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| **Variable** | **Measurement units (continuous) or categories** | **Additional information** |
| Age | Years |  |
| Body mass index (BMI) | kg/m2 |  |
| Waist circumference | Centimetres |  |
| Ancestry | North European or other |  |
| Collection area | Amsterdam, Leiden, or Groningen |  |
| Recruitment method | Community, general practice, secondary mental health care |  |
| Level of education | Low, moderate or high |  |
| Education | Years |  |
| Partner status | Yes or no |  |
| Smoking status | Never smoked, former smoker, regular smoker, or not a regular smoker |  |
| Alcohol consumption | Drinks/week |  |
| Recreational drug use in the past month | Yes or no | Recreational drugs considered were cannabis, speed, cocaine, heroin, and LSD. |
| Presence of treated chronic somatic disease | Yes or no | *Chronic diseases considered were cardiovascular disease, diabetes, lung disease, osteoarthritis, rheumatic disease, cancer, ulcer, intestinal problem, liver disease, epilepsy, thyroid gland disease and others. Presence of cardiovascular disease was assessed by self-report and confirmed by use of appropriate medication, while presence of diabetes was assessed by use of anti-diabetic medication (ATC code A10) or by fasting plasma glucose level ≥7.0 mmoll−1. Other chronic diseases were treated and assessed by self-report.* |
| Use of anti-inflammatory drugs | Yes or no | ATC codes H02, R03BA, R03AK, D07, M01A, M01B, A07EB or A07EC |
| Use of lipid modifying agents | Yes or no | ATC code C10 |
| Use of antihypertensive medication | Yes or no | ATC codes C02, C03, C07, C08, or C09 |
| Physical activity | Low, moderate or high | *Assessed with the International Physical Activity Questionnaire*(Craig et al., 2003) |
| Blood pressure | mm Hg | *Systolic and diastolic blood pressure measured* |
| Sex | Male, female |  |
| Hormonal status | Male or female in the follicular phase of the menstrual cycle, luteal phase, using oral contraceptives, after menopause, and others (see Additional Information). | *Assessed by self-report. Use of oral contraceptives and sex hormones (ATC code G03) was assessed by self-report. Classification of menstrual cycle phases in women [follicular (0-13 days) and luteal (14-32 days or more)], postmenopausal status (yes/no), hysterectomized (yes/no), and pregnant or breastfeeding (yes/no) were also self-reported.* |
| Inventory of depressive symptomatology | Total score | 30 item self-rated Inventory of Depressive Symptomatology (IDS) |
| Beck anxiety inventory | Total score |  |