All the technologies tested were found to provide  
 235 good coverage depths, target coverage and uniformity of coverage. However, it has to be considered,  
 236 that only comparatively intact samples were processed using the TruSight protocol.

237

238 **Table 1: Comparison of Next-generation sequencing performances using three different library**  
 239 **preparation technologies for genetic analysis of heterogeneous sample material.** Average mean coverage  
 240 depth, coverage uniformity and target coverage (20x, 50x) including standard deviations are shown. For target  
 241 coverage statistics, duplicate reads were excluded. For each technology, the results of two NGS runs are listed.  
 242 The third row of each technology section summarizes the results of both runs. Further evaluation parameters  
 243 represented the assay time and the equipment as well as the amount of DNA required.

244

Technology	Mean Coverage Depth	Uniformity of Coverage (pct > 0.2 *mean)	Target Coverage 20x	Target Coverage 50x	Assay Time	Equipment	Input (ng)*
TruSight enzymatic fragmentation	314	98.21 % (± 0.31)	99.75 % (± 0.32)	98.08 % (± 2.58)	+/-	+/-	50
	356	95.89 % (± 1.19)	99.56 % (± 0.3)	96.34 % (± 2.71)			
	335	97.05 % (± 1.46)	99.65 % (± 0.32)	97.21 % (± 2.73)			
TruSeq mechanical fragmentation	407	99.06 % (± 0.12)	99.89 % (± 0.03)	99.62 % (± 0.32)	-	-	200 - 300
	925	99.16 % (± 0.16)	99.9 % (± 0.00)	99.83 % (± 0.07)			
	654	99.11 % (± 0.15)	99,9 % (± 0.02)	99.72 % (± 0.25)			
Nextera DNA Flex enzymatic fragmentation -'on-bead tagmentation'	555	99.15 % (± 0.78)	99.88 % (± 0.04)	99.64 % (± 0.15)	+	+/-	flexible range 50-300 tested
	667	98.65 % (± 0.37)	99.84 % (± 0.07)	99.55 % (± 0.28)			
	611	98.9 % (± 0.65)	99.86 % (± 0.06)	99.59 % (± 0.23)			

245 \*Values concerning input amounts refer to initial gDNA inputs successfully tested in this study and may differ from values  
 246 stated in corresponding protocols.

247

248

249 Sequencing coverage depth and uniformity were higher for libraries prepared using the TruSeq and  
 250 Nextera DNA Flex workflow compared with data obtained using the TruSight technology. The TruSeq  
 251 technology showed the lowest deviations in uniformity and target coverage and the best target coverage  
 252 (20x as well as 50x) over the entire gene panel, followed by the Nextera DNA Flex and the TruSight  
 253 workflows. Slight variations in coverage may have noticeable impact on the evaluation of the  
 254 sequencing data, especially when analyzing the coverage of core genes.

255



256 **3.4 Coverage of Core Genes**

257 The entire and sufficient coverage of core genes is one of the most important aspects in molecular  
 258 genetic analyses. Particularly in molecular autopsy investigations, this are the main prevalent genes  
 259 associated with arrhythmogenic disorders as Long-QT Syndrome (LQTS), Brugada Syndrome (BrS),  
 260 Short-QT Syndrome (SQTS), Catecholaminergic Polymorphic Ventricular Tachycardia (CPVT) as well  
 261 as hypertrophic, dilative and arrhythmogenic cardiomyopathy (HCM, DCM, ACM, respectively)  
 262 according to the current guidelines [15]. Therefore, the coverage of 15 major candidate genes  
 263 associated with SCD was analyzed (table 2). The evaluation was based on the coverage of coding  
 264 regions including ten base pairs of the flanking intronic regions.

265

**Table 2: Coverage of 15 core genes associated with sudden cardiac death (SCD) and arrhythmogenic disorders using three different library preparation technologies.** Coverage analyses was based on the genes *SCN5A*, *KCNQ1*, *KCNH2*, *KCNJ2*, *RYR2*, *MYH7*, *MYBPC3*, *TNNI3*, *TNNT2*, *LMNA*, *BAG3*, *PKP2*, *DSC2*, *DSG2* and *DSP*. Average values for each run and technology, respectively, are shown.

Technology	Coverage of core genes 20x	Coverage of core genes 50x
<b>TruSight</b> enzymatic fragmentation	99.88 % (± 0.26 %)	98.58 % (± 2.17 %)
	99.82 % (± 0.26 %)	97.55 % (± 2.05 %)
	99.85 % (± 0.26 %)	98.06 % (± 2.13 %)
<b>TruSeq</b> mechanical fragmentation	100.00 % (± 0.00 %)	99.82 % (± 0.18 %)
	99.9 % (± 0.03 %)	99.96 % (± 0.07 %)
	100.00 % (± 0.02 %)	99.89 % (± 0.15 %)
<b>Nextera DNA Flex</b> enzymatic fragmentation -‘on-bead tagmentation’	99.94 % (± 0.09 %)	99.72 % (± 0.18 %)
	99.95 % (± 0.05 %)	99.75 % (± 0.12 %)
	99.94 % (± 0.07 %)	99.74 % (± 0.15 %)

266

267 A 20x coverage was achieved by a high proportion of bases (> 99.8 %) independent of the technology  
 268 used. Nevertheless, the TruSeq technology exhibited best performance (≥ 99.9 %) with the lowest  
 269 deviations. Regarding the 50x coverage of core genes, the TruSight method resulted in apparent lower  
 270 values (98.06 % compared to 99.89 % and 99.74 %). Best coverage was obtained using the TruSeq  
 271 technology, followed by that of the Nextera Flex.

272

273 Gaps or rather low coverage regions have to be completed by Sanger sequencing in order to guarantee  
 274 hundred percent coverage of core genes. For research applications, we set the coverage cut-off to ≥  
 275 20x. On average, four exons in two genes had to be re-sequenced in each sample using the TruSight  
 276 technology with strong deviations between samples. When applying the Nextera Flex protocol one exon  
 277 in one gene had to be re-analyzed on average. The same exons, i.e. the first exon of the *KCNQ1* and

278 the fourth exon of the *KCNH2* gene were involved in multiple samples. Almost no target regions had to  
279 be completed by using the TruSeq technology. Only few samples were involved and the same regions  
280 had to be re-sequenced as using Nextera Flex.

281

#### 282 **4. Discussion**

283 In the past years, next-generation sequencing technologies have developed into a promising tool for  
284 examining rare and heterogeneous genetic disorders and investigating the genetic background in  
285 victims of sudden unexpected death [3, 7, 16]. As Sanger sequencing-based testing is limited to the  
286 analysis of well characterized, most prevalent genes, NGS enables the analysis of a broad range of  
287 targets within short turnaround time and with reduced cost [17]. A wide variety of kits is available, both  
288 for custom and predesigned panels. In order to select the best solution for the field of application,  
289 various aspects need to be considered, such as the size of the region of interest, compatibility with NGS  
290 technologies, DNA requirements, practicability and cost per sample [3, 12, 13].

291

292 Whole exome sequencing (WES), frequently followed by condition-specific filtering of resulting data,  
293 prevalently represents the method of choice investigating rare inheritable disorders and SUD cohorts.  
294 However, this approach is more attractive for high-throughput laboratories and often results in uneven  
295 coverage across and between genes. Furthermore, major candidate genes may be covered with poorer  
296 quality than by defined gene panel analysis. Moreover, the higher risk of detecting incidental variants  
297 should not be underestimated [17–21]. Highly multiplexed PCR approaches for target enrichment may  
298 result in lower overall sequencing performance as, for example, coverage uniformity due to non-uniform  
299 amplification of target regions. In addition, variants in primer binding sites may cause preferential or  
300 mono-allelic amplification and the compatibility with low integrity samples may be limited [12–14].  
301 Considering these facts, we decided to apply Illumina sequencing platform-compatible hybridization  
302 capture-based library preparation workflows including the predesigned TruSight Cardio panel, which  
303 covers the most relevant genes. It has been shown that well-designed hybridization-based assays offer  
304 superior performance analyzing larger target regions and result in better coverage uniformity [12, 13].

305

306 The majority of standard NGS workflows and protocols are developed and optimized for high-quality  
307 samples frequently processed in diagnostic analyses. Since the integrity of the starting material can  
308 critically affect the success of targeted NGS library preparation [12, 22–24], we performed quality  
309 control of the starting material. Our results indicated the expected high variability in DNA integrity,  
310 especially in postmortem samples. Therefore, assessment of the sample integrity was very useful in  
311 selecting the best DNA extracts per case. Unexpectedly, FFPE tissue specimens were often easier to  
312 process with older cases or than e.g. blood and tissue samples that were not suitably stored. It is  
313 generally known, that preservation of genomic DNA in FFPE complicates its use in many downstream  
314 applications due to e.g. degradation and cross-linking between proteins and DNA. However, possibly

315 well-prepared and processed FFPE specimens better preserved genomic DNA. Therefore, this option  
316 may be kept in mind when processing challenging cases, as we frequently obtained (also in subsequent  
317 experiments, data not shown) usable DNA extracts and subsequent sequencing results from FFPE  
318 specimens.

319 This approach supplemented with further intermediate quality control steps considerably minimized the  
320 risk of losing single libraries during the preparation workflow and producing unreliable sequencing data  
321 due to poor sample quality saving time and costs when working with heterogeneous as forensic sample  
322 material.

323  
324 An important first step for all targeted capture-based NGS applications is the consistent fragmentation  
325 of gDNA by mechanical or enzymatic means [25, 26]. In contrast to mechanical methods, the efficiency  
326 of enzymatic DNA fragmentation is highly dependent on the enzyme to DNA input ratio [23]. Adaption  
327 of DNA or enzyme amounts and/or incubation time may improve this critical step, but may result in  
328 inconsistencies in fragment size distribution due to over-fragmentation of low integrity samples and  
329 insufficient fragmentation of intact samples, respectively. This may have downstream effects on library  
330 preparation process as well as on sequencing performance [23, 25]. Using mechanical shearing,  
331 accurate fragmentation is less dependent on the integrity of the starting material, but requires more  
332 time and specific equipment. Therefore, we initially used the TruSight (enzymatic) for intact and TruSeq  
333 technology (mechanical fragmentation) for more degraded samples. The new Nextera methodology  
334 uses magnetic bead-linked transposome complexes binding and fragmenting fixed amounts of DNA.  
335 Using this technology, over-fragmentation should be avoided, because DNA fragments remain attached  
336 to the beads following tagmentation promising compatibility with variable input types [23].

337  
338 According to the diagnostic standards, important quality parameters for genetic analyses using NGS  
339 include, among others, the average sequencing depth, uniformity of coverage, the percentage of target  
340 regions sequenced with an informative read depth greater than or equal to 20 as well as the coverage  
341 of core genes [10, 12, 27, 28]. Guidelines explicitly indicate that the reliability of the analysis should not  
342 be compromised with the transition from Sanger sequencing to NGS [10]. Therefore, the coverage of  
343 15 core genes associated with SCD and arrhythmogenic disorders was evaluated according to the  
344 recommendations of current guidelines [10, 15, 29]. Low coverage regions have to be completed by  
345 Sanger sequencing. Re-sequencing of too many uncovered targets have an impact on turnaround time  
346 and cost [17]. For diagnostic germline genetic testing, higher minimum read depths (30-50x) can be  
347 defined depending on the panel used, especially concerning the coverage of major candidate genes.  
348 Therefore, we also focused on the 50x target coverage as evaluation criterion.

349 In overall comparison of the results, we received adequate sequencing performances with each of the  
350 three library preparation technologies tested. The mean read depth as well as the mean coverage of  
351 target regions (20x) over the entire panel was as high as published previously [18]. The TruSeq

352 technology resulted in the highest evenness of coverage across the entire panel, the highest target  
353 read depth and good coverage of core genes with low deviations between samples. These results were  
354 closely followed by the Nextera Flex methodology. We observed that the TruSight technology was more  
355 dependent on sample quality as expected. Furthermore, this method resulted in apparently lower values  
356 at 50x coverage of core genes requiring re-sequencing of several exons in different genes. In contrast,  
357 few and mostly the same exons had to be re-sequenced using the Nextera Flex or the TruSeq workflow.  
358 This predominantly concerned high GC-rich sequences in the potassium channel encoding genes  
359 *KCNQ1* und *KCNH2*, which is a known problem [17].

360  
361 The performance of library preparation technologies can also be measured by the ease of use and the  
362 amount of DNA required [12]. The Nextera Flex workflow is by far the easiest, fastest and most flexible.  
363 Usually, it is not even necessary to quantify and normalize gDNA inputs above 50 ng, because library  
364 yields are normalized by saturation of the enrichment bead-linked transposome complexes (eBLT) [23].  
365 However, with regard to heterogeneous sample material and to obtain comparable results, we always  
366 quantified and defined the input amount per sample. The Nextera Flex technology enables flexible DNA  
367 input amounts. In subsequent experiments (data not shown), we went down to 50 ng input with limited  
368 low-integrity forensic samples and obtained good-quality and comparable sequencing data (table 1). In  
369 contrast, the TruSeq protocol represents the most time consuming workflow. DNA shearing by  
370 sonification requires additional working steps resulting in more total hands-on time and many  
371 laboratories may not have access to a Covaris shearing system. Furthermore, we used the highest  
372 amount of starting material applying this method, which may be problematic when processing very  
373 limited or low concentrated samples. Concerning assay time, the TruSight technology is in the middle  
374 range. Commercially available 'bundled solutions' containing reagents for one library preparation  
375 workflow and subsequent sequencing make this approach attractive for single or occasional  
376 applications investigating SUD cases or arrhythmogenic diseases.

377

## 378 **5. Conclusion**

379 In the present study, we tested and compared three Illumina library preparation technologies for  
380 applicability with heterogeneous sample material and subsequent genetic screening using NGS. Our  
381 results show that using the comparably fast and flexible Nextera Flex technology, high-quality  
382 sequencing data were obtained with samples exhibiting varying levels of degradation.

383 The TruSeq library preparation method performed slightly better, but is more time consuming, requires  
384 higher input amounts and also specific equipment. Processing challenging samples showing high levels  
385 of degradation, this technology might represent the last possibility to analyze exceptional cases.

386 Finally, the TruSight technology resulted in appropriate sequencing outcomes analyzing relatively intact  
387 gDNA samples, but, nevertheless, did not reach the coverage values of the other technologies tested.

388 However, this workflow might be a convenient approach for occasional investigations of genes with  
389 known cardiac associations.

390 The technologies evaluated here are not restricted to genetic screening purposes in SUD cases and  
391 arrhythmogenic disorders and might be supportive for further forensic examinations, in which genetic  
392 analyses are based on heterogeneous sample material.

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#### 394 **Conflicts of interest**

395 The authors declare no conflicts of interest.

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**Supplement 1: Genes included in the TruSight Cardio Panel, Illumina (174 genes)**

ABCC9	DPP6	KCNQ1	PTPN11	TRDN
ABCG5	DSC2	KLF10	RAF1	TRIM63
ABCG8	DSG2	KRAS	RANGRF	TRPM4
ACTA1	DSP	LAMA2	RBM20	TTN
ACTA2	DTNA	LAMA4	RYR1	TTR
ACTC1	EFEMP2	LAMP2	RYR2	TXNRD2
ACTN2	ELN	LDB3	SALL4	VCL
AKAP9	EMD	LDLR	SCN1B	ZBTB17
ALMS1	EYA4	LDLRAP1	SCN2B	ZHX3
ANK2	FBN1	LMF1	SCN3B	ZIC3
ANKRD1	FBN2	LMNA	SCN4B	
APOA4	FHL1	LPL	SCN5A	
APOA5	FHL2	LTBP2	SCO2	
APOB	FKRP	MAP2K1	SDHA	
APOC2	FKTN	MAP2K2	SEPN1	
APOE	FXN	MIB1	SGCB	
BAG3	GAA	MURC	SGCD	
BRAF	GATAD1	MYBPC3	SGCG	
CACNA1C	GCKR	MYH11	SHOC2	
CACNA2D1	GJA5	MYH6	SLC25A4	
CACNB2	GLA	MYH7	SLC2A10	
CALM1	GPD1L	MYL2	SMAD3	
CALR3	GPIHBP1	MYL3	SMAD4	
CASQ2	HADHA	MYLK	SNTA1	
CAV3	HCN4	MYLK2	SOS1	
CBL	HFE	MYO6	SREBF2	
CBS	HRAS	MYOZ2	TAZ	
CETP	HSPB8	MYPN	TBX20	
COL3A1	ILK	NEXN	TBX3	
COL5A1	JAG1	NKX2-5	TBX5	
COL5A2	JPH2	NODAL	TCAP	
COX15	JUP	NOTCH1	TGFB2	
CREB3L3	KCNA5	NPPA	TGFB3	
CRELD1	KCND3	NRAS	TGFBR1	
CRYAB	KCNE1	PCSK9	TGFBR2	
CSRP3	KCNE2	PDLIM3	TMEM43	
CTF1	KCNE3	PKP2	TMPO	
DES	KCNH2	PLN	TNNC1	
DMD	KCNJ2	PRDM16	TNNI3	
DNAJC19	KCNJ5	PRKAG2	TNNT2	
DOLK	KCNJ8	PRKAR1A	TPM1	

509 **Supplement 2:**

510 **Table S1: Overview of input amounts and protocol adaptations in comparison to the original protocols.**

Technology	Input	Pre-enrichment	Enrichment
TruSight	50 ng	<ul style="list-style-type: none"> <li>Tagment genomic DNA 10 µl TDE1 (Tagment DNA Enzyme TDE)</li> </ul>	
TruSeq	DIN ≥6: 200 ng DIN <6: 300 ng	<ul style="list-style-type: none"> <li>PCR nano program Step 2: 12 cycles</li> </ul>	<ul style="list-style-type: none"> <li>Pool libraries 500 ng per pre-enriched library for enrichment 12-plex enrichment with 6000 ng total library mass</li> <li>Amplify enriched library Step 2: 13 cycles</li> </ul>
Nextera Flex	DIN ≥5: 200 ng DIN <5: 300 ng	<ul style="list-style-type: none"> <li>FFPE recommendations in the protocol were applied</li> <li>Amplify Tagmented DNA program Step 2: 4 min. denaturation Step 3: 30 s denaturation</li> </ul>	<ul style="list-style-type: none"> <li>FFPE recommendations in the protocol were applied</li> <li>Pool libraries 500 ng per pre-enriched library for enrichment 12-plex enrichment with 6000 ng total library mass</li> <li>Amplify enriched library program Step 1: 60 s denaturation Step 2: 20 s denaturation, 12 cycles</li> </ul>

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512 **Table S2: Comparison of Illumina library preparation technologies TruSight, TruSeq and Nextera Flex for applicability with heterogeneous sample material.**

513 The assessment is based on the comparison of defined criteria between the technologies tested in this study. Thus, the evaluation must be considered in relation to the other  
514 methods and is not based on overall performance of the technology.

Technology	Uniformity of coverage	Target coverage 50x	Coverage of core genes 50x	Assay Time	Equipment	Input*
TruSight	97.05 % (± 1.46 %) ☹️	97.21 % (± 2.73 %) ☹️	98.06 % (± 2.73 %) 😐	☹️	☹️	50 ng
TruSeq	99.11 % (± 0.15 %) 😊	99.72 % (± 0.25 %) 😊	99.89 % (± 0.15 %) 😊★	☹️	☹️	200-300 ng
Nextera Flex	98.9 % (± 0.65 %) ☹️	99.59 % (± 0.23 %) ☹️	99.74 % (± 0.15 %) 😊	😊	☹️	flexible range (50-300 ng tested) 😊

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\*Values concerning input amounts refer to initial gDNA inputs successfully tested in this study and may differ from values stated in corresponding protocol