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Byzantine presence in the Holy Land

The monasteries of Sts Martyrius and Theodosius in the Judaean desert¹: a historical, bibliographical and photographic² context (part 1)

By

Maria Vaiou

¹ See for example, G. A. Turner, *Historical geography of the Holy Land* (1973), 248–58, 269–70, 345; O. Sion, 'Ancient road in the northern Judean desert', *ESI* 10 (1991), 125 fg. 138; Y. Hirschfeld, 'Spirituality in the desert: Judean desert monasteries: devout Christians made the stark landscape around Jerusalem bloom with faith', *Biblical Archaeologist Review* 21 5 (1995), 28-38; idem, *Judaean desert, survey* (map 106) (1984) [ESI 3], 62–3; idem, Les laures du desert Judeen', *Le Monde de la Bible* 68 (1991), 18–29; idem, *The Judaean desert monasteries in the Byzantine period* (New Haven, 1992); idem, 'Monasteries and churches in the Judaean desert in the Byzantine period', *Ancient churches revealed* (Jerusalem, 1993), 149–54; idem, 'Judaean desert, Jericho Basin, Samaria: survey of monasteries-1987'?, *ESI* (1989–90) [ESI 9], 46-51; on Christian presence, see O. Limor- G. G. Stroumsa, eds., *Christians and Christianity in the Holy Land: from the origins to the Latin Kingdoms* (Turnhout, 2006), 156, 160 n. 73, 275, 277, 334 n. 59, 360 n. 29, 367, 406, 412, 413, 415; www.en.wikipedia.org/wiki/Judaea

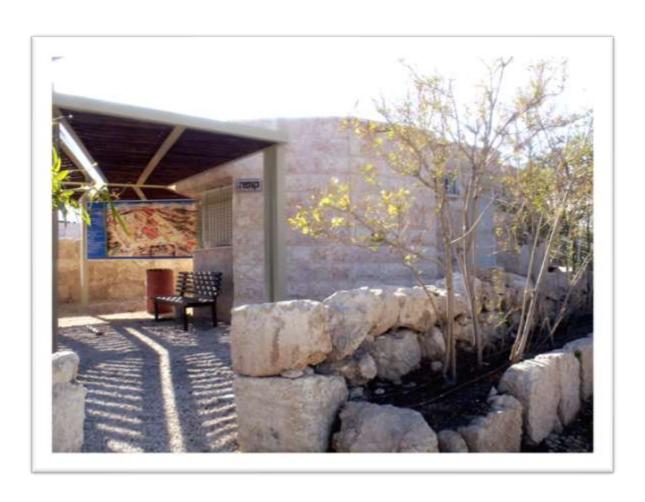
² All photographs have been taken by the author.

The Monastery of Martyrius (Khirbet el-Murassas)³ in Ma 'ale Adummim or Maledomnei

One of the most important centres of monastic life in the Judaean desert in the Byzantine period. Located six kilometres east of Jerusalem in the centre of the city of Ma'ale Adummim. Martyrius came from Egypt and spent some time with Euthymius the Great (377–473). Then he secluded himself in a cave which was situated at about 15 stadia from his *lavra* (type of monastery consisting of a cluster of cells of caves for hermits). According to Cyril of Scythopolis (d. 558), Martyrius later founded a monastery at the site of the cave, which he named after him. The monastery was founded in the years between 478–86 when Martyrius was the patriarch of Jerusalem and had the financial resources to build such a well-equipped establishment. The monastery functioned between the second half of the fifth and the mid-seventh century. The desert coenobium occupied 10.000 sq.m., and was enclosed by a wall. It consisted of cells for the monks, a church, several chapels, two hostelries, a refectory, one of the best preserved in Judaea, a bathhouse, stalls and mangers for the animals, the area of the cistern with the gardens and a spacious courtyard. Four capitals were discovered in the refectory and were attributed to its period of renovation in the midsixth century. Among a few significant archaeological discoveries has been the garden which is located in the internal courtyard of the monastery and was intended for medicinal herbs; also the refectory, the kitchen and the great quantity of utensils shedding light on the eating habits of the monks in Byzantine Palestine and their menu. The church, which predated the monastery, was a complex of buildings and was located in the middle of the eastern side of the monastery. A hall near the church contained the tomb of Paul, a father of the monastery, mentioned by Cyril of Scythopolis. There is an inscription at the east end which reads 'In the days of our pious father Genesius, priest and archimandrite, this work was also done for his salvation and that of his community in Christ. It was completed on the fourth day of the month of March of the first indiction'. This inscription suggests that this person

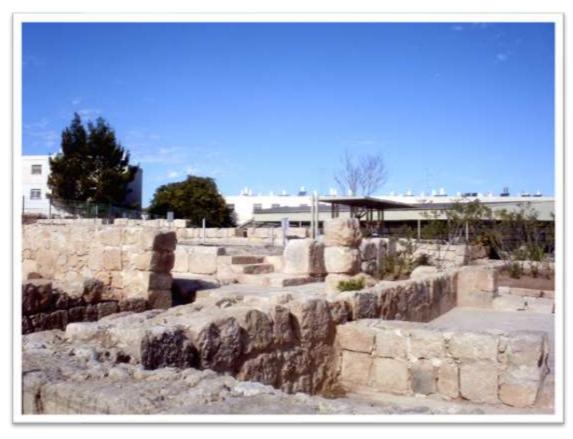
³ On the documentation of the name and a linguistic discussion, see Y. Elitzur, *Ancient place names in the Holy Land: preservation and history* (Jerusalem, 2004), 132-4, 298, 308, 315; F. M. Abel, *Géographie de la Palestine, I-II* (Paris, 1933–38), 174, 179; M. Avi-Yonah, *The Holy Land. A historical geography from the Persian to the Arab conquest 536 B.C. to A.D. 640*, with text revisions and toponymic index by A. F. Rainey (Jerusalem, 2002), 156.

was responsible for other building activities in the monastery; it is uncertain to which dates the indiction points to and it is possible that it refers to a period between 568-83. The monastery was providing shelter, food, and water to pilgrims. The existence of a cistern in the southwest corner of the complex suggests that the monks provided a controlled access to water to the guests. Archaeological evidence suggests that the cisterns and water reservoirs found in the monastery 'could collect the tremendous amount of, approximately, 20-30 thousand cubic meters of water'. A hostel, a xenodocheion type, which was located outside the gate, provided shelter and charity for the sick and poor travellers and pilgrims; this was one of the main features of the early Palestinian lavras and coenobia. The existence of a chapel in the hostel reflects on the needs between the community and the guests and the limited interaction between themselves. A number of impressive mosaics dating in the second half of the sixth century have been discovered, such as those at the pavement of the long refectory. Of great importance was the natural cave which Martyrius had used for his solitude before the establishment of the monastery. The monastery was destroyed by the Persians in 614. The latest coins date from the third year of Herakleios alluding to the fact that the monastery did not survive the Persian invasion. The monastery was abandoned after the Arab conquest. Almost all archaeological remains date to the Byzantine period, but the existence of a farmhouse with an irrigated garden is dated to the early Islamic period, prior to the year 750, above the bathhouse of the monastery. Excavations which were carried out in the spring of 1983 unearthed a grave in a church floor dated by inscription to 492. It contained the remains of nine men and one woman which were thought to have been associated with leprosy, but subsequent study has shown that the preferred diagnosis was psoriatic arthritis. They were probably mistaken for suffering from leprosy and this may have been the reason for finding refuge in the monastery. The monastery remained deserted until its discovery in 1982–5.











remains of the monastery

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The monastery church of St. Theodosius (Deir Dossy, Deir ibn Ubeid)

The monastery is located east of Bethlehem on the main road that leads to the desert of the river Jordan and the Dead Sea. Today's monastery is built on the ruins of the monastery-coenobium founded by St. Theodosius (414–529) in the fifth century. The monastery was known as the monastery of Theodosius the Coenobiarch (chief of those living a life in common) due to his appointment in 492 as the achimandrite in charge of all the coenobia of the Judaean desert. It was founded in the location of the cave of the Three Wise Men (Magi), who came from Persia and had found shelter on the first night after delivering the gifts to the baby Jesus. It was the largest desert community consisting of 700 monks at the time of Theodosius' death. The monastery included four churches and three hostelries (καταγωγια)—it functioned not only as coenobium but as 'welfare institution'. Each of the hostelries were for foreign monks, for laypeople of the middle and upper classes, and for the poor. The latter were provided with food, medical care and clothing. Three different linguistic communities were living together in the coenobium and Greek-speaking, Armenian and Bessi monks were praying and singing the Psalms. Sophronius (d. 542) succeeded Theodosius, enlarged the monastery, enriched it with properties and yearly income and built a new church of the Virgin Mary. One of the five coenobia in the Judaean desert among those of St. Euthymius, Kastellion, St. Gerasimus and St. John the Baptist that survived after the seventh century. During the 'Abbasid caliph Harun al-Rashid's reign (786-809) a general decree was issued in the year 796 ordering the destruction of churches. This harsh measure was followed by Saracen rebels' violent attacks on monasteries; among others the killing of twenty monks of the monastery of Mar Saba in the year 797 is recorded and the robbing of other monasteries, such as St. Chariton, St. Theodosius and St. Euthymius; these were to suffer the same fate in 809. The monastery is mentioned in the Commemoratorium de casis Dei (ca. 808) to have seventy monks serving in the monastery. It says that it was burnt by Saracen brigands referring to the attack of the year 789; two churches were burnt, many monks were slaughtered while others fled. The Byzantine chronicler Theophanes (d. 817–818) mentions that the monastery was destroyed in the year 809. The political chaos that followed the caliph Harun al-Rashid's death in 193/809 led to violence that caused the sack of many churches in Jerusalem and the destruction of great monasteries in Palestine, such as St. Sabas, St. Euthymius, St. Theodosius and the lavras of St.

Chariton and St. Cyriacus. Recovered and prospered from the ninth to the twelfth centuries. This is evident in the existence of manuscripts which were produced during this period and are being kept at the library of the patriarchate of Jerusalem. Early thirteenth century papal acts attest to the fact that the monastery possessed vast properties, churches and hospitals in Jerusalem, Jaffa, Ascalon; it also held estates in Cyprus. The cave of the monastery is entered through a flight of modern steps from the north-east. Seven tombs exist in it, those of St. Theodosius, St. Sophronius, the Byzantine monk and writer John Moschus (d. 619 or 634), Eulogia, the mother of Theodosius, St. Mary, the mother of Sts Arcadius and John, wife of Xenophon, and St. Sophia, the mother of St. Sabas and Xenophon and St. Theodota, the mother of Sts Cosmas and Damian. The monastery was rebuilt during the Crusader period. Survived until the fifteenth century. Visited by the Abbot Daniel in the twelfth century, who mentions the cave of the Wise Men; in the middle of the monastery lay the tombs of St. Theodosius and others like the mother of St. Sabas and the mother of St. Theodosius. In the Life of St. Euphrosina, daughter of the prince of Polotsk, who made a pilgrimage in 1173, the convent of the Holy Virgin of Theodosius is mentioned to have been a burial place for holy women. John Phocas visited it in 1185. St. Sava of Serbia visited and endowed the monastery in the 1230s. Described by Ibn al-'Umar in the fourteenth century as a famous monastery of good construction. The Russian pilgrim Agrefeny describes in ruins (ca. 1370). In 1481 it is also described as ruined by Daniel of Smyrna. It fell to the hands of Arab Muslims in the fifteenth century, who continued to occupy the ruins until the late nineteenth century. The village of Ubeidiyya (the place of the servants), which is situated beyond the monastery, is called as such because it was inhabited by the guards who protected the monastery in the Byzantine period; another explanation is that it received its name after the nomadic tribe al-Ubeid who lived in the village and the premises of the monastery after the monks were left or killed. A Byzantine lead seal, dating to the eleventh or twelfth century, was found, among probably other nine seals originating in the monastery, in the Barag Collection, and was named after Theodosius the Coenobiarch. St. Theodosius is portrayed in it with a cross on his garb and his hands in front of him; the seal belonged to a monk called Symeon, archimandrite of the 'Jerusalemites', the head perhaps of a group of monasteries in Jerusalem. It was purchased in 1881 and reconstructed by the director of the school of Theology of the Monastery of St. Cross in Jerusalem.

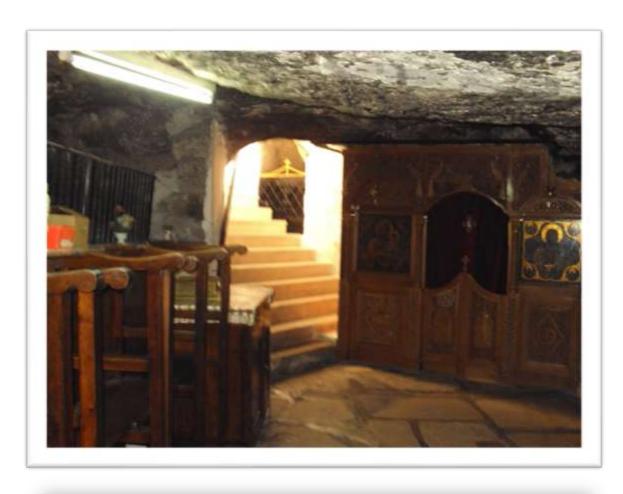


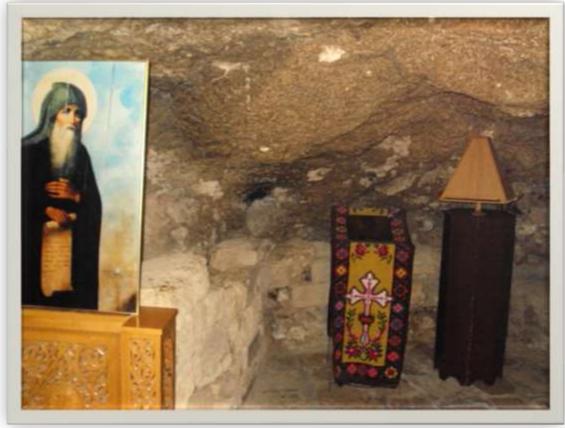
This is the cave where St. Theodosius retired in 479. The cave was used in the Byzantine period as a cemetery. Below are photos of the tombs of prominent Palestinian monastic personalities such as John Moschus, St. Sophia, the mother of St. Sabas; St. Theodota, the mother of Sts Cosmas and Damian, etc



Martyrs of the Persian massacre of 614











The tomb of St. Theodosius



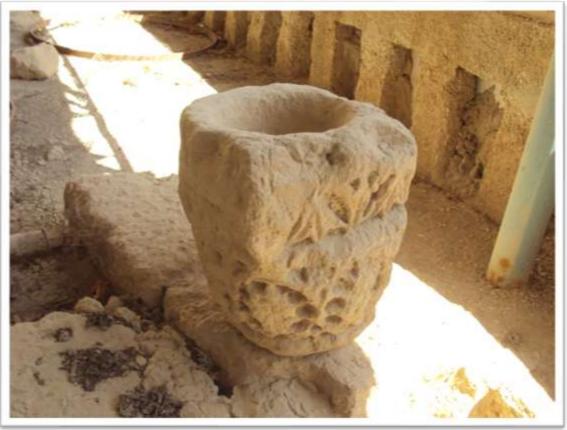
Tomb of St. Mary, mother of Sts Arcadius and John wife of Xenophon.



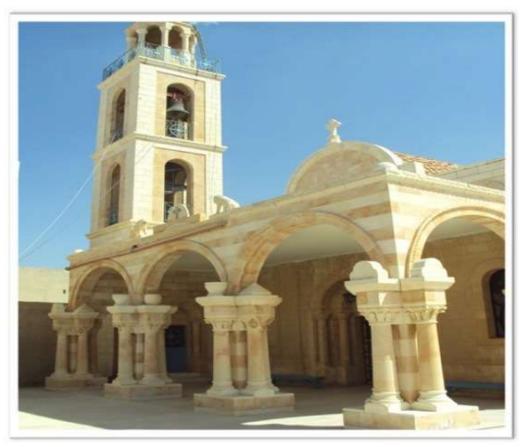








Archaeological exhibits in the courtyard of the monastery



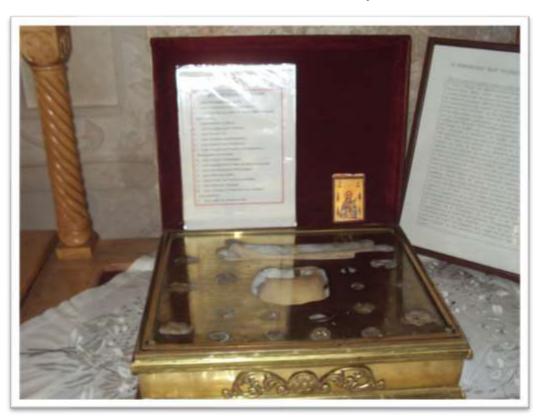
The church of the monastery



Monastery of St. Theodosius, church of St. Mary, interior



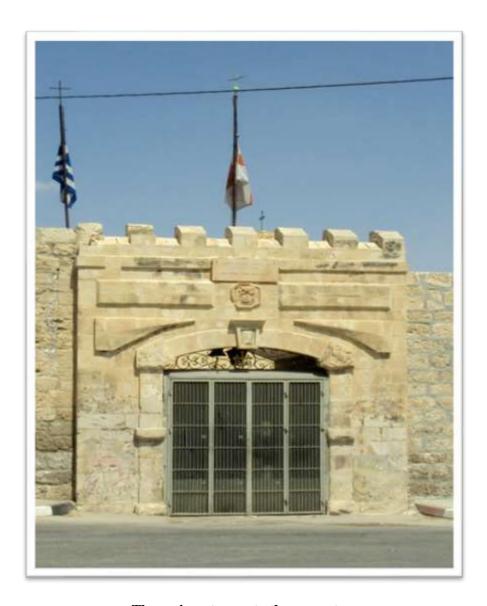
Remains of the skulls of the monks massacred by the Persian in 614



Treasures kept in the church



Traces of earlier flooring beneath the floor of the present Church dating probably to the twelfth century



The main entrance to the monastery

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