Codebook Stangier et al. (2021) - Metta-based Therapy

Variable name/name component	Meaning	Values / Range
PR	pre/baseline measures	-
IM	intermediate measures	-
PO	post measures	-
FU	6-month-follow-up measures	-
PART_NO	Participant number	-
GROUP	Participant group	0 = Metta-based Therapy 1 = Wait-list control group
COMPL_DO	Completers and drop-outs	0 = completers 1 = drop-outs
ANTDM_PR	antidepressant medication PR	0 = no medication 1 = antidepressant medication at baseline
ANTDM_PO	antidepressant medication PO	0 = no medication 1 = antidepressant medication at post-measures
QIDS_RESP_PO	response at the QIDS at post-measures	0 = no response 1 = response
QIDS_RESP_FU	response at the QIDS at 6-month-follow-up	0 = no response 1 = response
BDI_RESP_PO	response at the BDI-II at post-measures	0 = no response 1 = response
BDI_RESP_FU	response at the QIDS at 6-month-follow-up	0 = no response 1 = response
CHANGE_ANTDM_PR_PO	Change in antideressive medication pre-post	0 = no change 1 = discontinued

		2 = reduced
		3 = increased
		4 = new drug
CHH_TR	Childhood trauma	0 = no scale of the CTQ has severe or extreme values
		1 = At least 1 scale of the CTQ has severe or extreme values
CTQ_TOT	Childhood Trauma Questionnaire - total score	25-125
QIDS_TOT	Quick Inventory of Depressive Symptomatology - total score	0-27
BDI_TOT	Beck Depression Inventory II - total score	0-63
BADS_TOT	Behavioral Activation for Depression Scale - total score	0-150
CLS_MEAN	Compassionate Love Scale - mean score	1-7
FFMQ_TOT	Five Facet Mindfulness Questionnaire - total score	39-195
RSQ_SYM	Response Styles Questionnaire - symptom-focused rumination	8-32
SASS_TOT	Social Adaptation Self-evaluation Scale - total score	0-60
OFD_TOT	Operationalized Skills Assessment - total score	25-125